

## May 2022 Reiki Newsletter

Hello,

Hope that all of you are doing well. Have just finished my most ambitious 1 hour video yet, **1 Hour Energy Clearing, Balancing, and Energizing of Major and Minor Chakras**. This is a 29 video compilation! Plus I added in extra energy to make sure it was well balanced.

What I did with this video, is premiered it. When you premiere a video on YouTube, it allows you to chat with those who are watching it at the time it is released. Will be trying this out with 1 hour videos when I am able to chat.

Hope to create more 6 hour videos for those who like to use Reiki while sleeping. This is how I like to receive Reiki, because it goes deeper when the conscious mind takes a break.

There will be a livestream on Sunday, 5/29/22 on my **YouTube** channel at 1:00pm est. What is great about the livestreams is that they carry Reiki and are a fun way to receive the energy. The games are to help you recognize the different way that you may pick up psychic messages. Richard is joining me for more psychic games and we look forward to meeting with everyone who can make it! If you can't make it, the replay will be on the channel.

Am still working on the compilation of the psychic games. This is harder for me to compile, because the livestreams aren't as easy to work with. Thanks to all who responded that they are interested in them.

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*May 2022 Reiki Sunday Special*

Miracle Energy is the theme for this month's Reiki Sunday Special. Miracles are when we allow more energy to flow to us to make our lives better in different ways. It is a combination of manifesting, wishing, and amazing surprises. Like last month's special, this one is also \$35.00 for one hour of group Reiki. For more information, click on the link below.

[\*\*May 2022 Reiki Sunday Special\*\*](#)

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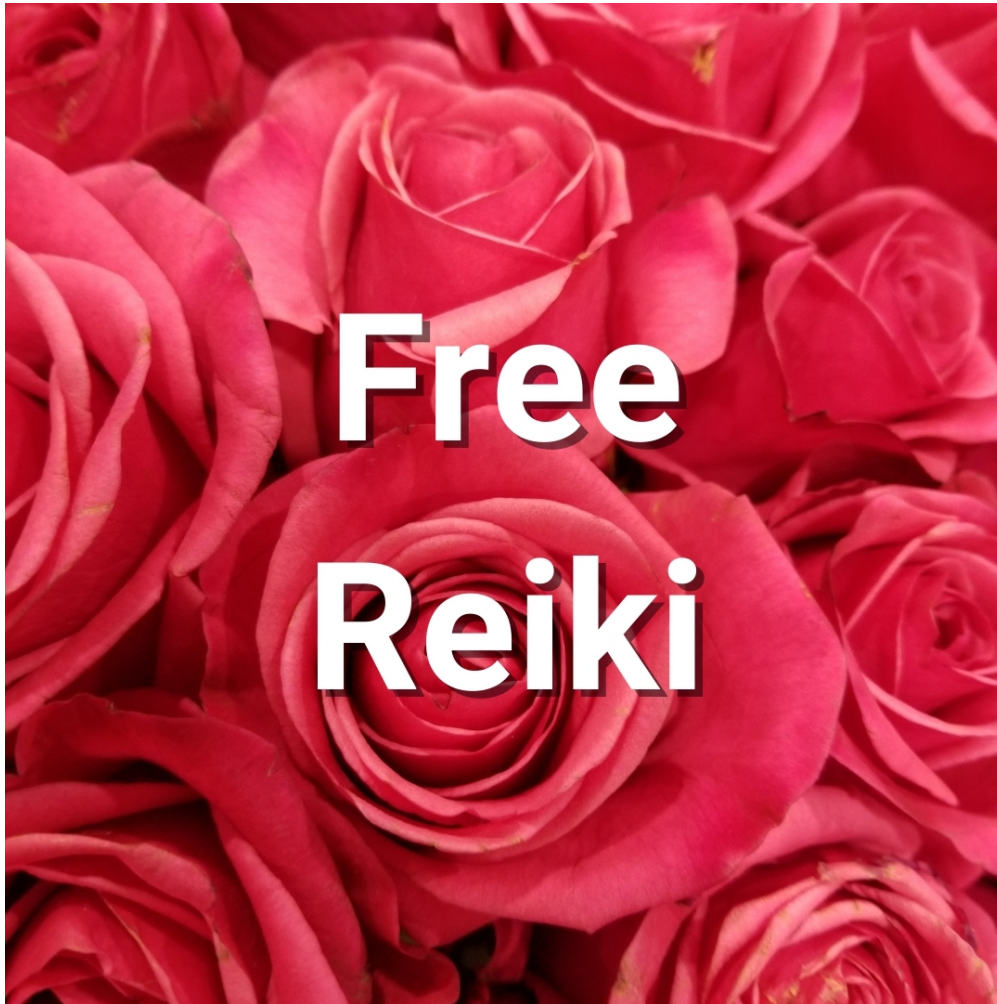
*Guardian Angel Blessings Session*

### **Guardian Angel Blessings Session**

This session is to assist you in connecting with your Guardian Angel. It will also include any messages this angel may wish to relay to you. Since this angel is with you for life, it may also aid you with your soul's purpose. To learn more, click on the link below.

**Guardian Angel Blessings Session**

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## **Instructions to Receive Free Reiki**

**Please read the information below:**

To receive the Reiki (on Saturday, May 21st, 8pm EST), **only** send an email to the address below :

***ReikiLourdes2019@gmail.com***

**Please note that the ReikiLourdes2019@gmail is only used for free Reiki. If you send an email to any other address, you will NOT be included in the free Reiki session or receive a response.**

**You can sign up to receive this Reiki until 7:30pm, EST on Saturday, May 21st.** After that, emails will not be looked at and will be deleted. Here is a **link** to a time converter for those in other time zones.

Please direct all other inquiries/comments/questions to [ReikifromLourdes.com](http://ReikifromLourdes.com)

via this [link](#).

**Due to the amount of emails received, emails may not be responded to, but will be looked at, if received on time.** After the free Reiki is sent, this email (ReikiLourdes2019@gmail.com) is not looked at again until the next free Reiki offering. Use the **Contact** page for any inquiries.

**The intention this month is for the Reiki to bring more fun into your life.**

This Reiki will reach you even if you are busy doing something else. You may share this information with others who would like to sign up for free Reiki. If you are signing up someone else, please get their permission first.

Blessings, Lourdes

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\*All services are done via Distance Reiki.

\*DISCLAIMER: Reiki is a complementary energy modality and should not be used as a replacement for medical needs. The information provided does NOT constitute legal, psychological, medical, business, or financial advice. Always seek the advice of a medical profession for issues and challenges. Reiki videos should not be received while using machinery or driving. Since everyone's energy is different, results may vary and are not guaranteed.

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