

## February 2025 Reiki Newsletter

Hello,

Hope that everyone is doing well. We had a very cold snowy January and in February snow is still continuing. For those of you in the Northern Hemisphere, are you ready for Spring. For our friends in the Southern Hemisphere are you ready for cooler weather?

Have been sharing on social how my 3 channels have separated (there will be occasional posts that show up on all 3 channels). My goal now is to not only create videos and livestreams, but also more shorts and surveys. Shorts do not come easily to me so they are a work in progress. Hope to eventually get the hang of them.

Have been enjoying the different series on all 3 channels and hope that many of you are getting benefits from them. On Rest, Relaxation, and Reiki there is the **Power of the Subconscious Mind Series**. Transformational Vibrations has the **Merkaba** series and Metaphysical Life has the **Rewire the Brain Series**.

Am posting energy videos on Thursdays on **Rest, Relaxation, Reiki\*** and on Tuesday's at **Transformational Vibrations\***, videos will be coming out on Sundays for **Metaphysical Life**. You can check the Community Tab on all 3 channels see the new videos coming out. Am looking forward to sharing more

with all of you!

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*February 2025 Reiki Sunday Special*

Experience the healing power of Reiki with our February 2025 Reiki Sunday Special. This exclusive offer combines the soothing energy of Reiki with the tranquility of a Sunday retreat. The February Reiki Sunday Special is to assist with bringing in supportive, helpful, and uplifting people in our lives. These are people that help us feel not only that we matter, but are see us for who we are and appreciate us. We want people in our lives that can assist us with making a positive difference. Click the link below for more information.

**February 2025 Reiki Sunday Special**

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# Special Monthly Pet Session




*2025 February Pet Monthly Reiki Session*

Welcome to our Special Monthly Pet Session! Treat your pet friends/loved ones to a unique healing experience in their own environment. The intention is for the energy to promote relaxation, reduce anxiety, and improve overall well-being for your beloved pets. Let them bask in the gentle and soothing frequencies of Reiki. This is the perfect opportunity to bond with your pet and give them the care and attention they deserve. This is truly special and rejuvenating experience that will leave your pet feeling refreshed and rejuvenated. For those of you who are sensitive to energy you may feel the vibrations as well. Before purchasing, if you have any questions, feel free to contact us through this link.

**February 2025 Reiki Pet Special**

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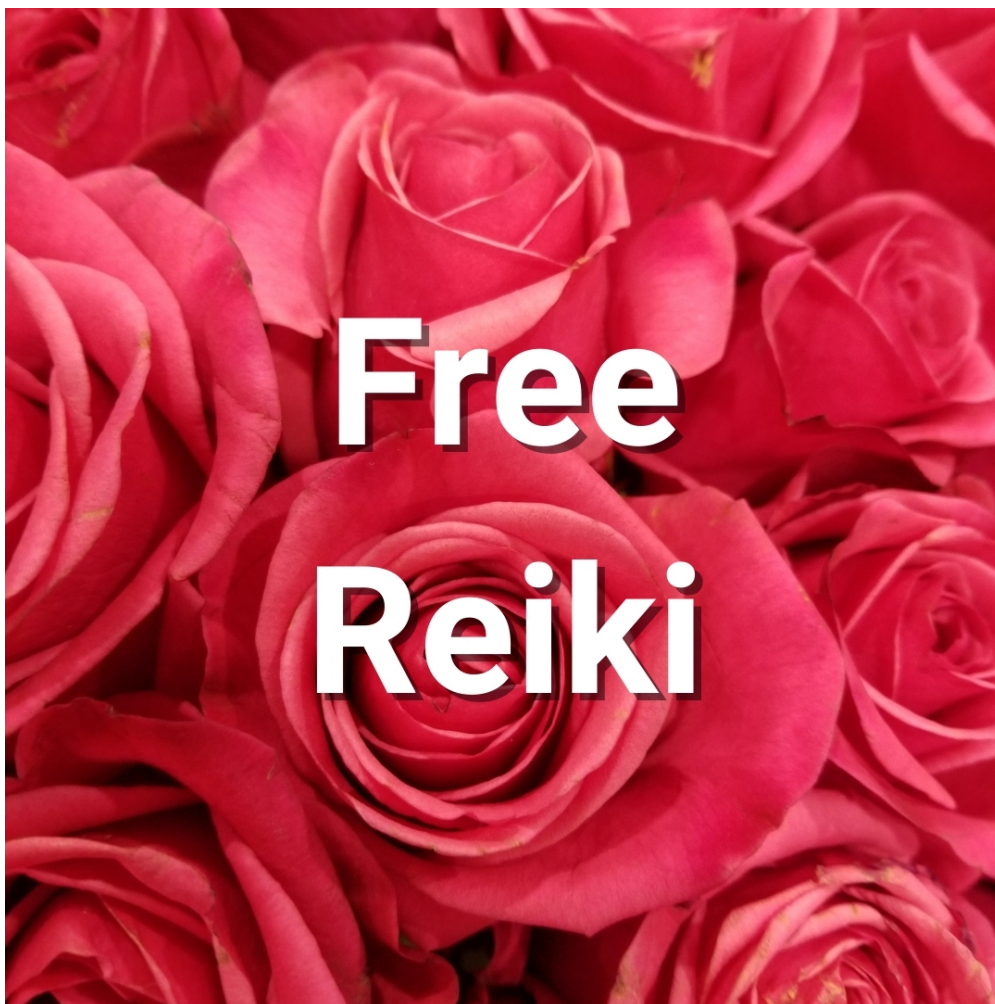
# Galaxite Starseed Light Codes Activation Attunement

