

# Parent Quick-Guide: Modeling AAC at Home

## The 1-2 Word Rule

Choose 1-2 words to model on the communication board - don't point to all the words.

Let's go outside and play on the swings!



Core words



## Core and Fringe



Frequently used words to build sentences that include action words and words that describe, tell where, ask questions, and more.



Less frequently used words that name foods, toys, things, people and places.

## What to Say: Self-Talk & Parallel Talk

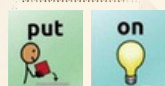
### Self-Talk

I am making lunch.



### Parallel Talk

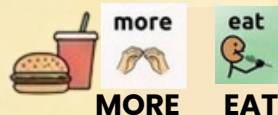
You put a block on.



## Cheat Sheet for Daily Routines

Example key words to point to:

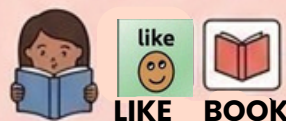
### snack time



### park



### reading



### bedtime

