

Cadence Quilt

Featuring *Hindsight* by Anna Maria

Enjoy the rhythmical flow of color and pattern in Cadence, featuring *Hindsight* by Anna Maria .

Collection:	Hindsight by Anna Maria
Technique:	Templates, Piecing, Appliqué
Skill Level:	Advanced Beginner
Finished Size:	Finished Size: 68" (1.72m) square
	Finished Block Size: 16" (40.64cm) square

All possible care has been taken to assure the accuracy of this pattern. We are not responsible for printing errors or the manner in which individual work varies. Please read the instructions carefully before starting this project. If kitting it is recommended a sample is made to confirm accuracy.

Project designed by Anna Maria
Tech edited by Alison M. Schmidt

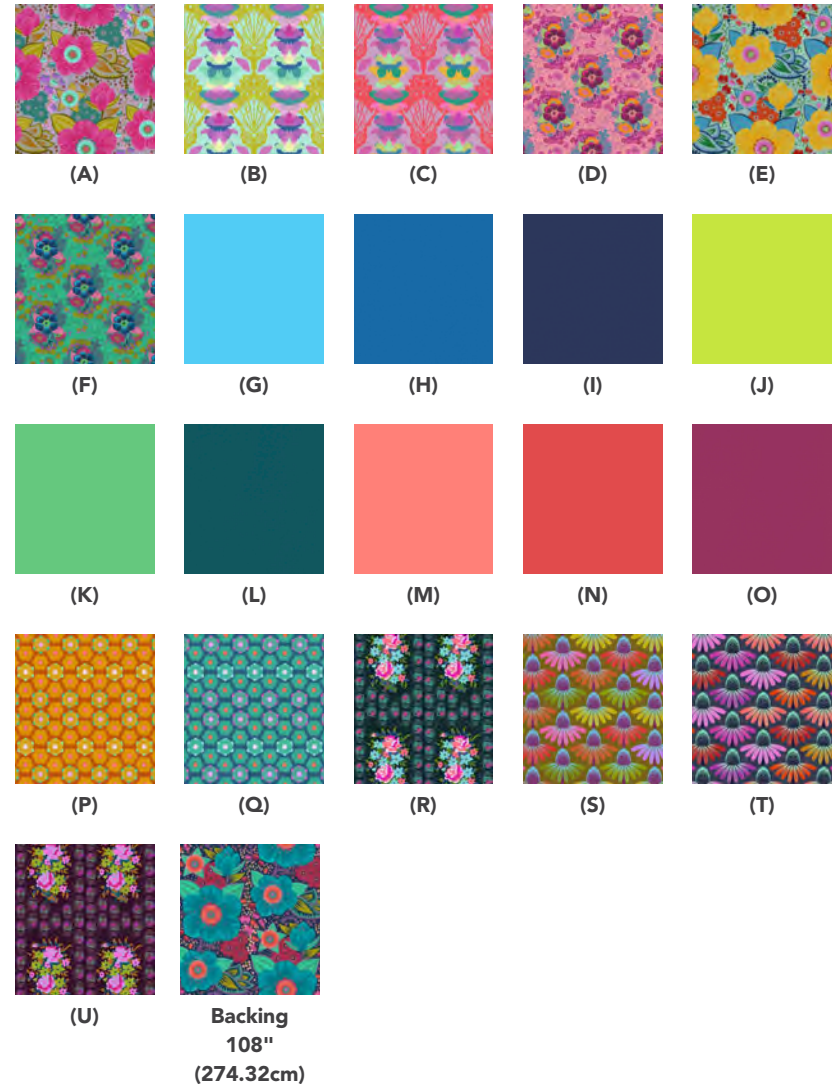
Fabric Requirements

DESIGN	COLOR	ARTICLE CODE	YARDAGE
(A) Honorable Mention	Fuchsia	PWAH144.FUCHSIA	3 $\frac{7}{8}$ yards (3.54m)
(B) Ghost Nouveau	Sky	PWAH142.SKY	1 $\frac{5}{8}$ yards (1.49m)
(C) Ghost Nouveau	Lilac	PWAH142.LILAC	1 $\frac{5}{8}$ yards (1.49m)
(D) Piecework	Rose	PWAH145.ROSE	1 $\frac{1}{4}$ yards (1.14m)
(E) Honorable Mention	Gold	PWAH144.GOLD	2 $\frac{5}{8}$ yards (2.40m)
(F) Piecework	Sea	PWAH145.SEA	Fat Quarter (18" x 21")
(G) Designer Essential Solids	Cerulean	CSFSESS.CERUL	$\frac{1}{4}$ yard (0.23m)
(H) Designer Essential Solids	Velvet	CSFSESS.VELVE	$\frac{1}{4}$ yard (0.23m)
(I) Designer Essential Solids	Freedom Blue	CSFSESS.FREEBL	$\frac{3}{8}$ yard (0.34m)
(J) Designer Essential Solids	Limeade	CSFSESS.LIMEA	$\frac{3}{8}$ yard (0.34m)
(K) Designer Essential Solids	Cricket	CSFSESS.CRICK	$\frac{1}{2}$ yard (0.46m)
(L) Designer Essential Solids	Serpentine	CSFSESS.SERPE	$\frac{2}{3}$ yard (0.61m)
(M) Designer Essential Solids	Hibiscus	CSFSESS.HIBIS	$\frac{1}{4}$ yard (0.23m)
