



June 2024 Reiki Newsletter

Hello,

Hope that everyone is doing well.

This month, I am trying something new on the **Rest, Relaxation, and Reiki YouTube channel**. Am doing a video collaboration with Dawn from **4Leaf4Life Reiki**. We are doing 2 companion videos where both of us does a video for releasing Money Blocks and then for Money Flow on our own channels. Dawn has lovely energy and shares energy differently than I do, yet our videos complement each other well. Will be posting the upcoming videos and livestreams schedule on Saturday 6/8/24 on my **community page**. Hope you like her channel as much as I do.

Am posting videos on Thursdays on **Rest, Relaxation, Reiki** * and on Tuesday's at **Transformational Vibrations***. videos will be coming out on Sundays. **Metaphysical Life** videos will be coming out on Sundays. You can check the Community Tab on all 3 channels see the new videos coming out. Am looking forward to sharing more with all of you!



June 2024 Reiki Sunday Special

Experience the more power in your life with Reiki during the June 2024 Reiki Sunday Special. This limited-time offer is for anyone looking to develop their self-empowerment. "Self-empowerment is the practice of intentionally choosing to be in control of your destiny". It can assist you with feeling more confident, comfortable with yourself, and willing to take chances. When you experience self-empowerment you are able to handle life's challenges better and feel better about your decisions. Click the button below for more information.

June 2024 Reiki Sunday Special



Instructions to Receive Free Reiki

Please read the information below. Check out dates and times to sign up. You can only sign up after this email has been read. Any emails received before this email goes out, will be disregarded.

To receive the Reiki on Saturday (6/22/24, 8pm EST), **only** send an email to the address below :

ReikiLourdes2019@gmail.com

Please note that the ReikiLourdes2019@gmail is only used for free Reiki. If you send an email to any other address, you will NOT be included in the free Reiki session or receive a response.

*You can sign up to receive this Reiki until 6:00pm, EST on Saturday, 6/22/24 After that time, emails received will not be looked at and will be deleted. Here is a **link** to a time converter for those in other time zones.

Please direct all other inquiries/comments/questions to ReikifromLourdes.com via this link.

Due to the amount of emails received, emails may not be responded to, but will be

looked at, if received on time. After the free Reiki is sent, this email (ReikiLourdes2019@gmail.com) is not looked at again until the next free Reiki offering. Use the **Contact** page for any inquiries.

The intention this month is for experiencing more pleasure.

This Reiki will reach you even if you are busy doing something else. You may share this information with others who would like to sign up for free Reiki. If you are signing up someone else, please get their permission first.

Blessings, Lourdes

*All services are done via Distance Reiki.

*DISCLAIMER: Reiki is a complementary energy modality and should not be used as a replacement for medical, psychological, emotional, or physical needs. The information provided does NOT constitute legal, psychological, medical, business, or financial advice. Always seek the advice of a medical profession for issues and challenges. Reiki videos should not be received while using machinery or driving. Since everyone's energy is different, results may vary and are not guaranteed.

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