



# Idaho Falls Area Humanitarian Center



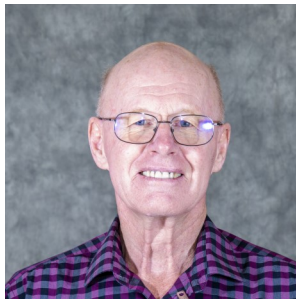
## Monthly Newsletter

Volume IX

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March 2023

### ASSISTANT DIRECTOR'S MESSAGE



Theron Hurst

I admire all who serve in the center as volunteers. You are great examples to me and a joy to be with. It is a real privilege to have the humanitarian center here in our area. The benefit to the needy in our communities is counted in the hundreds of thousands of dollars, but the far greater value is counted in the benefits received by those who give the service. The Lord's way of blessing the poor and needy is by allowing those who have to share with those who have less. The earth is full, with enough to spare, there is sufficient to bless everyone. When everyone shares their excess freely, there are no poor and needy, everyone's needs are met and all are happy together. When greed enters into a society, all suffer. We are all blessed equally with the blessing of time, the one commodity that is always sought for and so easily squandered and lost, never to be recovered. We all complain of not having enough time and we worry that our time will run out before we do all that we want to do. So, spend your time on the things that matter most and you will never have to live in regret. When Jesus told us to "be ye therefore perfect", He wasn't telling us to never make a mistake, He was telling us to live a complete, full of the best things type of life.

*(Continued on page 2)*

### IDAHO FALLS RESCUE MISSION

Charles Hale is the Program and Operations Director for the Idaho Falls Rescue Mission. Their main goal is to dig into people's lives and get to the root of how they can help them be successful. The Idaho Falls Rescue Mission includes: The Haven, City of Refuge, Ruth House, Gospel Rescue Mission, and the 1st Street Thrift Store. They provide services such as helping individuals obtain IDs, vouchers for fuel, and rental assistance. They also have a food ministry called Serving Hope where they provide breakfast, lunch, and dinner to their guests and anyone else in need. They are hoping to open another dining hall at The Haven to serve the women and children. They will benefit from hot pads and aprons made at the



Charles Hale

Humanitarian Center . Charles himself was a beneficiary of a quilt and hygiene kit from the Humanitarian Center at a difficult time in his life. The mission of The Idaho Falls Rescue Mission is: "We exist to provide help, hope and a future to the

hungry, homeless and hopeless in our community through the power and love of Jesus Christ."

### MESSAGE FROM CROCHET ASSISTANT

As a curious 8 year old, I watched my grandma crochet and knit cute toys and beautiful afgans. I was intrigued by her handiwork and desired to learn. I wanted to be just like her. I asked her if she would teach me and she was gracious enough to do so. She had 50 grandchildren, so I felt special when I had one-on-one time with her. One of the first "big" projects I made was a bath mat which I gave to my cousin, Sherrie. The bath mat was



Debbie Cramer

less than attractive, but Sherrie treated it like it was the most gracious gift she had ever received.

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### UPCOMING EVENTS

- 1 MARCH ..... FIRST DAY OF WOMEN'S HISTORY MONTH
- 7 MARCH .....6:30 PM IFAHC OPEN EVENING
- 8 MARCH .....8 AM IFAHC EXECUTIVE MEETING
- 12 MARCH..... DAYLIGHT SAVINGS TIME STARTS
- 16 MARCH ..... IFAHC BOARD MEETING
- 17 MARCH.....ST. PATRICK'S DAY
- 21 MARCH.....6:30 PM IFAHC OPEN EVENING

Hours: Tuesday & Wednesday 10 am – 3 pm

The Idaho Falls Area Humanitarian Center is a non-profit / non-denominational organization  
PLEASE SHARE THIS NEWSLETTER WITH YOUR FRIENDS AND NEIGHBORS

# MARCH



## ASSISTANT DIRECTOR'S MESSAGE

*Continued from page 1*

To live a perfect life, a life full of accomplishments and free of regrets, we must unselfishly share our time, talents, and energy in ways that help to lift others. We need to wear out our lives in doing good, following the example of Jesus Christ. He showed the way and as we follow Him the world will be left a better place. It is true that our service is of great value to others who we do not know but the far greater value is to those we associate with at the center. Without question, our associations here among our fellow laborers are of more value than the material possessions that we possess or give to other people. And what of the service that we give to those who are closest to us, our families and loved ones? As we come to the center and associate with good people, we are strengthened in ways that allow us to better serve our loved ones. It makes us better family members and better citizens, more cheerful, more giving, more patient, more understanding, more empathetic, easier to live with. Few things in life can compare to the time we spend in service to others. Want to live a meaningful, complete, happy life, filled with purpose? Follow the example of Jesus Christ and jJust Serve!

## MESSAGE FROM CROCHET ASSISTANT

As I practiced the skill, I had several people encourage me to keep going. I have been crocheting and knitting for 50 years. I'm grateful to have found the Humanitarian Center because I love serving people, and I enjoy the friendships I've made.

## DONATIONS NEEDED

- YARN 2,3, 4 PLY
- LAUNDRY DETERGENT
- PAPER TOWELS
- HYGIENE KIT SUPPLIES

## LAST MONTH'S IMPACT

Individual center workers .....	308
First-time volunteers .....	17
Onsite service hours .....	3,516
Offsite service hour .....	2,977
Total center items produced .....	2,896

## PEARL HEALTH

Catherine McDonald is a Pearl Health Administrator and has been with Pearl Health since March of 2020. Pearl Health serves as a behavioral health clinic and has been in business since 2008.



Their purpose is to help individuals reach their full potential. They serve people in our community ages 3 and up within all income levels. Pearl Health has offices in Ammon, Idaho Falls, Pocatello, and Rexburg with 107 employees. Their counseling services have reached 9,500 patients. They also help with medication management and helping clients set goals and achieving them. Mental health needs have increased 65% since 2020. Pearl Health loves the weighted blankets. They also believe that movement helps regulate feelings. Pearl Health's mission statement is: "We're committed to unparalleled treatment that uncovers the worth we all have as human beings. It's our mission to unlock your true potential and improve your way of life."

## TEAMING UP WITH KROGER

Kroger, Inc. owns Fred Meyer and Smith's Food and Drug; they will donate a percentage of your order to IFAHC. Supporting IFAHC is as simple as updating the Community Rewards selection on your digital account. Just sign into your account at <https://www.fredmeyer.com/signin?redirectUrl=/account/communityrewards/>

Search for Idaho Falls Area Humanitarian Center.

Select us from the list and click "Enroll." Any transactions using the Shopper's Card number associated with your digital account

## WAYS TO DONATE



In person or by mail:  
1415 Northgate Mile, Idaho Falls, ID 83401  
PayPal; Venmo;  
[Idahofallsareahumanitariancenter.org](http://Idahofallsareahumanitariancenter.org)

Hours: Tuesday & Wednesday 10 am – 3 pm  
Tuesday Evenings by appointment only

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