(N) Designer Essential Solids	Cajun	CSFSESS.CAJUN	$\frac{3}{8}$ yard (0.34m)
(O) Designer Essential Solids	Pomegranite	CSFSESS.POMEG	$\frac{1}{2}$ yard (0.46m)
(P) Honeycomb	Sunset	PWAH143.SUNSET	Fat Eighth (9" x 21")
(Q) Honeycomb	Denim	PWAH143.DENIM	$\frac{1}{4}$ yard (0.23m)
(R) Stitched Bouquet	Dim	PWAH147.DIM	1 $\frac{1}{8}$ yards (1.03m)
(S) Echinacea Glow	Autumn	PWAH149.AUTUMN	$\frac{7}{8}$ yard (0.80m)
(T) Echinacea Glow	Glow	PWAH149.GLOW	Fat Quarter (18" x 21")
(U) Stitched Bouquet	Eggplant	PWAH147.EGGPLANT*	1 yard (0.91m)

* includes binding

Backing (Purchased Separately)

44" (111.76cm) wide			4 $\frac{3}{8}$ yards (4.00m)
OR			
108" (274.32cm) wide			
Honorable Mention	Turquoise	QBAH002.TURQUOISE	2 $\frac{1}{4}$ yards (2.06m)



Additional Recommendations

- 76" (193.04cm) batting
- Anna Maria 100% cotton 50wt. Aurifil Thread
- 12" x 18" (30.48cm x 45.72cm) heat-resistant template plastic*
- 2 yards (1.83m) 17" (43.18cm) wide paper-backed fusible web (optional)
- 1¾ yards (1.6m) 18" (45.72cm) wide freezer paper (optional)
- Starch or starch substitute (optional)

*or regular template plastic and small scraps of cardstock and aluminum foil

Cutting

WOF = Width of Fabric

Cutting diagrams have been provided for fussy cut fabric pieces for the quilt. *These diagrams are only to be used as a guide.* Bought yardages are cut straight from the bolt and the beginning and ending points of the repeat will differ from the diagrams. There has been extra yardage allowed in the fabric requirements to ensure that all of the fussy cut pieces can be cut no matter where the print repeat begins.

Appliqué cutting and sewing instructions for hand or machine appliqué are provided on page 12.

Fabric A, fussy cut:

(4) 16½" (41.91cm) squares, centered over the large flower motif
Set aside remaining fabric for appliqué.