*Galaxite Starseed Light Codes Activation Attunement*

"Galaxite Starseed Light Codes is a wonderful energy to work with to help you to get in touch with your true Starseed nature. A great many of us incarnated as Lightworkers to raise the consciousness of all beings on this world and to help awaken them to their true Soul Essence.

Once we merge with the human consciousness it is all too easy to lose sight of who we are and what we came here to do. This energy system reawakens those dormant Starseed energies within you, infusing them with Galaxite crystalline light codes to help you to reconnect to your Higher Self. Our light codes gently release information to us throughout our lifetime, through our Higher Self aspect, the more we consciously devote time to our spiritual development the easier and clearer this transmission becomes. These light codes link us to our Star Home where we reside between lifetimes. Many often feel homesick for a place they cannot quite remember but feel its loss keenly. This energy helps you to more fully 3 integrate the two sides of your nature, your Starseed self and your human self. Galaxite Light Codes connect you to the physical Galaxite crystals which reside deep within the Earth's crystalline matrix grid." For more information, click the link below.

**Galaxite Starseed Activation Attunement**



### **Instructions to Receive Free Reiki**

**Please read the information below. Check out dates and times to sign up. You can only sign up after this email has been read. Any emails received before this email goes out, will be disregarded.**

To receive the Reiki on Sunday (2/16/25, 8pm EST), **only** send an email to the address below :

***ReikiLourdes2019@gmail.com***

**Please note that the ReikiLourdes2019@gmail is only used for free Reiki. If you send an email to any other address, you will NOT be included in the free Reiki session or receive a response.**

*\*You can sign up to receive this Reiki until 6:00pm, EST on Sunday, 2/16/25*  
After that time, emails received will not be looked at and will be deleted. Here is a [link](#) to a time converter for those in other time zones.

Please direct all other inquiries/comments/questions to ReikifromLourdes.com via this [link](#).

**Due to the amount of emails received, emails may not be responded to, but will be looked at, if received on time.** After the free Reiki is sent, this email (ReikiLourdes2019@gmail.com) is not looked at again until the next free Reiki offering. Use the [Contact](#) page for any inquiries.

**The intention this month is to feel the support of the universe.**

This Reiki will reach you even if you are busy doing something else. You may share this information with others who would like to sign up for free Reiki. If you are signing up someone else, please get their permission first.

Blessings, Lourdes

\*All services are done via Distance Reiki.

\*DISCLAIMER: Reiki is a complementary energy modality and should not be used as a replacement for medical, psychological, emotional, or physical needs. The information provided does NOT constitute legal, psychological, medical, business, or financial advice. Always seek the advice of a medical profession for issues and challenges. Reiki videos should not be received while using machinery or driving. Since everyone's energy is different, results may vary and are not guaranteed.

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