

# September 2024 Reiki Newsletter

Hello,

Hope that everyone is doing well. Below are some updates to videos on my YouTube channels.

There is a new series on the RestRelaxationReiki channel for a Richer Life. It will have several videos on it that will focus on different aspects of having a richer life. The Land/Water series on Metaphysical Life will soon be ending and will be looking forward to some new videos that may help with manifesting more good things in our lives. Transformational Vibrations will continue with exploring new symbols and vibrations to enhance spiritual and psychic development.

Am posting videos on Thursdays on **Rest, Relaxation, Reiki**\* and on Tuesday's at **Transformational Vibrations**\*. videos will be coming out on Sundays. **Metaphysical Life** videos will be coming out on Sundays. You can check the Community Tab on all 3 channels see the new videos coming out. Am looking forward to sharing more with all of you!



Experience the manifesting power of Reiki with the September 2024 Reiki Sunday Special. This 60 minute group session will focus on Manifesting Money. The current state of the world can make it challenging to manifest money but Reiki may assist in making it easier. Every week you will be receiving Reiki to assist you with manifesting. Click the button below for more information.

September 2024 Reiki Sunday Special



Personalized Reiki videos are a wonderful way to receive energy for your specific intention. A personalized video works with your vibrations to maximize its effectiveness. These videos can also be used with the videos on YouTube to amplify the videos even more. The videos are 15 minutes long and can be downloaded to as many devices as you would like. To learn more click on the link below.

Personalized Reiki Video



## **Instructions to Receive Free Reiki**

Please read the information below. Check out dates and times to sign up. You can only sign up after this email has been read. Any emails received before this email goes out, will be disregarded.

To receive the Reiki on Saturday (9/21/24, 8pm EST), **only** send an email to the address below :

#### ReikiLourdes2019@gmail.com

Please note that the ReikiLourdes2019@gmail is only used for free Reiki. If you send an email to any other address, you will NOT be included in the free Reiki session or receive a response.

\*You can sign up to receive this Reiki until 6:00pm, EST on Saturday, 9/21/24 After that time, emails received will not be looked at and will be deleted. Here is a **link** to a time converter for those in other time zones.

Please direct all other inquiries/comments/questions to ReikifromLourdes.com via this **link**.

Due to the amount of emails received, emails may not be responded to, but will be looked at, if received on time. After the free Reiki is sent, this email (ReikiLourdes2019@gmail.com) is not looked at again until the next free Reiki offering. Use the **Contact** page for any inquiries.

#### The intention this month is to experience more kindness

This Reiki will reach you even if you are busy doing something else. You may share this information with others who would like to sign up for free Reiki. If you are signing up someone else, please get their permission first.

Blessings, Lourdes

\*All services are done via Distance Reiki.

\*DISCLAIMER: Reiki is a complementary energy modality and should not be used as a replacement for medical, psychological, emotional, or physical needs. The information provided does NOT constitute legal, psychological, medical, business, or financial advice. Always seek the advice of a medical profession for issues and challenges. Reiki videos should not be received while using machinery or driving. Since everyone's energy is different, results may vary and are not guaranteed.

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