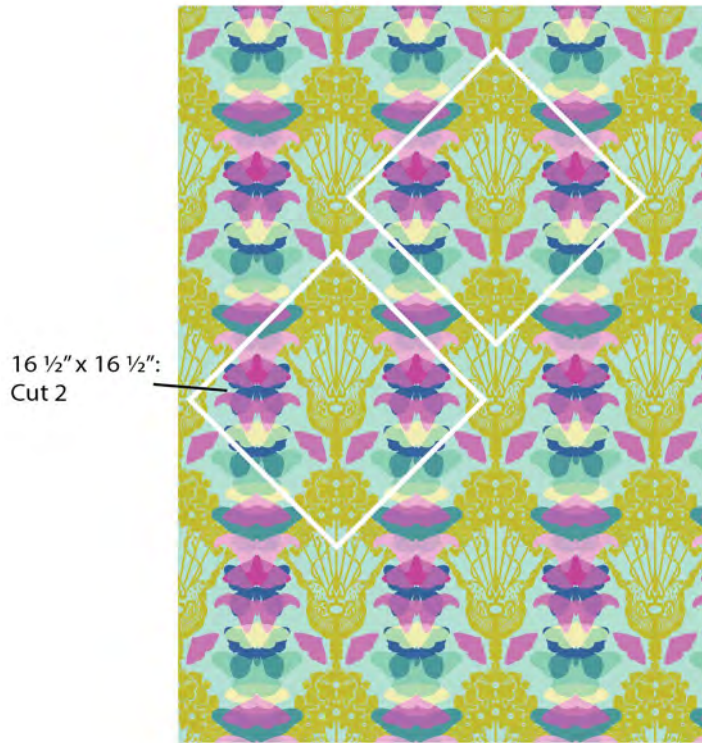
Fabric A Cutting Diagram



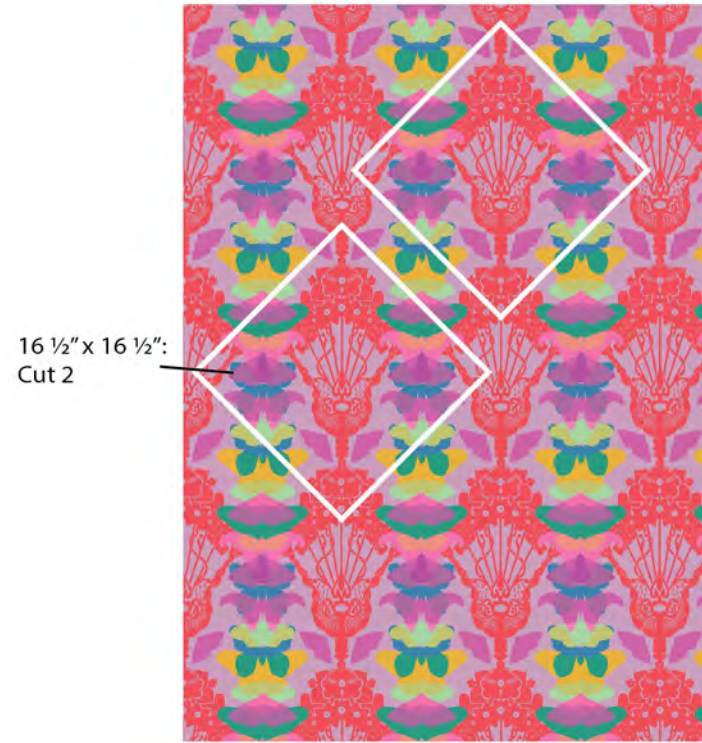
Fabrics B and C, fussy cut from each:

(2) 16½" (41.91cm) squares, on point, over the floral motif

Fabric B Cutting Diagram



Fabric C Cutting Diagram

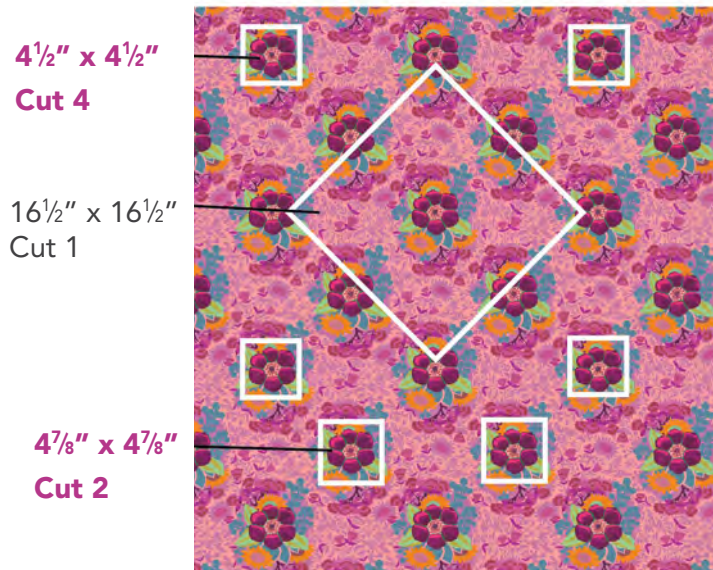


Fabric D, fussy cut:

- (1) 16½" (41.91cm) square, on point, centered over the flower motif
- (4) 4½" (11.43cm) squares, centered over the flower motif
- (2) 4⅞" (12.38cm) squares, centered over the flower motif, cut once diagonally for (4) setting triangles

Note: Double check the sizes. 4 should be cut to 4½" square. 2 should be cut to 4⅞" square.

