

Welcome to Rest, Relaxation, and Reiki

I'm honored to share Reiki with you.

June 2022 Reiki Newsletter

Hello,

Hope that all of you are doing well. This past month have been focusing on working with angels and receiving their messages. What I'm finding is that as long as I talk to them like I do friends it gets easier. Thanking them for helping me is also important since gratitude is a high frequency (like love) that attracts the most positive energy. What I do is thank them for what I would like there help with; as if it has already come to pass. Will be using the Energy to Connect with Angels 6 hour video. Here is the link.

There will be a livestream on Sunday, 6/26/22 on my **YouTube** channel at 1:00pm est. What we love is meeting many of you and having fun at it! We hope to play psychic games again and. We look forward to meeting with everyone who can make it! If you can't make it, the replay will be on the channel.



June 2022 Reiki Sunday Special

Attracting helpful people is the theme for this month's Reiki Sunday Special. For me, helpful people are such a blessing. They may life easier, more fulfilling, and fill me with gratitude for the good in the world. Like last month's special, this one is also \$35.00 for one hour of group Reiki. For more information, click on the link below.

[June 2022 Reiki Sunday Special](#)

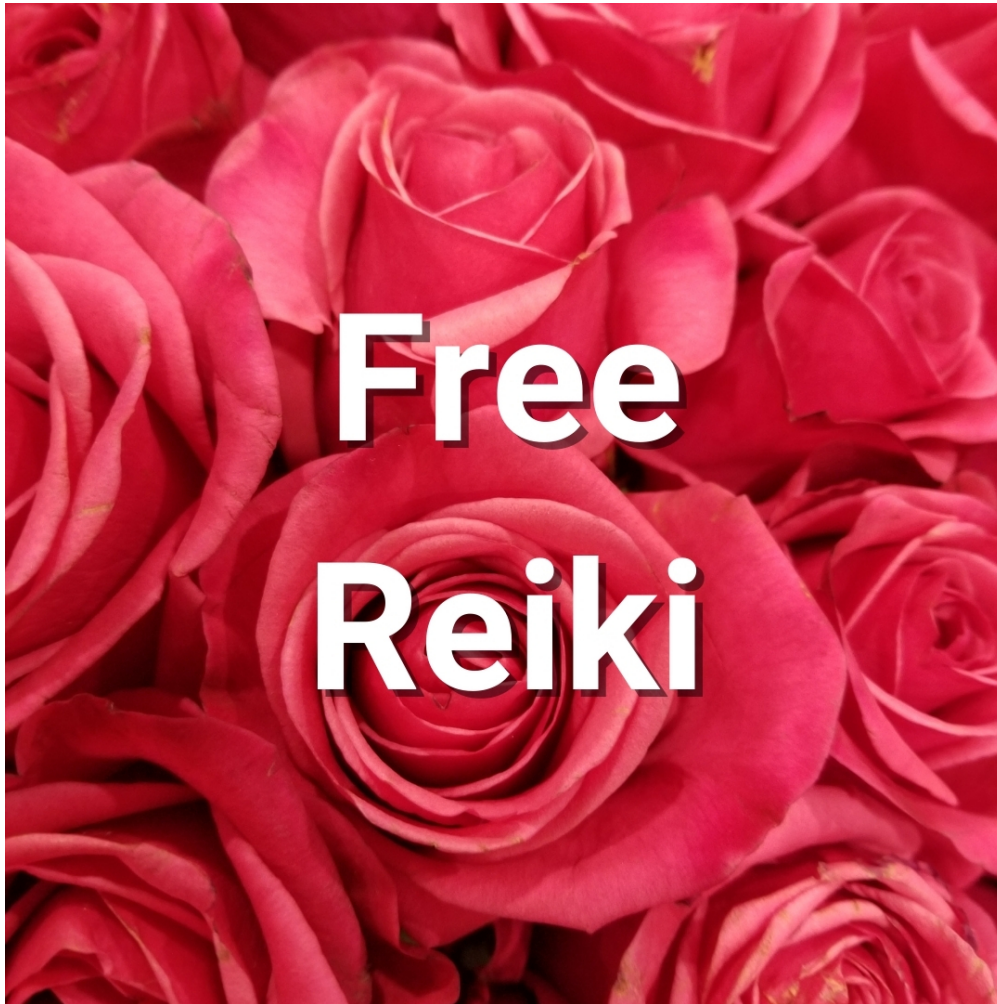


Archangel Michael Session

Archangel Michael Session

This session carries the energy of Archangel Michael. This angel is known for protection as well as his "Sword of Truth". During this session will ask for any messages that Archangel Michael wishes to convey to you. To learn more, click on the link below.

Archangel Michael Session



Instructions to Receive Free Reiki

Please read the information below:

To receive the Reiki (on Saturday, June 18, 8pm EST), **only** send an email to the address below :

ReikiLourdes2019@gmail.com

Please note that the [ReikiLourdes2019@gmail](mailto:ReikiLourdes2019@gmail.com) is only used for free Reiki. If you send an email to any other address, you will NOT be included in the free Reiki session or receive a response.

You can sign up to receive this Reiki until 7:30pm, EST on Saturday, **June 18th** After that, emails will not be looked at and will be deleted. Here is a **link** to a time converter for those in other time zones.

Please direct all other inquiries/comments/questions to ReikifromLourdes.com via this [link](#).

Due to the amount of emails received, emails may not be responded to, but will be looked at, if received on time. After the free Reiki is sent, this email (ReikiLourdes2019@gmail.com) is not looked at again until the next free Reiki offering. Use the **Contact** page for any inquiries.

The intention this month is for the Reiki for hope.

This Reiki will reach you even if you are busy doing something else. You may share this information with others who would like to sign up for free Reiki. If you are signing up someone else, please get their permission first.

Blessings, Lourdes

*All services are done via Distance Reiki.

*DISCLAIMER: Reiki is a complementary energy modality and should not be used as a replacement for medical needs. The information provided does NOT constitute legal, psychological, medical, business, or financial advice. Always seek the advice of a medical profession for issues and challenges. Reiki videos should not be received while using machinery or driving. Since everyone's energy is different, results may vary and are not guaranteed.

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