



May 2020 Reiki Newsletter

Hello!

Hope all of you are well.

April has been intense and as far as I can see the rest of spring and summer will be very different from previous years. There have been many challenges during this time and the ones most cited are depression, sleep issues and of course financial issues. Here are some playlists that may help with some of these challenges: [Depression](#), [Sleep](#), and [Prosperity](#).

One thing that has made me happy has been sharing attunements with others. From [Usui Reiki](#) to [Advance Reiki](#) classes, many people are showing interest in alternate healing modalities to assist their families and the world at this time.

Will be doing another Livestream this Saturday, May 2nd at 12:00pm EST on my [YouTube](#) channel. The focus will be on Reiki with crystals for prosperity, but of course will be happy to take any general Reiki energy questions. Love the opportunity to meet all who can make it!

Thank you for letting me be part of your lives!



May Reiki Sunday Special - \$65.00

May Reiki Sunday Special

This month you can split the Reiki Sessions between yourself and someone else! With the Sunday Special you get two sessions on consecutive Sundays, but this month, one week can be for you and the next week for a friend or loved one. (Of course, you can always keep both for yourself! :D) Since you can split the sessions, you may want to consider sharing one with a Mother in your life as a Mother's Day gift.

As usual, the energy of these sessions is intense - you get one hour of the strongest energy I can channel on the two Sundays listed. Every person will be able to set their own intention during the session; as Lourdes sends the Reiki, you can set the intention by stating it quietly to yourself. If you don't set the intention the Reiki will go to your highest good.

Lourdes will send Reiki to everyone who purchases this special for one hour on

May 10th and another hour on May 17th. Both are for 8pm in the time zone of those who purchase it. If you are sharing one week with someone else, all correspondence will go through you (the purchaser). Notes for these group session are sent within 48 hours after the session. The Reiki group notes will be sent to the purchaser.

Once a session is bought, Lourdes sends an email to the address on the purchaser's Paypal account confirming the session and who it is for each week.

For more information click on the link below.

May Reiki Sunday Special



Instructions to Receive Free Reiki

To receive the Reiki (on Sunday, 5/3/20 8:00pm EST), send an email **only** to the email below:

ReikiLourdes2019@gmail.com

Please note that the **ReikiLourdes2019@gmail** is only used for **free Reiki**. Please direct all other inquiries/comments/questions to Lourdes via this [link](#). If you send an email to another one of my email addresses, you will **NOT** be included in the free Reiki session.

The intention this month is Reiki for the best possible future.

This Reiki will reach you even if you are busy doing something else. You may share this information with others who would like to sign up for free Reiki. If you are signing up someone else, please get their permission first.

You can sign up to receive this Reiki between 1:00pm EST on Wednesday 4/29/20 - 7:59pm, EST on Sunday, 5/3/20. Here is a [link](#) to a time converter for those in other time zones.

Blessings, Lourdes

*Reiki is not a medical treatment, but is a complementary energy modality that works best when used with allopathic medicine.



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