Fabric D Cutting Diagram



Fabric E Cutting Diagram



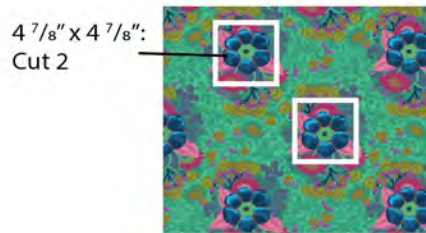
Fabric E, fussy cut:

- (2) 12¼" (31.12cm) squares, centered over the large flower motif, cut once diagonally for (4) corner triangles
- Set aside remaining fabric for appliqué.

Fabric F, fussy cut:

(2) 4⁷/₈" (12.38cm) squares, centered over the flower motif, cut once diagonally for (4) setting triangles

Fabric F Cutting Diagram



Fabric G, cut:

(2) 2¹/₂" x WOF (6.35cm x WOF); sub-cut (4) 2¹/₂" x 8¹/₂" (6.35cm x 21.59cm) and (4) 2¹/₂" x 6¹/₂" (6.35cm x 16.51cm) rectangles

Fabric H, cut:

(3) 2¹/₂" x WOF (6.35cm x WOF); sub-cut (4) 2¹/₂" x 12¹/₂" (6.35cm x 31.75cm) and (4) 2¹/₂" x 10¹/₂" (6.35cm x 26.67cm) rectangles

Fabric I, cut:

(4) 2¹/₂" x WOF (6.35cm x WOF); sub-cut (4) 2¹/₂" x 16¹/₂" (6.35cm x 41.91cm) and (4) 2¹/₂" x 14¹/₂" (6.35cm x 36.83cm) rectangles

Fabric J, cut:

(4) 2¹/₂" x WOF (6.35cm x WOF); sub-cut (4) 2¹/₂" x 9¹/₄" (6.35cm x 23.50cm), (4) 2¹/₂" x 7¹/₄" (6.35cm x 18.42cm), (4) 2¹/₂" x 6¹/₂" (6.35cm x 16.51cm) and (4) 2¹/₂" x 4¹/₂" (6.35cm x 11.43cm) rectangles

Fabric K, cut:

(6) 2¹/₂" x WOF (6.35cm x WOF); sub-cut (4) 2¹/₂" x 13¹/₄" (6.35cm x 33.66cm), (4) 2¹/₂" x 11¹/₄" (6.35cm x 28.58cm), (4) 2¹/₂" x 10¹/₂" (6.35cm x 26.67cm) and (4) 2¹/₂" x 8¹/₂" (6.35cm x 31.75cm) rectangles

Fabric L, cut:

(7) 2¹/₂" x WOF (6.35cm x WOF); sub-cut (4) 2¹/₂" x 17¹/₄" (6.35cm x 43.82cm), (4) 2¹/₂" x 15¹/₄" (6.35cm x 38.74cm), (4) 2¹/₂" x 14¹/₂" (6.35cm x 36.83cm) and (4) 2¹/₂" x 12¹/₂" (6.35cm x 31.75cm) rectangles

Fabric M, cut:

(2) 2¹/₂" x WOF (6.35cm x WOF); sub-cut (4) 2¹/₂" x 9¹/₄" (6.35cm x 23.50cm) and (4) 2¹/₂" x 7¹/₄" (6.35cm x 18.42cm) rectangles

Fabric N, cut:

(3) 2¹/₂" x WOF (6.35cm x WOF); sub-cut (4) 2¹/₂" x 13¹/₄" (6.35cm x 33.66cm) and (4) 2¹/₂" x 11¹/₄" (6.35cm x 28.58cm) rectangles
Set aside remaining fabric for appliqué.

Fabric O, cut:

(4) 2¹/₂" x WOF (6.35cm x WOF); sub-cut (4) 2¹/₂" x 17¹/₄" (6.35cm x 43.82cm) and (4) 2¹/₂" x 15¹/₄" (6.35cm x 38.74cm) rectangles
Set aside remaining fabric for appliqué.

Fabrics P, Q, R, S and T:

Set aside for appliqué.

Fabric U, cut:

(8) 2¹/₂" x WOF (6.35cm x WOF) for binding
Set aside remaining fabric for appliqué.

