

# STOP SOLDIER SUICIDE

EMPOWERING THE MILITARY COMMUNITY FOR LIFE.

20 VETERANS & ACTIVE DUTY SERVICE MEMBERS TAKE THEIR LIVES EVERY DAY.

THAT'S ONE SUICIDE EVERY 72 MINUTES.

MORE THAN 500,000 VETERANS HAVE BEEN DIAGNOSED WITH PTSD.

THOUSANDS MORE STRUGGLE WITH PHYSICAL AND MENTAL HEALTH ISSUES.

ONE IS TOO MANY.

BE PART OF THE SOLUTION. HELP US STOP SOLDIER SUICIDE.

#### FINANCIALS

Stop Soldier Suicide is a 501(c)3 nonprofit. We operate solely on donations and are 100% committed to transparency and limiting overhead and administrative expenses.

#### CONTACT US

844-889-5610 (Toll-Free) fb.com/stopsoldiersuicide stopsoldiersuicide.org

## WHO WE ARE

Stop Soldier Suicide was founded by three U.S. Army veterans in 2010 amid the worst suicide crisis our military has ever seen. We are the nation's first veteran-founded-and-led 501(c)3 nonprofit dedicated to preventing military suicide.

## WHAT WE DO

Stop Soldier Suicide empowers the military community by providing free resources and support through an established, trusted network of organizations that meet the complex needs of the military and are capable of anticipating and mitigating suicide risk factors, promoting resiliency, inspiring hope, and encouraging personal growth and healing.

### WHO WE SERVE

Stop Soldier Suicide proudly serves all past and present military and their families.

#### HOW WE HELP

- Personal, 1-on-1 connections with a case manager
- Regular check-ins to track each client's progress for 24 months
- Free resources and support tailored to the client's specific needs
  - Mental health resources
  - PTSD and/or TBI referrals
  - Emergency financial aid
  - Housing assistance
  - Yoga, meditation, and other alternative therapies
  - ...And many more.

## HOW YOU CAN GET INVOLVED

The American Legion Auxiliary Department of New York President, Linda Tome, has chosen Stop Soldier Suicide as her project for the 2019-2020 year.

Why not consider holding a fundraising event and make your donation to her project?

A \$400 donation provides one client with 24 months of personalized case management.

Please make checks payable to: American Legion Auxiliary Department of NY Memo line: Department President's Project

Mail checks to: American Legion Auxiliary Department of New York 1580 Columbia Turnpike Bldg #1, Suite 3 Castle on Hudson, NY 12033