
BEST KETO HOMEMADE RANCH DIP

yield: **16 SERVINGS**

prep time: **5 MINUTES**

total time: **5 MINUTES**

Whether you use our best keto homemade ranch dip with raw veggies, paired with wings, or as a pizza dunker, you're gonna love our take on this cultural staple.

INGREDIENTS

- 16 oz sour cream (I use Daisy brand)
- 1 teaspoon garlic powder
- 1 teaspoon onion powder
- 1 teaspoon dried minced onion flakes
- 2 teaspoons dried parsley
- 1 teaspoon dried dill weed
- 1 teaspoon salt
- 1/4 teaspoon black pepper
- 1 teaspoon erythritol (or preferred sweetener equivalent)

DIRECTIONS

- 1 Mix all ingredients together in a medium bowl. Chill for at least 1/2 hour before serving. Enjoy!

NUTRITIONAL INFORMATION

Yield: 16 servings, Serving Size: 2 tablespoons

Amount Per Serving: Calories: 59, Total Carbohydrates: 1g, Fiber: 0g, Net Carbohydrates: 1g, Total Fat: 5g, Protein: 1g

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