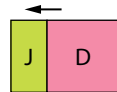
Instructions

All seam allowances are $\frac{1}{4}$ " (.64cm) and pieces are sewn right sides together. Press after each seam in the direction of the arrows.

Log Cabin Blocks

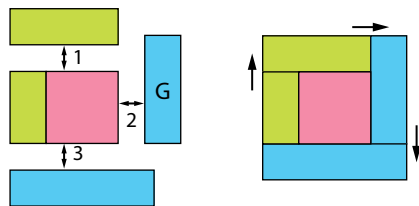
1. Sew a $2\frac{1}{2}$ " x $4\frac{1}{2}$ " (6.35cm x 11.43cm) **Fabric J** rectangle to the left side of a $4\frac{1}{2}$ " (11.43cm) **Fabric D** square. Press the seam allowance away from the square. (**Fig. 1**)

Fig. 1



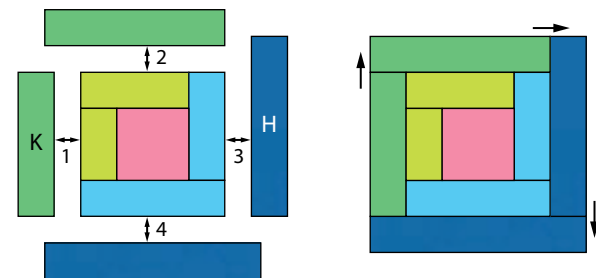
2. Working in a clockwise direction, sew a $2\frac{1}{2}$ " x $6\frac{1}{2}$ " (6.35cm x 16.51cm) **Fabric J** rectangle to the top, a $2\frac{1}{2}$ " x $6\frac{1}{2}$ " (6.35cm x 16.51cm) **Fabric G** rectangle to the right and a $2\frac{1}{2}$ " x $8\frac{1}{2}$ " (6.35cm x 21.59cm) **Fabric G** rectangle to the bottom, to complete the first round of the block ($8\frac{1}{2}$ " (21.59cm) square). (**Fig. 2**)

Fig. 2



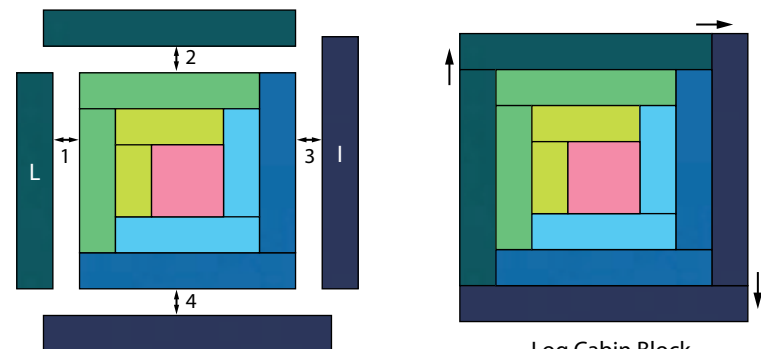
3. Continuing in a clock wise direction, sew a $2\frac{1}{2}$ " x $8\frac{1}{2}$ " (6.35cm x 21.59cm) **Fabric K** rectangle to the left, a $2\frac{1}{2}$ " x $10\frac{1}{2}$ " (6.35cm x 26.67cm) **Fabric K** rectangle to the top, a $2\frac{1}{2}$ " x $10\frac{1}{2}$ " (6.35cm x 26.67cm) **Fabric H** rectangle to the right and a $2\frac{1}{2}$ " x $12\frac{1}{2}$ " (6.35cm x 31.75cm) **Fabric H** rectangle to the bottom, to complete the second round ($12\frac{1}{2}$ " (31.75cm) square). (**Fig. 3**)

Fig. 3



4. Repeat the process in Step 3 to add a $2\frac{1}{2}$ " x $12\frac{1}{2}$ " (6.35cm x 31.75cm) **Fabric L** rectangle to the left, a $2\frac{1}{2}$ " x $14\frac{1}{2}$ " (6.35cm x 36.83cm) **Fabric L** rectangle to the top, a $2\frac{1}{2}$ " x $14\frac{1}{2}$ " (6.35cm x 36.83cm) **Fabric I** rectangle to the right and a $2\frac{1}{2}$ " x $16\frac{1}{2}$ " (6.35cm x 41.91cm) **Fabric I** rectangle to the bottom, to complete a Log Cabin Block ($16\frac{1}{2}$ " (41.91cm) square). (**Fig. 4**)

Fig. 4

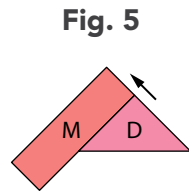


Log Cabin Block
Make 4

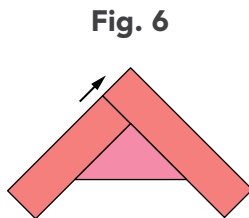
5. Repeat Steps 1 - 4 to make a total of (4) Log Cabin Blocks.

