

March 2025 Reiki Newsletter

Hello,

Hope that everyone is doing well. Am excited about the season of **Spring** coming and the change of colors. For me Spring brings pastels while Summer deepens the colors. In **Autumn**, I love seeing the vibrant colors of Autumn and afterwards appreciate the monochromatic colors of the winter. Which season do you prefer?

Sent a newsletter out to Usui Reiki practitioners that I attuned to Usui Reiki Levels 1 and above. If you did not receive it, please let me know. It has the link to a new energy session video.

Am posting energy videos on Thursdays on **Rest, Relaxation, Reiki*** and on Tuesday's at **Transformational Vibrations***, videos will be coming out on Sundays for **Metaphysical Life**. You can check the Community Tab on all 3 channels see the new videos coming out. Am looking forward to sharing more with all of you!



March 2025 Reiki Sunday Special

Step into a world of healing and renewal with our March 2025 Reiki Sunday Special. This limited-time offer is your opportunity to experience the power of Reiki in a unique and wonderful way. Let the energy flow through you as you relax and rejuvenate your mind, body, and spirit. The goal of this session is to assist you with becoming a Positive Luck Magnet. Luck is an energy frequency and we can open ourselves to it with Reiki. Luck can come in many ways, and this is to bring in the luck you may need to make your life better. The frequency of this positive vibration may bring unexpected and magical surprises. Click the link below for more information.

March 2025 Reiki Sunday Special



2025 March Pet Monthly Reiki Session

Welcome to our Special Monthly Pet Session! Treat your pet friends/loved ones to a unique healing experience in their own environment. The intention is for the energy to promote relaxation, reduce anxiety, and improve overall well-being for your beloved pets. Let them bask in the gentle and soothing frequencies of Reiki. This is the perfect opportunity to bond with your pet and give them the care and attention they deserve. This is truly special and rejuvenating experience that will leave your pet feeling refreshed and rejuvenated. For those of you who are sensitive to energy you may feel the vibrations as well. Before purchasing, if you have any questions, feel free to contact us through this link.

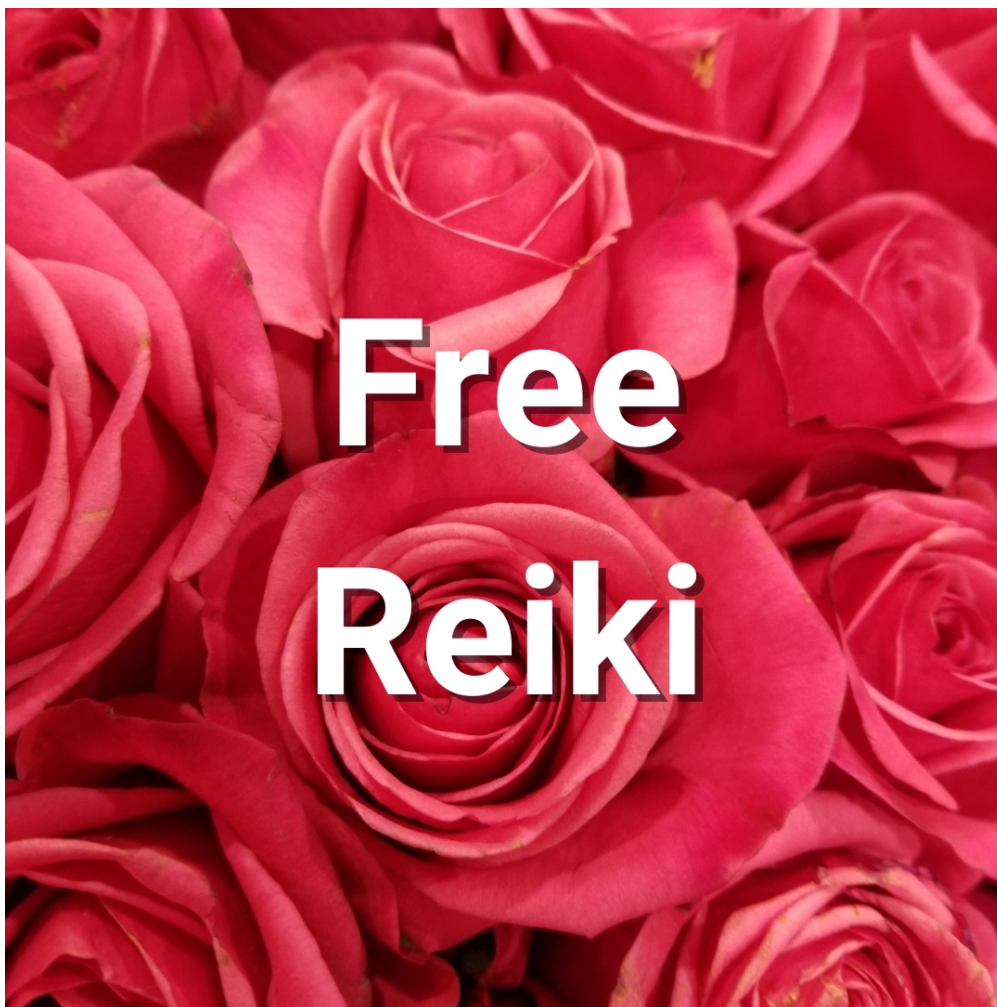
March 2025 Reiki Pet Special



Silver Cord Crystalline Flush Attunement

"This Flush energy system will gently cleanse, strengthen and protect your Silver Cord and Etheric Body in an Armour of Light while you astral travel using the powerful and little known crystalline energies of Faden Quartz. Faden Quartz energy can be used to increase spiritual connection; it will activate and work by surrounding and protecting the Silver Cord that connects your astral self to your physical self while you travel "Out of Body" in safety. This crystalline light energy will work on your whole etheric body, repairing and healing any damage or weak areas and strengthening each of your auric layers". For more information, click the link below.

Silver Cord Crystalline Flush Attunement



Instructions to Receive Free Reiki

Please read the information below. Check out dates and times to sign up. You can only sign up after this email has been read. Any emails received before this email goes out, will be disregarded.

To receive the Reiki on Sunday (3/16/25, 8pm EST), **only** send an email to the address below :

ReikiLourdes2019@gmail.com

Please note that the ReikiLourdes2019@gmail is only used for free Reiki. If you send an email to any other address, you will NOT be included in the free Reiki session or receive a response.

**You can sign up to receive this Reiki until 6:00pm, EST on Sunday, 3/16/25 After that time, emails received will not be looked at and will be deleted. Here is a [link](#) to a*

time converter for those in other time zones.

Please direct all other inquiries/comments/questions to ReikifromLourdes.com via this [link](#).

Due to the amount of emails received, emails may not be responded to, but will be looked at, if received on time. After the free Reiki is sent, this email (ReikiLourdes2019@gmail.com) is not looked at again until the next free Reiki offering. Use the [Contact](#) page for any inquiries.

The intention this month is to feel the energy of Spring (even if you are in a different season).

This Reiki will reach you even if you are busy doing something else. You may share this information with others who would like to sign up for free Reiki. If you are signing up someone else, please get their permission first.

Blessings, Lourdes

*All services are done via Distance Reiki.

*DISCLAIMER: Reiki is a complementary energy modality and should not be used as a replacement for medical, psychological, emotional, or physical needs. The information provided does NOT constitute legal, psychological, medical, business, or financial advice. Always seek the advice of a medical profession for issues and challenges. Reiki videos should not be received while using machinery or driving. Since everyone's energy is different, results may vary and are not guaranteed.

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