



## ASSISTANT DIRECTOR'S MESSAGE



Rhea Jones

Greetings from the Quilting Department. In this month of remembering those we love, we should feel very blessed here at the Humanitarian Center because we have so many people to love. We love the people we work with and we love the people we work for. We don't know this second group of people and will most likely never meet them but we love whom we serve.

William Ralph Inge who was an English author, priest and professor said, "Nobody is bored when he is trying to make something that is beautiful . . ." Aren't we blessed to serve in the Humanitarian Center because we already know this secret. We are all making things that are beautiful. I

find it amazing that the mechanics of what we do is pretty much the same thing over and over again but I never get bored. Last year we put over 2000 quilts on frames. The process is always the same (with a few minor adjustments at times) but again, I never get bored.

*(Continued on Page 4)*



You are *Stronger*  
than you seem,  
*Braver* than you Be-  
lieve, and *Smarter*  
than you think.

-Winnie the Pooh

## UPCOMING EVENTS

- 6 FEB ..... IFAHC OPEN EVENING FOR YOUTH
- 8 FEB ..... IFAHC OPEN EVENING FOR ADULTS ONLY
- 14 FEB ..... 8 AM IFAHC EXECUTIVE MEETING
- 14 FEB ..... VALENTINE'S DAY
- 15 FEB ..... 5 PM BOARD MEETING
- 19 FEB ..... PRESIDENTS' DAY
- 20 FEB ..... IFAHC OPEN EVENING FOR YOUTH
- 29 FEB ..... PAPA MURPHY'S PIZZA FUNDRAISER

## VOLUNTEER SPOTLIGHT



In 2018, Joyce was looking for a place to volunteer her time. Her sister had been volunteering at the Idaho Falls Area Humanitarian Center, so Joyce decided to share her talents with the Center also. Joyce grew up in Rigby/Osgood and has lived in Idaho, Utah, and Pennsylvania. She attended Rick's College where she met her husband. Four months after he returned from his mission for the Church of Jesus Christ of Latter-Day Saints, they were married. "It's been the greatest 50 years together!" They have two children. "Our son joined the Marine Corp right out of high school and will finally be getting out this year. He has been serving for 31 years. Our daughter moved back when we did but went back to Utah where she works for Knight Trucking." Joyce has two granddaughters who have loved to play basketball since they were 5 years old.

*(Continued on Page 2)*



## GUEST SPEAKER



We had the pleasure of having Sylvia Belford from Answers, LLC speak to us in January. Answers is a mental wellness clinic serving Eastern Idaho. They have 8 therapists. Answers serves over 700 clients through therapy and community based

services. Their cliental includes children as young as 3 years old and those much older. Answers offers several different types of counseling, and they excel at play therapy. "Sometimes counseling is designed to help specific mental illnesses while others help individuals overcome traumatic events like childhood abuse or guide them through marital issues."

The Idaho Falls Humanitarian donates weighted blankets to Answers. Sylvia explains, "Weighted blankets help calm clients and provide a way for them to be more receptive to therapy. They also use puppets furnished by the Center to help children relate to life and aid in communication.

Answers is a huge asset to our community. Thanks for coming to speak to us Sylvia!



## LAST MONTH'S IMPACT

Individual center workers.....	408
First-time volunteers .....	41
Onsite service hours .....	4,770
Offsite service hour.....	4,714
Total center items produced .....	4,023

## (Volunteer Spotlight Continued)

Joyce worked at a floral store until she was able to get on as a teacher aide. After cutbacks in PA, she got a job as a Pre-K teacher and did that for around 30 years. Joyce also "worked for the LDS Church Office building Xerox genealogy paper for patrons then moved to inspecting film in a cave up the canyon, then moved back downtown to microfilmed geology."

Joyce shares this fun story, "I was almost born on a baseball field. My parents always took dad's other shoes in case mom went into labor. Well, the time had come and of course dad was playing ball. Mom said we need to go, and Dad said, "just one more inning." He then told the team he had finally go. They said, "what we going to do for a shortstop" (I believe he was a shortstop) Dad said, "I'm going to get you one." Well when they finally got to the hospital dad was clicking through the halls cause he forgot his shoes so down the hospital halls you would hear the click clicks through the hall Maybe this is why I enjoyed playing and watching my grandchildren play. sports."

Joyce has had the opportunity to visit many states along with Canada, Spain, the Bahamas, and England "where we got to see some of my hubby's old stomping grounds and met a family that he baptized." She loves to travel, bike riding, and kayaking. She loves winter because "I get to ride our ATV and plow people out."

