



## **October 2019 Reiki Newsletter**



### **Reiki November Sunday Special**

The Reiki Sunday Specials are a hit! They are definitely the most powerful Reiki sessions I am doing and each one has such different energy! This month they are being offered before the U.S. holiday of Thanksgiving to give everyone the extra boost needed to deal with family gatherings.

Let's face it - the holidays are usually a time when we're struggling to get by and just need help to make it through the week, let alone the month. That's why for a limited time Lourdes is offering a \*Reiki November Sunday Special! For 2 Sundays in November (11/17/19 and 11/24/19) Lourdes will send Reiki to everyone who has purchased this special for an hour, with the intention that the Reiki reaches you at 8pm your time and goes towards your highest good. These sessions will be intense, so prepare to rest or go to sleep afterwards!

In order to offer this, this November Sunday Special will only be available for purchase until 6:30am EST Saturday 11/16/19. To learn more or purchase the Special, click "Reiki November Sunday Special" button below.



### Livestream on November 16th

Have been enjoying the livestreams and am looking forward to sharing another one with all of you! These are a lot of fun and I plan to keep having them since they bring me closer to all of you! The next one will be on Saturday, November 16th at 2:00pm est. Here is the link to a time converter for anyone not on est.

To be part of it, just go to my **YouTube channel's home page** at the designated day and time. You may need to wait for a minute or two depending on the connection, but the newest video will say "LIVE" and be the livestream. Just click on it and you'll be able to watch and ask me questions about Reiki!

Hope to see you there!

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### **Another Offer for Free Reiki!!!!**

Am so happy to be celebrating 10 years on YouTube!!!! To celebrate I will be uploading 1 new video per day for a week starting on 11/10/19! Then there will be another offer for Free Reiki! To learn more, please click on the "10 Year YouTube Celebration" button below and view the video. The information to sign up is in the video, the video's description, and in the comment section. Please listen to the instructions since they are different than my usual sign up.

Many thanks for allowing me to share Reiki with you! I love the celebration vibes!

**10 Year YouTube Celebration!**

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### **New Instructions to Receive Free Reiki\***

To receive the Reiki (on Saturday, 11/16/19 at 8:00pm EST), send an email to:

[ReikiLourdes2019@gmail.com](mailto:ReikiLourdes2019@gmail.com)

Please note that this email is only for contest use. Please direct all other emails to me via this link. **If you send an email to another one of my email addresses, you will NOT be included in the free Reiki session.**

The Reiki sent this month is to allow abundance into your life in any form (financial or otherwise).

This Reiki will reach you even if you are busy doing something else. You may share this information with others who would like to sign up for free Reiki. If you are signing up someone else, please get their permission first.

You can sign up to receive it until 7:59pm, EST on Saturday, 11/16/19. Here is a [link](#) to a time converter for those in other time zones.

Blessings, Lourdes

\*Reiki is not a medical treatment, but is a complementary energy modality that works best when used with allopathic medicine.



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