



Idaho Falls Area Humanitarian Center (IFAHC) Newsletter

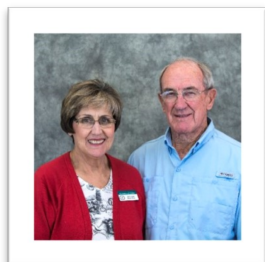


Volume I

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ASSISTANT DIRECTOR'S MESSAGE



Jill & Sherwin Crooks

Why Work for Free?

(author unknown)

"Yes, volunteering is basically working for free. But all around the world people are giving their time to help others. There are around 62 million people in the US who work for free. So, what motivates people to work for free? According to research, the most common reasons include the desire to: give something back to an organization that has had a positive impact on their lives, to help others who are less fortunate, to feel valued and part of a team, spend quality time away from work or home, gain

(Continued on page 2)

AMMON WALMART EMPLOYEE SERVICE

Christmas seemed to come early to IFAHC this year thanks to the generosity of Ammon Walmart employees. Individual Walmart stores can choose a charity to support, and this year they chose us. Walmart Corp. requires the employees to donate 250 hours of community service to the charity they select. In addition to the service, Walmart will make a generous donation. The employees must be organized and work hard to accomplish such an ambitious goal.

In September, Vicki Duffin, Patti Owen, Donna Rowley, and Leann Winder instructed team leaders on how to make jump ropes and folder games. They explained our mission statement and how we support and contribute to those in need in our community.

Imagine our delight when we learned that, if the goal could be completed by 31 October, Walmart would double that contribution. The employees pulled together and made it happen. They accomplished their goal of 250 hours. Our

hearts are ready to explode with love and gratitude for the Walmart employees who took their precious time to help our community. We so appreciate your helping hands.



LOCAL WARD DONATION

In December 2021 the center received a donation from the Quail Run Ward of The Church of Jesus Christ of Latter-Day Saints. Plans for their ward Christmas party included an invitation for party goers to bring items such as paper goods and cleaning supplies to the party. These items were to be donated to the Community Room at IFAHC. Pictured here are Brook and Nathan Johns, who planned the party and brought the donated items to the Community Room at the center. Thank you, Quail Run Ward, for your generosity!



HAPPY New Year

Hours: Tuesday & Wednesday 10 am – 3 pm

The Idaho Falls Area Humanitarian Center is a non-profit / non-denominational organization
PLEASE SHARE THIS NEWSLETTER WITH YOUR FRIENDS AND NEIGHBORS



WHY WORK FOR FREE...

(Continued from page 1)

confidence and self-esteem, learn new skills, meet new people, become more involved in the community.

Volunteers are generally good-heart people that help others, but it turns out they're getting a huge benefit that non-volunteers don't.

Compared to people who didn't volunteer, people who had volunteered in the past year were more satisfied with their lives and rated their overall health as better. Evidence shows that volunteering can alter self-perceptions, allowing people to build confidence and self-esteem and to learn new skills.

We would like to invite you to come to the Humanitarian Center and experience the joy of serving others. Come work for free!



Thank You

CHRISTMAS DONATIONS

There are scarcely words to express our gratitude to all who donated so generously to the IFAHC Community Room for the Christmas season. Special thanks to the Woodville 1st Ward for their huge donation of diapers and the Idaho Falls 1st Ward for donating over 100 beautiful coats. Because of such generosity, we were able to distribute items like toys, coats, toiletries, and other gifts to five agencies in the greater Idaho Falls area. Thank you all for the hearts you warmed.



IFAHC RECEIVES PARTNER OF THE YEAR AWARD

Doug Owen, a volunteer in our toy department, accepted the Partner of the Year

award from NeighborWorks America in Pocatello on behalf of the Humanitarian Center.

NeighborWorks creates opportunities for people to live in affordable homes, improve their lives and strengthen their communities. NeighborWorks America has nearly 250 network organizations, located in every state, Washington D.C. and Puerto Rico. The NeighborWorks network represents over 533 HUD certified housing counselors. NeighborWorks Pocatello offers residents of Southeast Idaho the "Finally Home!" homebuyer education class.



QUILTERS URGENTLY NEEDED

We had 73 orders for quilts the first week of January, and we had even more requests that we were unable to fill. We are in need of quilters to serve at the Center. If you are unable come in to serve, you can check out quilt kits to complete at home. Pictured here are two of our volunteers, Linda and Lloyd Stanger.

"Alone we can do so little; together we can do so much."

Helen Keller



NEEDED COMMUNITY ROOM
DONATIONS
LOTION
SHAVING CREAM
WINTER GLOVES, ALL SIZES



MONTHLY IMPACT UPDATE

Individual volunteers.....	204
Onsite service hours.....	2,488
Offsite service hours.....	6,391
First-time volunteers.....	13
Total center items produced	2,087
Total at-home items checked in	7,262

WAYS TO DONATE



venmo

In person or by mail: 1413 Northgate Mile, Idaho Falls, ID 83401, PayPal, or Venmo: Scan the QR code here or go to our website at idahofallsarea-humanitariancenter.org

VOLUNTEER CORNER

A special welcome to our newest volunteers, **Abbie Adams** and **Lori Jeffs**. If you missed seeing your name here, come by the director's desk and fill out an information form so we can officially welcome you. We are **always** in need of center volunteers. We're open Tuesdays and Wednesdays, 10 am-3 pm. Experienced sewers, quilters, and detail painters (toys) are in particular demand.



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RING OUT, WILD BELLS

by Lord Alfred Tennyson

Ring out, wild bells, to the wild sky,
The flying cloud, the frosty light:
The year is dying in the night;
Ring out, wild bells, and let him die.
Ring out the old, ring in the new,
Ring, happy bells, across the snow:
The year is going, let him go;
Ring out the false, ring in the true.
Ring out the grief that saps the mind
For those that here we see no more;
Ring out the feud of rich and poor,
Ring in redress to all mankind.
Ring out a slowly dying cause,
And ancient forms of party strife;
Ring in the nobler modes of life,
With sweeter manners, purer laws.
Ring out the want, the care, the sin,
The faithless coldness of the times;
Ring out, ring out my mournful rhymes
But ring the fuller minstrel in.
Ring out false pride in place and blood,
The civic slander and the spite;
Ring in the love of truth and right,
Ring in the common love of good.
Ring out old shapes of foul disease;
Ring out the narrowing lust of gold;
Ring out the thousand wars of old,
Ring in the thousand years of peace.
Ring in the valiant man and free,
The larger heart, the kindlier hand;
Ring out the darkness of the land,
Ring in the Christ that is to be.



THE LAST WORD

For last year's words belong to last year's language,
And next year's words await another voice.
What we call the beginning is often the end,
And to make an end is to make a beginning.
—T. S. Eliot