



## Idaho Falls Area Humanitarian Center

# Monthly Newsletter

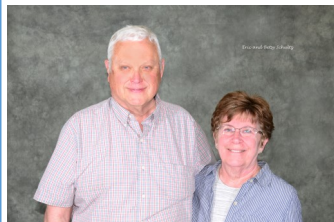


Volume X

Issue 8

August 2024

### ASSISTANT DIRECTOR'S MESSAGE



Eric and Betsy Schultz

The Idaho Falls Humanitarian Center exemplifies service because of YOU. Service is spelled: S-sacrificing your time to bless the lives of others E-Everyone is important R-Ready to give of yourself V-Very happy to make a difference in the lives of others I-Interested in the less fortunate C-Clearly thinking of others E-Eager to help Thanks for all you do to bless so many!

### VOLUNTEER SPOTLIGHT

Julie Beardall has been volunteering and sharing her talents with the Humanitarian Center since 2016. "I love being useful and serving others!" Her Relief Society President called her to the position of Humanitarian representative for her church congregation, and told her to go to the Idaho Falls Area Humanitarian Center to learn everything she could about it.

Julie has lived in many places including Beeville, Texas; Fresno, California; Memphis, Tennessee; Whidbey Island, Washington; Idaho Falls and Pocatello.



Julie Beardall

*(continued on Page 2)*

### UPCOMING EVENTS

6 AUG .....6:30 PM IFAHC YOUTH NIGHT BY RESERVATION  
8-10 AUG ..... ROARING YOUTH JAM  
8 AUG .....6:30 PM IFAHC OPEN EVENING FOR ADULTS ONLY  
14 AUG ..... 8 AM IFAHC EXECUTIVE MEETING  
15 AUG ..... 5 PM IFAHC BOARD MEETING  
18 AUG ..... NATIONAL SENIOR CITIZENS DAY  
20 AUG .....6:30 PM IFAHC YOUTH NIGHT BY RESERVATION

### GUEST SPEAKER

Virginia Montalvan from West Jefferson School District came and shared her work with us. Virginia seeks, finds, and recruits for the migrant community and labor camps. West Jefferson School District covers Terreton, Hammer, and Dubois. There are many migrant workers, mostly working in the agricultural field. She works to recruit for the migrant program which serves ages 3-21. They help provide blankets and warm clothes and assist as much as they can to make sure these people have what they need. Most of these migrant workers come from Mexico and Peru and often times they come without any supplies or resources. The IFAHC provides knitted/crocheted blankets, hygiene kits, school kits, and crocheted homeless mats to help these migrant workers and their families.



Virginia Montalvan

"Life's most persistent and urgent question is, what are you doing for others?"  
-Martin Luther King, Jr.



Hours: Tuesday & Wednesday 10 am – 3 pm

Tuesday Evenings by appointment only

Phone: 208-497-2868 Website: ifareahumanitariancenter.org

The Idaho Falls Area Humanitarian Center is a non-profit / non-denominational organization

PLEASE SHARE THIS NEWSLETTER WITH YOUR FRIENDS AND NEIGHBORS

*(Volunteer Spotlight continued)*

Julie has two boys. One lives in Idaho Falls and the other in Alabama. She also has one grandson who attends Idaho State University. Speaking of her siblings, "I had two brothers, both with retinitis pigmentosa—an eye disease that causes blindness and is passed from mother to eldest son. However, my son does not have it."

"I love working here and am always amazed that what is needed is somehow supplied. I know we are blessed from above but also many hands and various talents combine to do a great work."



## GUEST SPEAKER

July 17, 2024 we had a guest speaker Krystal Kinghorn from Kinghorn Ministries.

Krystal was influenced to start Kinghorn Ministries while she was visiting a friend at a local nursing home. She was inspired by the Lord while there to start an outreach program for the residents. As time passed, she has felt moved to expand her reach to other nursing homes where she offers prayers, praise, worship, gospel study, and testimony. She expanded again going door to door in struggling neighborhoods. Her meetings with people offer hope, provide caring, and alleviate loneliness. She prays with individuals and for them. One of her goals is to lead people to Jesus by helping them find places to worship. She also holds raffles for items the residents need, like quilts from the Humanitarian Center. She provides each resident with a gift of items they can use to make their lives more comfortable.

Krystal was led to the Humanitarian Center as a resource for the items we produce. We are happy to help Krystal serve those she ministers to.



*Krystal Kinghorn*

## GUEST SPEAKER



*Sandy Corona &  
Branden Peterson*

This month we had the opportunity to hear from Branden and Sandy from Life. Life – A Center for Independent Living aims to help persons with disabilities not only live but thrive in their chosen community. Life serves all ages, and anyone can walk in off the street. Currently in Idaho Falls, Life serves 36 in-home health clients, 5 independent clients, and 12 youth transition individuals. Life's services fall under one of three categories: Independent Living, Personal Assistant Services, or Assistive Technology.

Independent Living Centers provide five main services. The first of these services is Advocacy. Centers for Independent Living promote self-advocacy which includes learning about and protecting rights your rights as an individual with a disability. Centers for Independent Living also promote speaking up for change at local, state, and/or national levels. The next core service provided is Independent Living. Life provides skills training for those with disabilities either in group or one-on-one settings. Some of these skills are social skills, emergency preparedness, hygiene, cooking, and employment relationships. Life believes that individuals need as much information as possible to make the best decision for themselves which is why they provide information or refer clients to another agency or organization that may be better equipped to help. The fourth pillar of Independent Living Centers is peer support. Life provides group and individual social interactions as well as peer counselling. Lastly Life assists in transitions for persons with disabilities. Whether it be from a nursing facility to a home and community setting or from school to adult life.

Life's personal assistant services include personal care, chore services, compassion care, homemaking services, nursing, and respite. All these services aim to keep individuals living independently in their home. Life also offers assistive technology available for loan. Some of these technologies are IPAD's, walkers, shower chairs and more. Life receives hygiene kits, newborn kits, and quilts from the humanitarian center to support those they serve.

A SPECIAL THANK YOU  
TO ALL THOSE WHO  
HAVE DONATED TO THE  
IDAHO FALLS AREA  
HUMANITARIAN  
CENTER. WE  
APPRECIATE YOUR  
GENEROSITY!

We received an large anonymous donation of yarn.  
Thank you!



## EVENING VOLUNTEER OPPORTUNITIES

Youth Groups—1st and 3rd Tuesdays 6:30-8:30

Adults Only—2nd Thursday of each month

Reservation Required—Contact Randy 208-589-4974

## LAST MONTH'S IMPACT

Individual center workers.....	316
First-time volunteers .....	14
Onsite service hours .....	3,318
Offsite service hour.....	2,534
Total center items produced .....	2,418

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## DONATIONS NEEDED

SHAMPOO  
CONDITIONER  
SHAVE CREAM  
DEODORANT  
BLEACH  
BABY WIPES  
TOILET PAPER  
YARN 2,3, 4 PLY  
HYGIENE KIT SUPPLIES  
FEMININE HYGIENE PRODUCTS



"Volunteering is the ultimate exercise  
in democracy. You vote in elections  
once a year, but when you volunteer,  
you vote every day about the kind of  
community you want to live in."

-Author Unknown

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Idaho Falls Area Humanitarian Center



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## WAYS TO DONATE

ifareahumanitariancenter.org/donate

In person or by mail  
1415 Northgate Mile  
Idaho Falls, ID 83401



**venmo**

