

Idaho Falls Area Humanitarian Center

Monthly Newsletter



Volume XI Issue 9 September 2025

ASSISTANT DIRECTOR'S MESSAGE VICKI DUFFIN



A volunteer is someone who freely gives their time, skills, and energy to a cause or organization without expecting payment. Volunteering is a selfless act driven by a desire to contribute to something larger then oneself.

I want to take this opportunity to commend each volunteer! The Center would not exist if it was not for the selfless giving of each person who signs in every day. Take a moment to reflect on the benefits of volunteering:

- Make a positive difference in people's lives
- Improve self-esteem, confidence and wellbeing
- Improve both mental and physical health
- Promote social networks
- Experience a sense of purpose
- Learn new skills, enhance existing ones
- Use existing skills and knowledge to benefit the local community
- Meet new people from a range of backgrounds
- Feel valued and part of a team
- Contribute to our community and make a positive impact on the lives of others.

Please know you are needed and appreciated!

UPCOMING EVENTS

1 SEPTLABOR DAY
2 SEPT6:30 PM IFAHC YOUTH NIGHT BY RESERVATION
6 SEPTSUMMER PICNIC
9 SEPTGRANDPARENTS DAY
10 SEPT 8 AM IFAHC EXECUTIVE MEETING
11 SEPT6:30 PM IFAHC OPEN EVENING FOR ADULTS ONLY
16 SEPT6:30 PM IFAHC YOUTH NIGHT BY RESERVATION
18 SEPT 5 PM IFAHC BOARD MEETING

EVENING VOLUNTEER OPPORTUNITIES

Youth Groups—1st and 3rd Tuesdays 6:30-8:30

Adults Only—2nd Thursday of each month

Reservation Required—Contact Randy 208-589-4974

VOLUNTEER SPOTLIGHT



Layne Luke has been has been at the Humanitarian Center since March 20,2019. Layne and his wife were on a service mission and after finishing that they wanted to continue to serve and came to the Humanitarian Center. He was born is Sugar City, Idaho, but

has also lived in Rexburg, Idaho, Southeast Mexico, Logan and Provo, Utah which was for school. Layne grew up on a farm. Has worked in construction, as a back-hoe operator, Army Reserve Cook, and a Teacher for 37 years.

He and his wife have 5 children, 2 boys and 3 girls, 34 grandchildren, 4 great grandchildren. Their 3 daughters all had twins. 2 daughters had boys, and I daughter had identical girls.

He has done a little bit of travel including Disneyland (age 69), Glacier N.P., 2 cruises (2019 & 2023), Washington, California, Canada Northeast, Texas, Indiana to see family.

He had polio as a child but still was able to play football, baseball, wrestling, and played in the pep band. He also coached golf, track, football, and basketball. He was the activities director for 13 years. He has had 20 operations, mostly since age 55.

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LAST MONTH'S IMPACT

Individual center workers	301
First-time volunteers	11
Onsite service hours	4,295
Offsite service hour	7,469
Total center items produced	2.659

GUEST SPEAKER



On August 12, 2025, David Spencer from the LUKE & SPENCER BE-HAVIORAL HEALTH CENTER, attended prayer meeting to share details about their organization and how the IFAHC helps them reach their goals. They began 1 ½ years

ago and operate on Jennie Lee Drive in Idaho Falls, with 11counselors and 11 workers out in the community. They offer aid to individuals, couples and teenagers with substance abuse issues. They handle case management and link clients to services available through CBRS, or Community Based Rehabilitation Services. They offer peer support from those who have had struggles, but who now offer support and help. No medications are distributed, only references to those with more serious help available. Luke and Spencer indicated there were openings available for those who are struggling now, and services can be paid for by insurance, Medicaid, or Medicare. They expressed appreciation for blankets, various kits and school supplies provided by the IFAHC.



WAYS TO DONATE

ifareahumanitariancenter.org/donate

In person or by mail 1415 Northgate Mile Idaho Falls, ID 83401





VOLUNTEER SPOTLIGHT CONTINUED

A story that he likes about the center is that a man came in, looked like a biker, but clean and neat. He looked around and asked a little bit about the center. Took out his wallet and put a \$20 in the jar and left.

He has driven busses on and off for 50 years. The "Center" has given purpose to his "old age." It's a feel good place as his grandchildren says. Him and his wife love the people here.

FOR YOUR INFORMATION

Terry Wells from Driggs Idaho closed her shop a while ago. She called and asked if we could use the fabric from her shop. We said "you bet". She donated 30 bolts and 2 tubs of smaller, useable pieces. We are doing the happy thank you Dance!

GUEST SPEAKER

On August 19, a representative from BHC, Region 7
Behavioral Health and Crisis Center visited prayer meeting to explain the services they offer. The region 7 center is the largest center in Idaho, as shown by the quarterly number of those who are served. Many are referred here from other regions.

They offer assistance with substance abuse, Fentanyl being the primary cause in Idaho Falls. When abusers struggle with opioid addiction, they sometimes turn to Fentanyl which is even more addictive and can be deadly. BHC offers 20 beds, with usually six a day filled as a result of drug abuse. Their goal is to keep the users out of the hospital and out of jail. The State of Idaho pays for these services. Another focus of BHC is suicide prevention. Patients are free to leave if they would like, but welfare checks are provided, as well as a federal government hotline.



DONATIONS NEEDED

ALL PURPOSE CLEANER
SHAVE CREAM
DEODORANT
BLEACH
BABY WIPES
TOILET PAPER
YARN 4 PLY ALSO COTTON
HYGIENE KIT SUPPLIES
12 INCH RULERS

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