

Winter 2026 Training Schedule

Sunday

8:00–9:00am RNA Functional Sand Training
(College of Marin)

9:30–11:30am Intermediate + Advanced
(College of Marin)

Monday

3:45–5:30pm Intermediate Group - Marin
(College of Marin)

3:45–5:30pm Intermediate Group - Sonoma
(Maxwell Park Sandlot)

Wednesday

3:45–5:30pm Advanced - Sonoma
(Maxwell Park Sandlot)

Thursday

3:45–5:30pm – Advanced - Marin
(College of Marin)

Saturday

9:30–11:30am – Intermediate + Advanced
(College of Marin)

