

# Winter 2026 Training Schedule

## **Sunday**

7:30–9:00am RNA Functional Sand Training at Fort Funston

9:30–11:30am Intermediate + Advanced  
(College of Marin)

## **Monday**

4:00–6:00pm Intermediate Group - Marin  
(College of Marin)

4:00–6:00pm Intermediate Group - Sonoma  
(Maxwell Park Sandlot)

## **Wednesday**

4:00–6:00pm Advanced - Sonoma  
(Maxwell Park Sandlot)

## **Thursday**

4:00–6:00pm – Advanced - Marin  
(College of Marin)

## **Saturday**

9:30–11:30am – Intermediate + Advanced  
(College of Marin)

