

MIRACLE BREAD-PROTEIN & FIBER PACKED

- 1 1/2 cups flaxmeal
- 1 1/2 cups almond flour
- 1 1/2 cups raw pumpkin seeds
- 1 1/2 cups liquid egg whites
- 2 tsp baking powder
- 1 tsp salt

Preheat your oven to 350°

Add all ingredients to a large bowl and mix together

Add mixture to parchment lined baking tray and form and mold into an oval loaf shape

Bake for 45-50 minutes

Let cool then slice into 7-8 slices and enjoy

Store in the fridge for up to one week or the freezer for up to three months

<https://www.instagram.com/reel/DTLUXTJAPc-/?igsh=MXF2MXJuYTVkdHJtdg==>



Bought Egg Whites from Costco, best grain free bread I've found that actually tastes delicious toasted!