



October 2020 Reiki Newsletter

Hello,

Hope that all of you are doing well.

Lots of changes are happening to my website and social media pages. Am adding in new services (hurray!), changing fonts & photos, and will be adding my logo to more things. Am excited about this new phase and look forward to the new look!

Did you know that there are many people offering free energy at this time including Reiki Masters who have studied with me?

Most are on Facebook like the ones below, but there are others on other platforms too. Go to my [Recommendations](#) page to check them out.

[Know Thyself Reiki](#) - Readings and free Reiki offers on Facebook. Vibrant and powerful energy!

[Angelic Reiki by Dawn](#)- Offers of free Reiki, inspirational quotes, and readings.

[Dawn Tarr -Scott](#)- Reiki infused posts, photos, and more.

Livestream October 17th Saturday

Will be doing a livestream on my **Youtube channel**, this Saturday, October 17th at 1pm est. Will be answering questions sent to me about Reiki and energy in general. Looking forward to speaking with all who can make it!



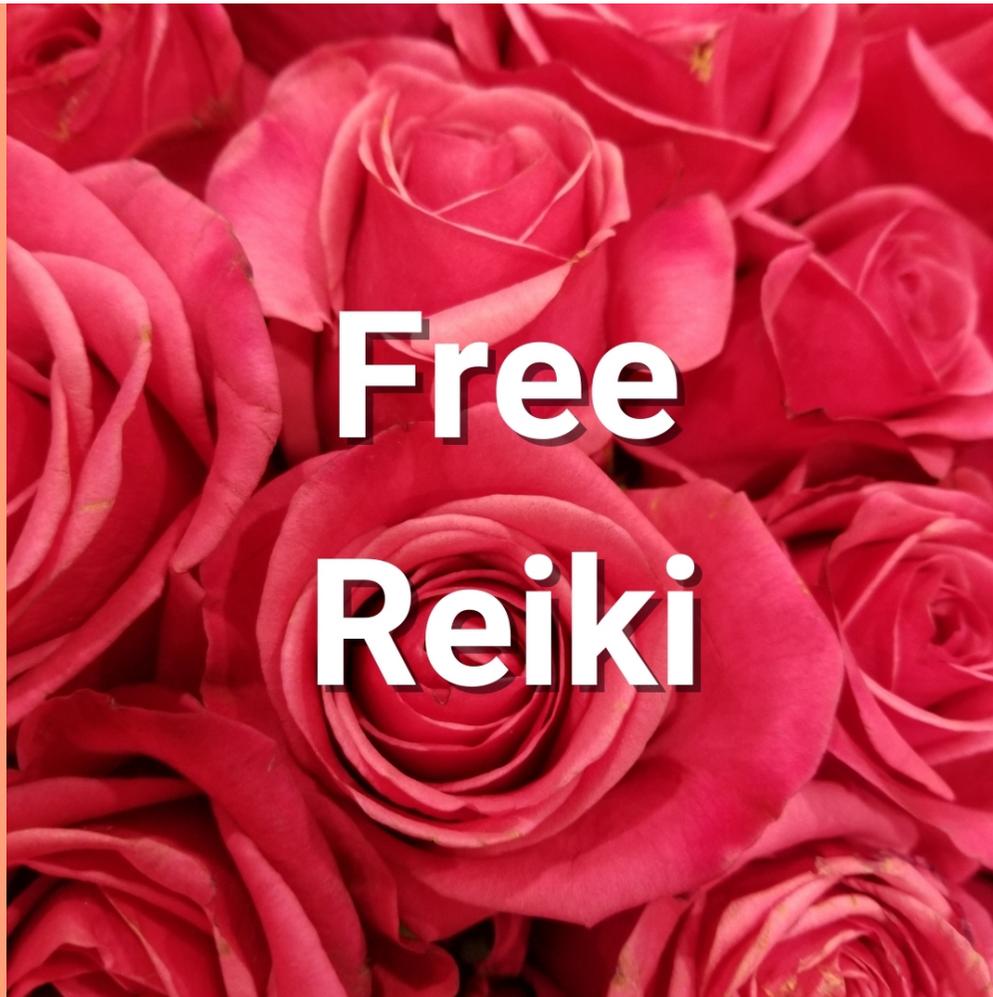
October Reiki Sunday Special

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For 1 Sunday in October (10/25/20), will send Reiki to everyone who purchases this special for 60 minutes at 8pm in the time zone of those who purchase it. The intention is for it to go for self-care/self-healing. Many of us put others first, but we can't help others if we don't take care of ourselves.

For more information, click on the button below.

[**October Reiki Sunday Special**](#)



Instructions to Receive Free Reiki

New Update to Free Reiki:

To receive the Reiki (on Saturday, October 24th 8:00pm EST), **only** send an email to the address below :

ReikiLourdes2019@gmail.com

Please note that the [ReikiLourdes2019@gmail](mailto:ReikiLourdes2019@gmail.com) is only used for free Reiki.

Please direct all other inquiries/comments/questions to ReikifromLourdes.com via this **link**. If you send an email to another one of the email addresses, you will **NOT** be included in the free Reiki session or receive a response.

Due to the amount of emails received, I may not respond emails, but will look at them. After the free Reiki is sent, this email (ReikiLourdes2019@gmail.com) is not looked at again until the next free Reiki offering. Use the **Contact** page for any inquiries.

The intention this month is Reiki for a releasing fears.

This Reiki will reach you even if you are busy doing something else. You may share this information with others who would like to sign up for free Reiki. If you are signing up someone else, please get their permission first.

You can sign up to receive this Reiki until 7:30pm, EST on Saturday, 10/24/20.

After that, Lourdes will not look at the emails. Here is a **link** to a time converter for those in other time zones.

Blessings, Lourdes

*All services are done via Distance Reiki.

*DISCLAIMER: Reiki is a complementary energy modality and should not be used as a replacement for medical needs. The information provided does NOT constitute legal, psychological, medical, business, or financial advice. Always seek the advice of a medical profession for issues and challenges. Reiki videos should not be received while using machinery or driving. Since everyone's energy is different, results may vary and are not guaranteed.

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