

# Winter 2026 Training Schedule

## **Sunday**

8:00–9:00am RNA Functional Sand Training  
(College of Marin)

9:30–11:30am Intermediate + Advanced  
(College of Marin)

## **Monday (beginning 1/12)**

3:45–5:30pm Intermediate Group - Marin  
(College of Marin)

3:45–5:30pm Intermediate Group - Sonoma  
(Maxwell Park Sandlot)

## **Wednesday**

3:45–5:30pm Advanced - Sonoma  
(Maxwell Park Sandlot)

## **Thursday**

3:45–5:30pm – Advanced - Marin  
(College of Marin)

## **Saturday**

9:30–11:30am – Intermediate + Advanced  
(College of Marin)