Log Cabin Setting Triangles

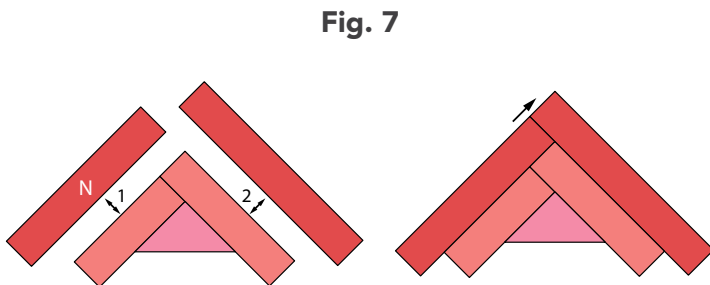
6. Sew a $2\frac{1}{2}$ " x $7\frac{1}{4}$ " (6.35cm x 18.42cm) **Fabric M** rectangle to the left side of a **Fabric D** setting triangle. Press the seam allowance away from the triangle. (Fig. 5)



7. Sew a $2\frac{1}{2}$ " x $9\frac{1}{4}$ " (6.35cm x 23.50cm) **Fabric M** rectangle to the right side to complete the first round. (Fig. 6)



8. Repeat Steps 6 and 7 to add a $2\frac{1}{2}$ " x $11\frac{1}{4}$ " (6.35cm x 28.58cm) **Fabric N** rectangle to the left side and a $2\frac{1}{2}$ " x $13\frac{1}{4}$ " (6.35cm x 33.66cm) **Fabric N** rectangle to the right side to complete the second round. (Fig. 7)



9. Repeat Steps 6 and 7 to add a $2\frac{1}{2}$ " x $15\frac{1}{4}$ " (6.35cm x 38.74cm) **Fabric O** rectangle to the left side and a $2\frac{1}{2}$ " x $17\frac{1}{4}$ " (6.35cm x 43.82cm) **Fabric O** rectangle to the right side to complete the third round. (Fig. 8)

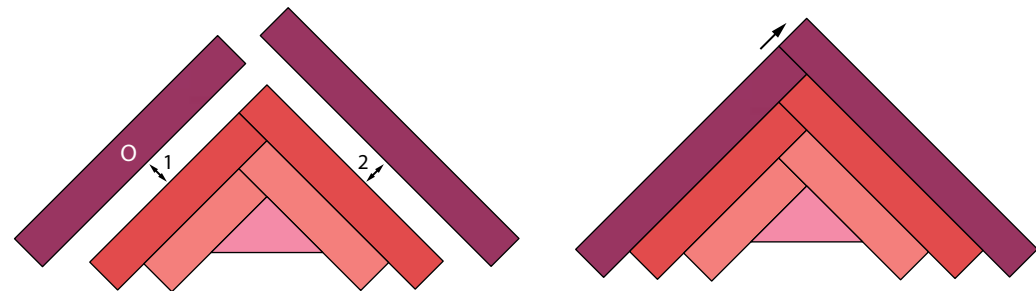


Fig. 8

10. Trim the ends of the strip even with the outside edge of the triangle. Machine baste $\frac{1}{8}$ " (.32cm) from the longest edge of the setting triangle to stabilize the bias edges. (Fig. 9)

