



# Idaho Falls Area Humanitarian Center (IFAHC) Newsletter



Volume VIII

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April 2022

## ASSISTANT DIRECTOR'S MESSAGE



Wendy Hays

William Shakespeare said, "The meaning of life is to find your gift. The purpose of life is to give it away." Whether you're a person who craves a lot of social interaction or you prefer as little as possible, volunteering has significant benefits not only to service recipients, but also--perhaps even more--to you personally. Volunteering provides you with a sense of purpose through involvement in something greater than yourself. Recent pandemic experiences help us all relate to our intrinsic need for connection with others. Volunteering helps us make new friends as well as strengthen existing connections. Volunteering may boost your self-confidence.. It gives you a sense of accomplishment. It feels good to contribute to projects and organizations that mean something to you. These good feelings can help lessen the effects of stress, anger, or anxiety in your life. William James said, "Act as if what you do makes a difference. It does."

The following are just a few of countless examples of how what you do has made a difference:

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## CAL RANCH SERVICE NIGHT

Seventy-five volunteers from CalRanch including regional managers and their spouses came together in March for an evening of fun and service. At their 2021 regional manager's meeting, CalRanch came to the Center for an evening of service and enjoyed it so much



that they returned in 2022. Our own Don Neville showed the group an introductory video. Afterward they sanded, painted, braided, sewed, colored, and tied their way through project after project as they visited, laughed, and learned together. Tom Yearsley, CalRanch CEO

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Hours: Tuesday & Wednesday 10 am – 3 pm

The Idaho Falls Area Humanitarian Center is a non-profit / non-denominational organization  
PLEASE SHARE THIS NEWSLETTER WITH YOUR FRIENDS AND NEIGHBORS

## ASSISTANT DIRECTOR...

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When given one of our quilts, a lady said, "Oh, that's way too nice for me." When given one of our newborn kits, a girl said with tears in her eyes, "Why would anyone do this for me?" A woman had been hospitalized after repeated abuse by her husband. While she was there, her husband emptied the house, taking everything. Authorities found and arrested the man and asked her what belongings she wanted back. "I only want two things, my son's bike, and the quilt I got from the Humanitarian Center," she said. Andy Rooney said, "I've learned...that sometimes all a person needs is a hand to hold and a heart to understand." Thank you to each of you for being that hand and heart.

### CALRANCH...



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and IFAHC Board member, tested out one of the jump ropes. At the close of the evening, CalRanch present-



ed the Center with a generous donation. Our hearts are filled with gratitude for the warmth of your presence and the chance to serve with you.



**COMMUNITY  
ROOM NEEDS**

**BED PILLOWS  
BABY SHAMPOO  
BABY LOTION**

### LAST MONTH'S IMPACT

Individual center workers.....	330
First-time volunteers.....	44
Onsite service hours.....	5,558
Total center items produced .....	4,159
Offsite service hours.....	13,960
Total at-home items checked in.....	9,390



### GENEROUS DONATIONS

Our Community Room received two large donations from The Church of Jesus Christ of Latter-Day Saints Blackfoot Northwest Stake and Teton 2nd Ward. Donated items included fabric, quilts, paper goods, yarn, cleaning products, and baby supplies. Thank you from the bottom of our hearts for your compassion and generosity.



### WAYS TO DONATE



venmo

In person or by mail: 1413 Northgate Mile, Idaho Falls, ID 83401, PayPal, or to donate through Venmo, scan the QR code here or go to our website at [idahofallsareahumanitariancenter.org](http://idahofallsareahumanitariancenter.org)

### THE LAST WORD

"If you want to touch the past, touch a rock. If you want to touch the present, touch a flower. If you want to touch the future, touch a life."

— Author Unknown