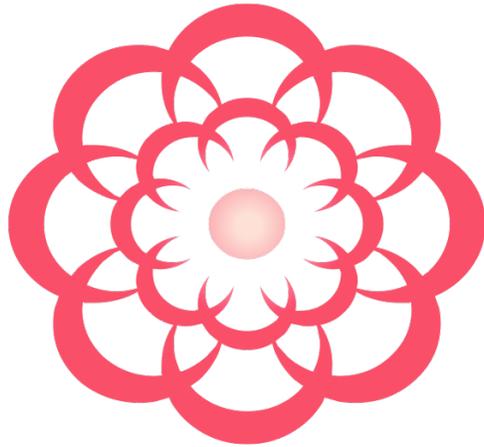




Welcome to Rest,
Relaxation, and Reiki

I'm honored to share Reiki with you.





Metaphysical Fair October 30th 9am to 3pm

August 2021 Reiki Newsletter

Hello,

Hope that all of you are doing well.

This month will be doing something fun and exciting that I haven't done in a couple of years. Will be at a metaphysical fair in Merchantville NJ. It will be located at 19th North Centre Street between 9am and 3pm on Saturday, October 30th! Richard and I will be selling crystals, wands and other fun things. Would love to see anyone who can stop by :)

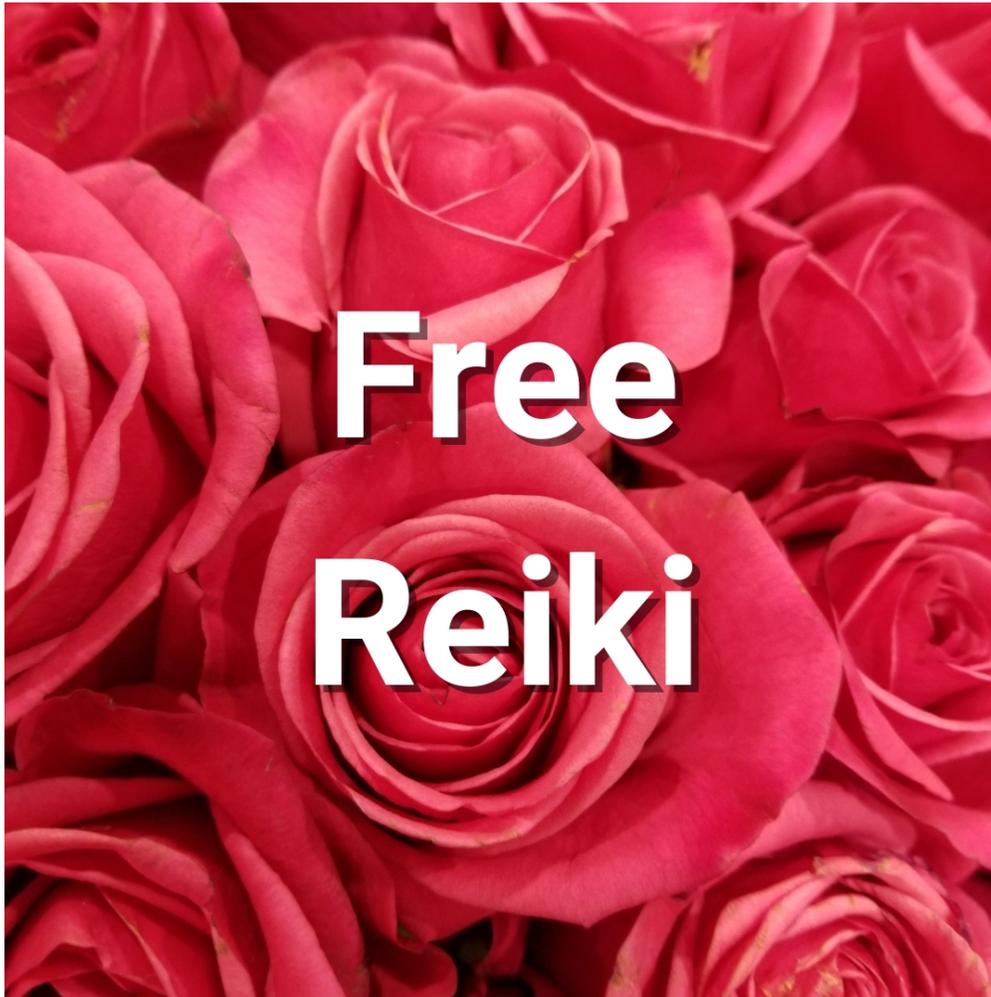
Will be doing a livestream on my **Youtube channel** Sunday, 10/17/21 at 1:00pm est. There will be an "Energy Craft" as well as new games to develop psychic senses. Looking forward to meeting any who can make it!



October 2021 Reiki Sunday Special

This month's Reiki Sunday Special's intention is for Self-Care/Self Healing. It is for anyone who is trying to nurture themselves and feel better on all levels. Think of it as an energetic massage :) The energy will be sent on Sunday, October 24th, at 8pm your time. The session lasts 60 minutes and I send notes after the group session. For more information click the button below.

October Reiki Sunday Special



Instructions to Receive Free Reiki, please read all the information.

To receive the Reiki (on Saturday, 10/30/21 8/21/21 at 8:00pm EST), **only** send an email to the address below :

ReikiLourdes2019@gmail.com

Please note that the ReikiLourdes2019@gmail is only used for the free Reiki from the Newsletter.

Please direct all other inquiries/comments/questions to ReikiFromLourdes.com via this **link**. If you send an email to another email address, you will **NOT** be included in the free Reiki session or receive a response.

Due to the amount of emails received, I may not respond to emails, but will look at them. After the free Reiki is sent, all emails will be deleted. The email, (ReikiLourdes2019@gmail.com) is not looked at again until the next free Reiki offering. Use the **Contact** page for any inquiries.

**The intention this month is to be at peace with life.*

This Reiki will reach you even if you are busy doing something else. You may share this information with others who would like to sign up for free Reiki. If you are signing up someone else, please get their permission first.

You can sign up to receive this Reiki until 7:00pm, EST on Saturday, 10/30/21. After 7:00pm the emails in that address will not be looked at until the next newsletter.

Here is a **link** to a time converter for those in other time zones.

Blessings, Lourdes

*All services are done via Distance Reiki.

*DISCLAIMER: Reiki is a complementary energy modality and should not be used as a replacement for medical needs. The information provided does NOT constitute legal, psychological, medical, business, or financial advice. Always seek the advice of a medical profession for issues and challenges. Reiki videos should not be received while using machinery or driving. Since everyone's energy is different, results may vary and are not guaranteed.

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