Joyce loves coming to the Center each week and seeing everyone smiling and enjoying what they do. She has made many friends. She remarks, "When we are n need of an item, it just seems to show up."

We are so grateful to have Joyce as a volunteer!

## WAYS TO DONATE



In person or by mail:

1415 Northgate Mile, Idaho Falls, ID 83401

PayPal; Venmo;

[Idahofallsareahumanitariancenter.org](http://Idahofallsareahumanitariancenter.org)

Hours: Tuesday & Wednesday 10 am – 3 pm

Tuesday Evenings by appointment only

*The Idaho Falls Area Humanitarian Center is a non-profit / non-denominational organization*

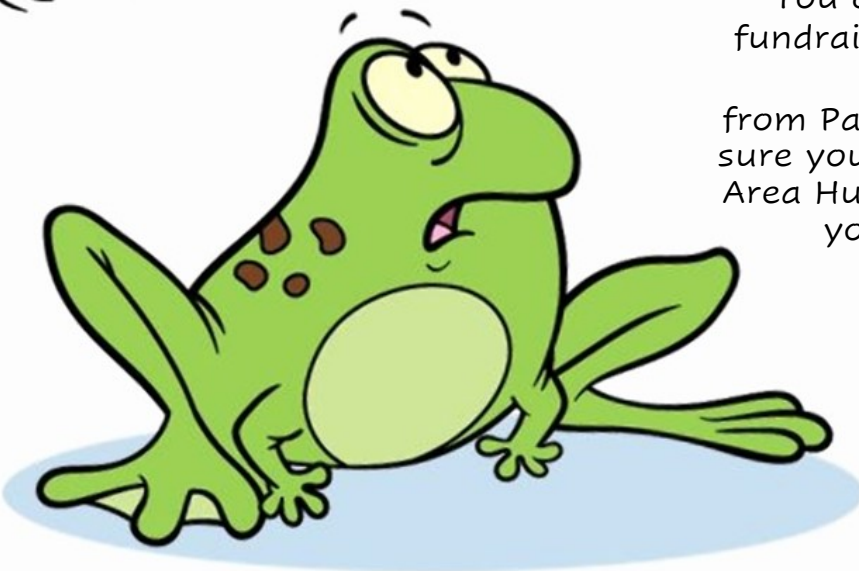


LEAP INTO LEAP DAY  
WITH A LIL PIZZA PARTY!



Please support us in our  
**Papa Murphy's Pizza** fundraiser.  
You can participate in this  
fundraiser by ordering pizza on  
**February 29<sup>th</sup>**

from Papa Murphy's Pizza. Make  
sure you mention The Idaho Falls  
Area Humanitarian Center when  
you place your order.



Hours: Tuesday & Wednesday 10 am – 3 pm

Phone: 208-497-2868 Website: [ifareahumanitariancenter.org](http://ifareahumanitariancenter.org)

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PLEASE SHARE THIS NEWSLETTER WITH YOUR FRIENDS AND NEIGHBORS





One of our service missionaries, Elder Barfuss, learned how to knit. He started knitting scarves. Recently he knitted this beautiful sweater and booties. Thank you for sharing your talents with us Elder Barfuss!

## EVENING VOLUNTEER

Youth Groups—1st and 3rd Tuesdays 6:30-8:30

Adults Only—2nd Thursday of each month

Reservation Required—Contact Randy 208-589-4974



*(Assistant Director Message Continued)*

Part of that, of course, is because each quilt is different and as we put them on, we get to admire the skill that went into sewing them together. However, the true beauty of what we do here is that we're able to share these hours with dear friends who truly care about us and we're able to share with those who truly need the products we produce.

Martin Luther King said, "Everybody can be great because everybody can serve." I appreciate the opportunity to be here with all of you great people who share your time, your talents, your love and your friendship with me and with everyone who comes here to serve.



The Community Food Basket donated 5200 pounds of rice to the Center. This will allow us continue to produce weighted blankets. Thank you!

*Pictured Richard Hancock with 5200 lbs of rice.*



**Thank you for your generous donations!**  
**We love and appreciate you!**

### DONATIONS NEEDED

ALL PURPOSE CLEANER

LIQUID HAND SOAP

FEMININE HYGIENE PRODUCTS

DEODORANT

DISH SOAP

BABY WIPES

YARN 3 AND 4 PLY

HYGIENE KIT SUPPLIES

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