

# Idaho Falls Area Humanitarian Center

# **Monthly Newsletter**



Volume X Issue 7 July 2024

#### ASSISTANT DIRECTOR'S MESSAGE



I was introduced to the Humanitarian Center in 2012. A lady in our church started telling me about a place you could go and do volunteer work. She told me they had an area that made folder games and they need people to do coloring. Well I love to color! Plus I was my mother's care taker at the time, and she loved to color too. I decided it would be a fun thing for us to do together. So we did come once a week for about a year.

Fast forward to March of 2023. I saw on Facebook the Humanitarian Center was looking for someone to be the Folder Game Supervisor. I thought "Oh that would be fun" and then proceeded to try and put it our of my mind, but I couldn't. I just kept thinking about it. At one point I thought for sure they had filled it by now so I didn't call. Then in April I saw the newsletter again. They still needed someone so I called and started training as a Folder Game Supervisor the next week, and I have been here just over a year. (continued on page 2)

# **VOLUNTEER SPOTLIGHT**

In November 2022, Katrina Merrill started volunteering at the Idaho Falls Area Humanitarian Center. "I wanted to help out people that are in need." Katrina was born and raised in Idaho Falls. "I have two wonderful parents that are doing



crochet project

their best to raise me and my older brother. I'm doing my best to get along with my brother."

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### **UPCOMING EVENTS**

| 1-15 JULY            | IFAHC CLOSED FOR CLEANING   |
|----------------------|-----------------------------|
| 1 JULY               | INTERNATIONAL JOKE DAY      |
| 4 JULY               | INDEPENDENCE DAY            |
| 7 JULY               | WORLD CHOCOLATE DAY         |
| 16 JULY6:30 PM IFAHC | YOUTH NIGHT BY RESERVATION  |
| 18 JULY              | 5 PM IFAHC BOARD MEETING    |
| 24 JULY              | PIONEER DAY                 |
| 30 JULYIN            | NTERNATIONAL FRIENDSHIP DAY |

# **GUEST SPEAKER**

We had the opportunity to have Janell Faulkner from Nest Pregnancy Care Center come speak with us. Nest Pregnancy Care Center is a non-profit organization that helps women with



Janell Faulkner

unplanned pregnancies. They do not sway women on what to do with their baby. Nest will also provide resources to aid expectant mothers so they can feel like they can choose life. They help educate the women about options through 300+ classes that are offered at Nest.

While a woman is with Nest, she will often hear the words "We love you" and "You are not alone" to help her know that she will be supported with whatever option she takes. The volunteers at Nest also try to help the woman figure out what the biggest roadblock is about keeping or not keeping the child.

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(Assistant Director's Message Continued)

I absolutely love volunteering here. The people are so kind and amazing to work with. I'm no longer bored and depressed at home. I have somewhere I belong and new friends to be around. I hope to be here many more years.

(Guest Speaker continued)

They try to understand what the woman's situation and perspective is and will then help educate them. For those who take classes, there is a boutique in the basement of Nest that earn points which can be used towards whatever they need for their baby or themselves.

Nest uses an ultra sound machine that takes \$30,000 to run per year. They have found that 80% of women who see the baby on screen will choose life.

(Volunteer Spotlight Continued)

Katrina took a trip to Escondido, California and visited Catalina Island along the way. She also traveled to Florida where she saw manatees and went Universal Studios.

Katrina enjoys meeting new people and hearing their stories as she works at the Humanitarian Center. She likes to learn new things like crochet, arts, crafts, and puzzles.

"I hope you all have a wonderful trip along the way and get to know new people."

We feel blessed to serve along side Katrina.

What do we want?

Low-flying airplane noises!

When do we want them?

Nnnnneeeeeeeeeeeoooooooow!

# LAST MONTH'S IMPACT

| Individual center workers | 371   |
|---------------------------|-------|
| First-time volunteers     | 23    |
| Onsite service hours      | 4,262 |
| Offsite service hour      | 2 995 |

# **FOLLOW US**



Idaho Falls Area Humanitarian Center



ifareahumanitariancenter











# A SPECIAL THANK YOU TO ALL THOSE WHO HAVE DONATED TO THE IDAHO FALLS AREA HUMANITARIAN CENTER. WE APPRECIATE YOUR GENEROSITY!



The Lutheran Church donated toothpaste, toothbrushes, shampoo, and towels.

Thank you!

"It's not how much we give, but how much love we put into giving."

-Mother Teresa



We love our anonymous donors!

# **DONATIONS NEEDED**

**SHAMPOO** 

**CONDITIONER** 

**SHAVE CREAM** 

**DEODORANT** 

**BLEACH** 

FEMININE HYGIENE PRODUCTS

HYGIENE KIT SUPPLIES

# **EVENING VOLUNTEER OPPORTUNITIES**

Youth Groups—1st and 3rd Tuesdays 6:30-8:30

Adults Only—2nd Thursday of each month

Reservation Required—Contact Randy 208-589-4974

# **WAYS TO DONATE**

ifareahumanitariancenter.org/donate

In person or by mail 1415 Northgate Mile Idaho Falls, ID 83401