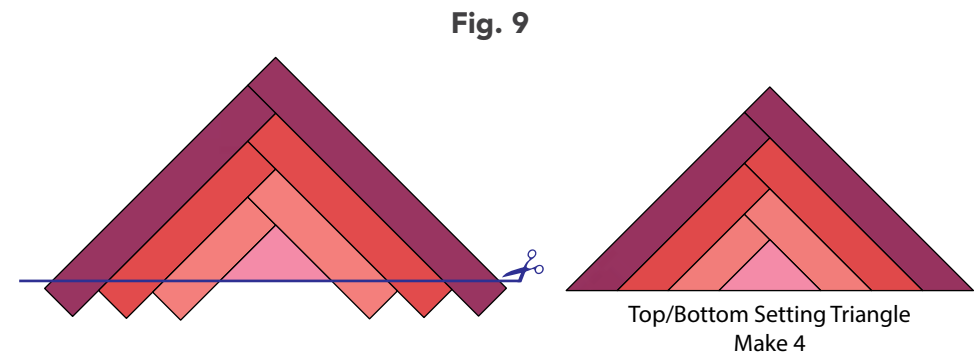
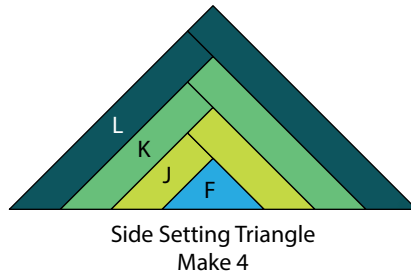


Fig. 9

11. Repeat Steps 6 - 10 to make a total of (4) Top/Bottom Setting Triangles.

12. Repeat Steps 6 - 10, using the equivalent **Fabric F** setting triangles and **Fabric J, K and L** rectangles to make (4) Side Setting Triangles. (Fig. 10)

Fig. 10



Quilt Top Assembly

Note: Follow the **Quilt Layout** and **Appliqué Layout** diagrams in unison, while assembling the quilt.

13. Follow the appliqué instructions on page 14 to appliqué just the fan blades to the Log Cabin blocks and 16½" (41.91cm) fabric squares, noting the final orientation of the fussy-cut prints.
14. Sew together a Side Setting Triangle, a **Fabric A** square, and a Top/Bottom Setting Triangle. Press the seam allowances towards the A square. Repeat to make (2) total of Row 1.
15. Sew together a Side Setting Triangle, a **Fabric C** square, a Log Cabin Block, a **Fabric B** square, and a Top/Bottom Setting Triangle. Press the seam allowances towards the B and C squares. Repeat to make (2) total of Row 2.
16. Sew together (2) **Fabric E** corner triangles, (2) **Fabric A** squares, (2) Log Cabin Blocks, and a **Fabric D** square to complete Row 3.
17. Sew the Rows together and add the remaining (2) **Fabric E** corner triangles to complete the Pieced Quilt Top (68½" (173.99cm) square). Press the seam allowances in one direction.
18. Follow the appliqué instructions on page 14 to add the ovals and circles to the fans to complete the Quilt Top.

Appliqué

Trace the Fan Blade, Oval and Circle templates onto template plastic and cut on the outside lines.

Follow one of the appliqué cutting and sewing techniques below or use your favorite method to appliqué the following fan blades, ovals and circles to the quilt top as indicated in the **Appliqué Layout Diagram**.

Fabric A, fussy cut and appliqué:

- (2) Circles, centered over a large flower; appliqué over both Fan 1's

Fabric A Cutting Diagram



Fabric E, fussy cut and appliqué:

- (6) Ovals, placing a flower center at one end; appliqué over Fans 2 and 3

Fabric E Cutting Diagram



Fabric N, fussy cut and appliqué:

(4) Fan Blades; appliqué in Fan 1 on the Log Cabin Blocks

Fabric O, fussy cut and appliqué:

(8) Fan Blades; appliqué in Fan 1 on the Log Cabin Blocks

Fabric P, fussy cut and appliqué:

(4) Fan Blades; appliqué in Fan 3 on the **Fabric C** and **D** squares

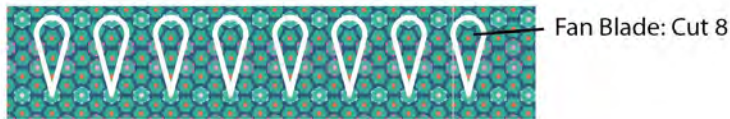
Fabric P Cutting Diagram



Fabric Q, fussy cut and appliqué:

