

October 2023 Reiki Newsletter

Hello,

Hope that everyone is doing well.

This is the time of year when many people have a tendency to get sick. Kids go to school and they share germs with families and friends. People may have allergies and of course there is still Covid, RSV, colds, and pneumonia. One way to stay healthier is to stay happy, positive, and optimistic. When you are happy you boost the immune system which helps fight off unwanted germs. Of course, even if you are happy, there are times that even that may not be enough. For everyone suffering from any of the health challenges mentioned above try [Reiki for Boosting the Immune System](#).

Thank you to everyone who participates in the livestreams, comments, posts, subscribes, watches ads or has sent Super Thanks or Super Stickers (on YouTube) as well as given donations. It is because of all of you that I am still on YouTube. It will be 14 years in December! Most YouTubers only last 3 -4 years and I feel very blessed to still be sharing Reiki with all of you.

Right now, am doing livestreams on Mondays on [Rest, Relaxation, Reiki](#) and on Fridays at [*Transformational Vibrations*](#) Usually have them both at 1:000pm. But the time may change (depending on appointments), and the best way to find out when they are happening is to subscribe to the channels, click on the notifications bell and then click on receive all notifications. Or you can check the Community Tab on both

channels (usually post about livestreams around 9am).

Am looking forward to sharing more with all of you!

Wishing everyone a month filled hope, love, and peace.

Blessings,



October 2023 Reiki Sunday Special

This month the special is different! With the purchase of a session will let everyone know what their 12th chakra psychic gift is. In fact, the focus of this session is to assist everyone with this gift. As with all group sessions, Reiki will start flowing for this intention as soon as the session is purchased. A link to a private playlist for this session will be sent to all who purchase it. This session also includes a Reiki Infused photo (exclusive to people purchasing this session) with the intention of this session. To learn more about this session click on the link below.

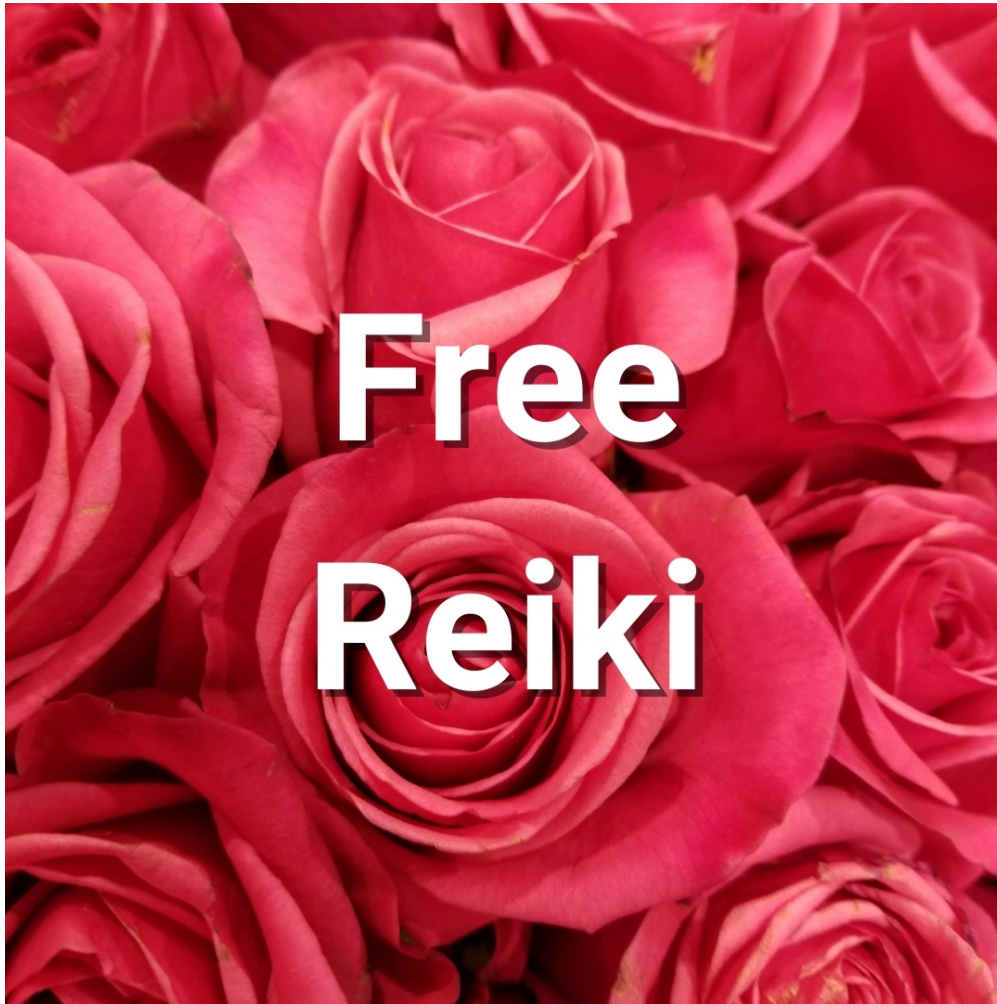
October 2023 Reiki Sunday Special



Celestial Healing Chamber Session

During this session the energy healing will take place in the dimension Cyndi Dale calls the "Divine Pathway". This dimension is of angels, guides, ascended masters, and the universe. You will receive energies only found in this dimension to assist you with feeling and being your best. Angels and other divine beings will be working on your intention through their vibrations. To learn more about this session click the link below.

[**Celestial Healing Chamber Session**](#)



Instructions to Receive Free Reiki

Please read the information below. Check out dates and times to sign up. You can only sign up after this email has been read. Any emails received before this email goes out, will be disregarded.

To receive the Reiki on Saturday (10/21/23, 8pm EST), **only** send an email to the address below :

ReikiLourdes2019@gmail.com

Please note that the ReikiLourdes2019@gmail is only used for free Reiki. If you send an email to any other address, you will NOT be included in the free Reiki session or receive a response.

**You can sign up to receive this Reiki until 6:00pm, EST on Saturday, 10/21/23 After that time, emails received will not be looked at and will be deleted. Here is a [link](#) to a time converter for those in other time zones.*

Please direct all other inquiries/comments/questions to ReikifromLourdes.com via this [link](#).

Due to the amount of emails received, emails may not be responded to, but will be looked at, if received on time. After the free Reiki is sent, this email (ReikiLourdes2019@gmail.com) is not looked at again until the next free Reiki offering. Use the [Contact](#) page for any inquiries.

The intention this month is for energy to boost the immune system.

This Reiki will reach you even if you are busy doing something else. You may share this information with others who would like to sign up for free Reiki. If you are signing up someone else, please get their permission first.

Blessings, Lourdes

*All services are done via Distance Reiki.

*DISCLAIMER: Reiki is a complementary energy modality and should not be used as a replacement for medical needs. The information provided does NOT constitute legal, psychological, medical, business, or financial advice. Always seek the advice of a medical profession for issues and challenges. Reiki videos should not be received while using machinery or driving. Since everyone's energy is different, results may vary and are not guaranteed.

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