

Winter 2026 Training Schedule

Sunday

8:00-9:00am RNA Functional Sand Training
(College of Marin)

9:30-11:30am Intermediate + Advanced
(College of Marin)

Monday (beginning 1/12)

3:45-5:30pm Intermediate Group - Marin
(College of Marin)

3:45-5:30pm Intermediate Group - Sonoma
(Maxwell Park Sandlot)



Wednesday

3:45-5:30pm Advanced - Sonoma
(Maxwell Park Sandlot)

Thursday

3:45-5:30pm – Advanced - Marin
(College of Marin)

Saturday

9:30-11:30am – Intermediate + Advanced
(College of Marin)