



## March 2021 Reiki Newsletter

Hello,

Hope that all of you are doing well.

I want to thank all of you that sent prayers and warm thoughts since the passing of my aunt. She was like a second mother to me and the positive energy has helped a great deal. As mentioned in my posts she has been coming through a lot especially through flowers which she loved. Then there have been lots of white feathers which is another sign of her communicating. She was very spiritual and let me attune her to Reiki (she was 80 at the time). We have lots of good memories to remember her by and we were blessed to have her as long as we did.

Will be doing a livestream on my [Youtube channel](#) this Sunday, 3/21/21 at 1:00pm est. Questions will be answered, there will be some "Energy Crafts" for Spring (fertility/abundance), as well as games to develop psychic senses. The psychic games will focus on the chakras so you may feel healing energy as well. Looking forward to meeting any who can make it!

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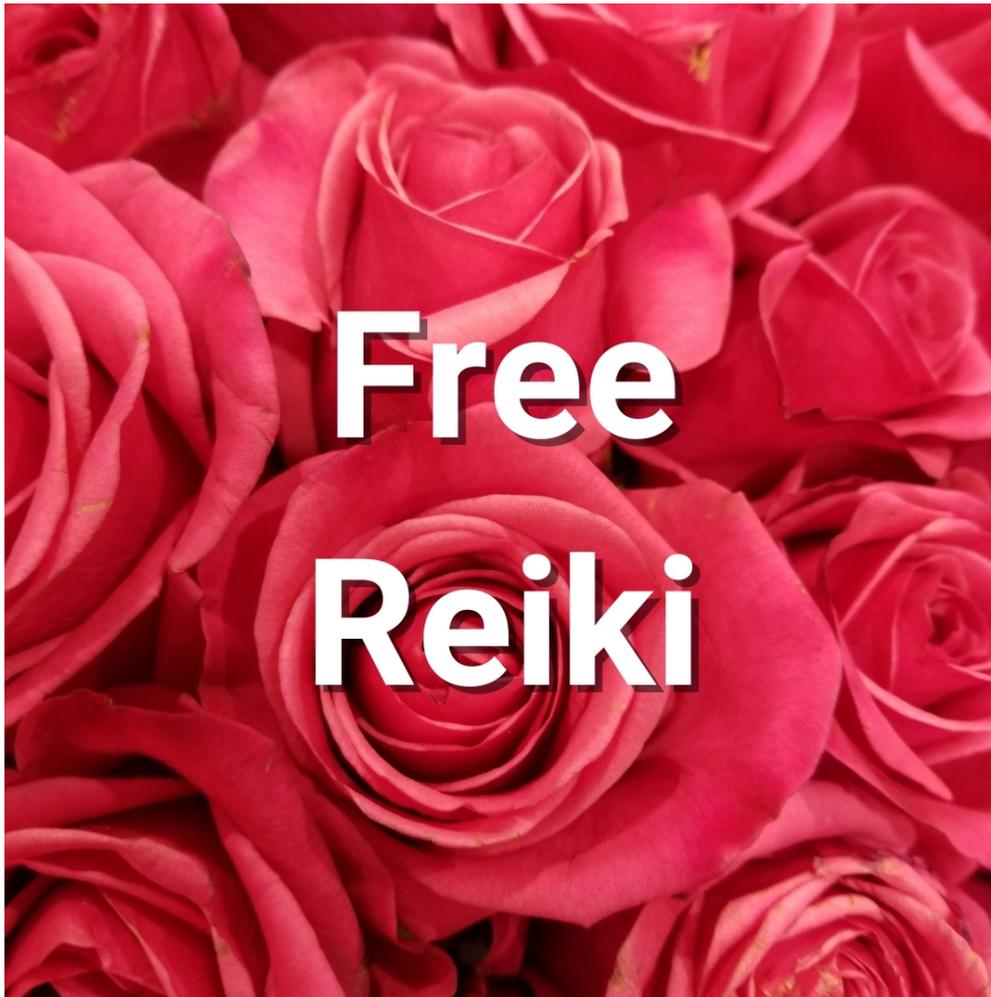


*March Reiki Sunday Special*

This month's Reiki Sunday Special is for Luck! The energy will be sent on Sunday, 3/28/21 at 8pm your time. The session lasts 60 minutes and I send notes after the session. For more information click the button below.

**March Reiki Sunday  
Special**

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**Instructions to Receive Free Reiki, please read all the information.**

**New Update to Free Reiki Date:**

To receive the Reiki (on Sunday, March 21st, at 8:00pm EST), **only** send an email to the address below :

***ReikiLourdes2019@gmail.com***

**Please note that the ReikiLourdes2019@gmail is only used for the free Reiki from the Newsletter.**

Please direct all other inquiries/comments/questions to ReikifromLourdes.com via this [link](#). If you send an email to another email address, you will **NOT** be included in the free Reiki session or receive a response.

**Due to the amount of emails received, I may not respond to emails, but will look at them.** After the free Reiki is sent, all emails will be deleted. The email, (ReikiLourdes2019@gmail.com) is not looked at again until the next free Reiki

offering. Use the [Contact](#) page for any inquiries.

**The intention this month is for Releasing Self Imposed Limitations.**

This Reiki will reach you even if you are busy doing something else. You may share this information with others who would like to sign up for free Reiki. If you are signing up someone else, please get their permission first.

**You can sign up to receive this Reiki until 7:00pm, EST on Sunday, March 21st.** After 7:00pm the emails in that address will not be looked at until the next newsletter.

Here is a [link](#) to a time converter for those in other time zones.

Blessings, Lourdes

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\*All services are done via Distance Reiki.

\*DISCLAIMER: Reiki is a complementary energy modality and should not be used as a replacement for medical needs. The information provided does NOT constitute legal, psychological, medical, business, or financial advice. Always seek the advice of a medical profession for issues and challenges. Reiki videos should not be received while using machinery or driving. Since everyone's energy is different, results may vary and are not guaranteed.

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