



Idaho Falls Area Humanitarian Center

February 2020 Newsletter

Message from Vicki Duffin

Roses are red,
violets are blue.

We love serving others,
it's what we do!



The month of February is full of expressions of love. The mission statement of the Humanitarian Center is a year-round expression of love. It states:

As disciples of Christ we should give of ourselves- our time, talents and resources - to care for those in need, wherever they may be. Providing for the poor and needy in the Lord's way means that the giver helps those who are less fortunate, by giving according to what each has received from God. Each gives freely and with a true spirit of love, recognizing that God is the source of all blessings and that a true disciple is responsible to use those blessings to meet these goals:

- Prolong life
- Reduce suffering
- Foster self-reliance
- Prepare for individual, family and community emergencies
- Sustain life, not a lifestyle
- Promote personal responsibility
- Provide an opportunity for individuals to serve their fellowmen.

Need for Diapers- size 4, 5, & 6

The Community Room offers disposable diapers in answer to community needs. People are generous and usually choose to purchase the newborn and smaller sizes.



The Community Room also needs sizes 4, 5, and 6. People may choose not to purchase these sizes because there are only half the number the newborn packs provide, but toddlers still need diapers when they get larger. Share this need with friends and neighbors when they ask about what the Center needs.

Colorless, Odorless, Tasteless CO!

Carbon monoxide cannot be tasted, smelled, is not visible and can be created by everyday appliances like furnaces, generators, tools, water heaters and engines. If carbon



Kevin Anderson,
Eagle Scout
Donating CO
detectors

monoxide (CO) is inhaled, it can cause headache, nausea, and fatigue. If it is inhaled in high concentrations or over a prolonged time the brain is deprived of oxygen. This can be fatal to vital organs.

Kevin Anderson spoke during one of our opening meetings to share what he is doing for his Eagle project. His goal is to provide CO detectors to several homes at no cost. Since CO is nearly impossible to identify without a CO detector it is important that every home have one. Kevin also shared that when a detector is ten years or older it may not function correctly or quit and that larger homes may need more than one detector. Don't risk it! Get a detector and make sure it is plugged in/installed properly!

Hours we're open

10 am – 3 pm, Tues. & Wed.; 1st & 3rd Tuesdays from 6:30 pm – 8:30 pm; 1st Thursday of the month for adults only 6:30 pm – 8:30 pm
Call Shane Ackerschott 208-206-2834 to schedule evenings.

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Two Products Made at the Center

Rice bags are donated to cancer and dialysis centers.

The heated rice bag can warm the area where blood must be drawn, making it easier for blood vessels to be more visible to the person drawing blood.



Lap blanket kits include a soft fleece blanket, a puppet or burrito baby, a fleece ball, wooden cars, and two file folder games. They are loved at the Head-Start pre-school by

many children.

Highlight - Doug Jansen

Talk about coming to the Center when needed! Doug is an accountant who asked his friend at church where a good place to volunteer would be. The two of them looked at the skills which were needed at the Center and ACCOUNTANT was on the list!



How did Doug end up in Idaho when he was born in Frankfurt, Germany? His father was stationed in Germany at the end of the Korean War, but when it ended, Doug's parents moved the family to New York and then to Michigan. Doug attended Michigan Tech where he met his brilliant wife, Lois. They were married between his junior and senior years. His wife, Lois, got a job as an engineer in Tennessee and he easily found an accounting job. Along came their first son, Jacob. Later they welcomed another son, Nathan, into their family while living in

Louisiana. Their oldest son, Jacob, attended Ricks College, which changed to BYU-Idaho allowing Jacob to finish his degree in Idaho. Jacob and his wife decided to stay in the Idaho Falls area which meant that Doug's grandchildren were in Idaho. Visiting grandkids made for great vacations but having an entire continent between grandkids and grandparents was not their idea of fun! In 2011 Doug and Lois moved to Idaho Falls to be closer to the grandkids.

Doug has always been one to volunteer, to give back to his community. When his family lived in Florida, he volunteered at the Jacksonville Bishop's Storehouse. Upon moving to Idaho Falls he volunteered at Temple View Elementary. Kids in second grade have loved working with Doug on reading and math skills for the last 11 years! Doug has also been volunteering at the Center as an accountant and supervising the quality assembly of the hygiene kits for about seven years.

Cold and Flu Season Precautions

As you know, so many "bugs" are ready and waiting to take advantage of our health and the health of those around us. Combat illness at the Center by using the bottle of hand sanitizer and the disinfectant wipes around your workspace.



Quote for the Month



"At the end of life, we will not be judged by how many diplomas we have received, how much money we have made, how many great things we have done. We will be judged by "I was hungry, and you gave me something to eat, I was naked, and you clothed me. I was homeless, and you took me in."

— Mother Teresa

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