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## Kale chips recipe

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Linda:

I buy the bag of organic kale that's already washed and cut into pieces, usually @Safeway.

Microwave kale chips:

Remove thick stem pieces and tear big pieces into 1 1/2" or so pieces. Toss with olive oil until most surfaces have oil and toss in salt (I fine grind sea salt) to most pieces. (This takes the most time, to work the oil onto as much of the kale pieces as possible. Lay a layer of kale out on glass tray or platter and depending on freshness of kale can take between 3.5 to 4 mins, maybe more if lots on your tray. I taste test and if still a bit chewy, in for 25 secs or more. Carefully scape them from platter to bowl and dig in. Enjoy!

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