



February 2023 Reiki Newsletter

Hello,

Hope that everyone is doing well. We are in March and although we are getting ready for Spring, as I look out my window, I see snow and the wind is blowing strongly. Mother nature has her own time table and we sometimes forget her power and that she has control over the weather. There are times that no matter what we do, we have to acknowledge that there may be forces at play that we can't dominate. The best thing to do when this happens is surrender to it. For me that means observing and trying to find peace in the moment. Created a playlist to help us let go of that which we have no power over, **Energy to Assist with Surrendering**.

Thanks to everyone who has been showing up at the impromptu livestreams on both channels. It's been a lot of fun meeting many of you and hearing how you sense Reiki and the validation that these quick sessions have brought. Right now, am doing them on Mondays on **Rest, Relaxation, Reiki** and on Fridays at ***Transformational Vibrations*** Since the time may change (depending on appointments), the best way to find out when they are happening is to subscribe to the channels, click on the notifications bell and then click on receive all notifications. Or you can check the Community Tab on both channels (usually post about livestreams around 9am).

Am hoping that everyone is enjoying the new videos on both channels. The videos on Rest, Relaxation, Reiki focus on ourselves in this world, while Transformational Vibrations is about more spiritual and psychic topics. Appreciate all of you who are letting the ads play before and after the videos since that does help YouTube see the value of these videos.

Wishing everyone a more peaceful month!

Blessings,



March 2023 Reiki Special

The intention for this month's session is for luck. What makes this session unique is that you set the intention for a specific type of luck or all forms of luck. As with all group sessions (they are 60 minutes long), Reiki will start flowing for this intention as soon as the session is purchased. A link to a private playlist for this session will be sent to all who purchase it. To learn more about this session click on the link below.

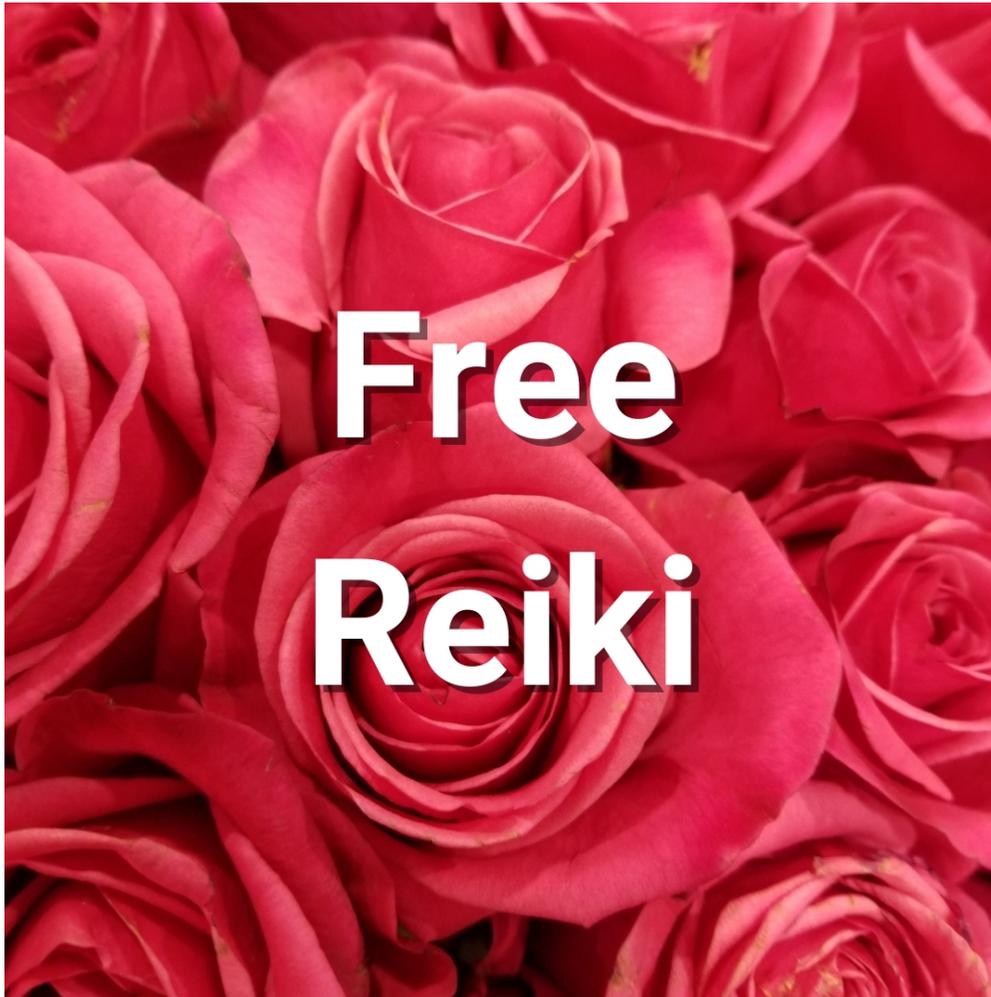
March Reiki Special



Energy of Planets and Stars

Energy of Planet and Stars is a new session to help all of you who feel a strong connection to the stars and planets. Along with the planets in our solar system, you can also receive the energy of stars that are homes to starseeds. For example, if you feel you need more love in your life, you may purchase a session and ask that it carry the energy of Venus. If you feel a strong connection the Pleiades stars, you may ask for a session that connect you with them. This is a great way to bring in more beneficial vibrations for your intentions/goals. Click on the link below to learn more.

[Energy of Planets and Stars](#)



Instructions to Receive Free Reiki

Please read the information below. Check out dates and times to sign up. You can only sign up after this email has been read. Any emails received before this email goes out, will be disregarded.

To receive the Reiki (on Sunday, March 19, 8pm EST), **only** send an email to the address below :

ReikiLourdes2019@gmail.com

Please note that the ReikiLourdes2019@gmail is only used for free Reiki. If you send an email to any other address, you will NOT be included in the free Reiki session or receive a response.

**You can sign up to receive this Reiki until 6:00pm, EST on Saturday, March 19th* After that time, emails received will not be looked at and will be deleted. Here is a [link](#) to a time converter for those in other time zones.

Please direct all other inquiries/comments/questions to ReikifromLourdes.com via this [link](#).

Due to the amount of emails received, emails may not be responded to, but will be looked at, if received on time. After the free Reiki is sent, this email (ReikiLourdes2019@gmail.com) is not looked at again until the next free Reiki offering. Use the [Contact](#) page for any inquiries.

The intention this month is for hope.

This Reiki will reach you even if you are busy doing something else. You may share this information with others who would like to sign up for free Reiki. If you are signing up someone else, please get their permission first.

Blessings, Lourdes

*All services are done via Distance Reiki.

*DISCLAIMER: Reiki is a complementary energy modality and should not be used as a replacement for medical needs. The information provided does NOT constitute legal, psychological, medical, business, or financial advice. Always seek the advice of a medical profession for issues and challenges. Reiki videos should not be received while using machinery or driving. Since everyone's energy is different, results may vary and are not guaranteed.

[Terms of Service](#) [Privacy](#) [FAQ](#) [Page](#)



©2023 REIKI FROM LOURDES | 88 Crystal St. North Arlington, NJ 07031

[Web Version](#)

[Preferences](#)

[Forward](#)

[Unsubscribe](#)

Powered by
[GoDaddy Email Marketing](#)®