(8) Fan Blades; appliqué in Fan 3 on the **Fabric C** and **D** squares

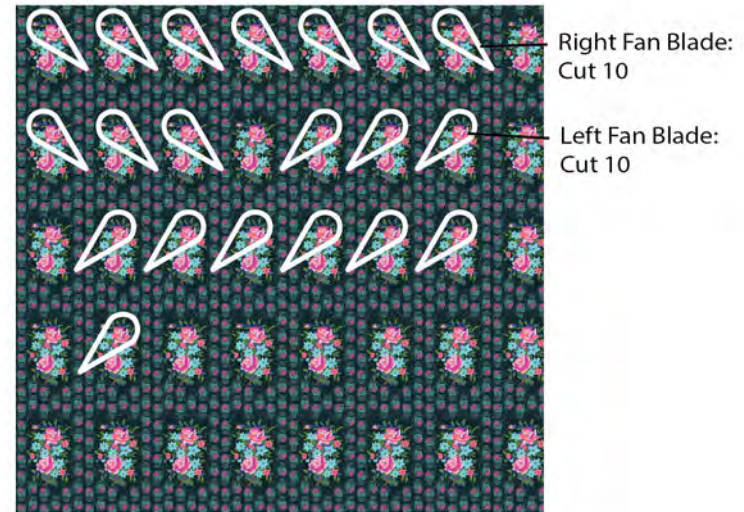
Fabric Q Cutting Diagram



Fabric R, fussy cut and appliqué:

(20) Fan Blades, (10) with the flower on the right and (10) with the flower on the left; appliqué in Fans 1 and 2, so the flower surrounds the center fan blade, on the **Fabric A** and **B** squares

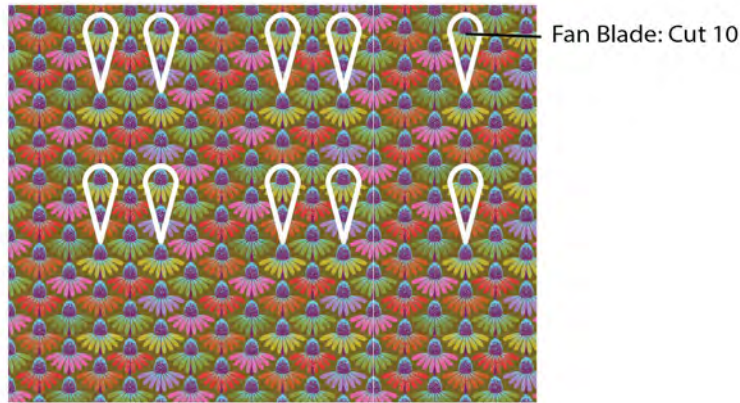
Fabric R Cutting Diagram



Fabric S, fussy cut and appliqué:

(10) Fan Blades, placing a flower in the rounded end; appliqué in Fan 1 and Fan 2, on the **Fabric A** and **B** squares

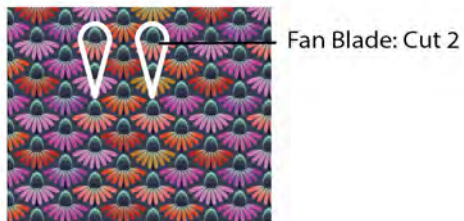
Fabric S Cutting Diagram



Fabric T, fussy cut and appliqué:

(2) Fan Blades, placing a flower in the rounded end; appliqué in Fan 1, on the **Fabric D** square

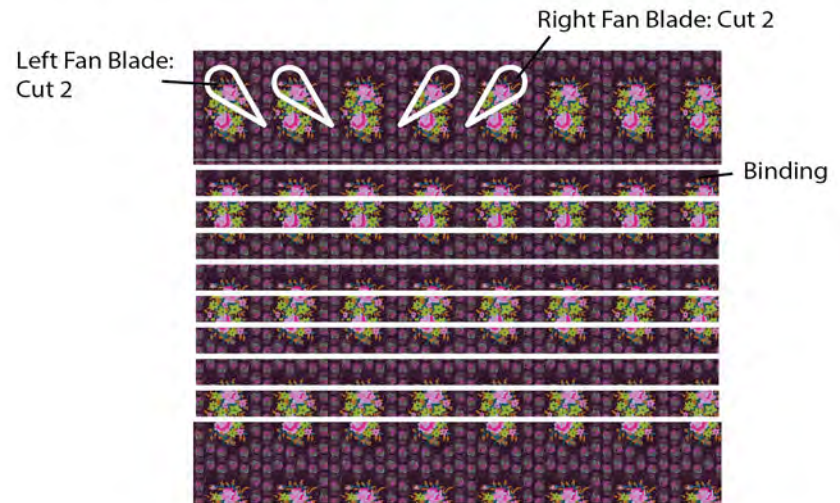
Fabric T Cutting Diagram



Fabric U, fussy cut and appliqué:

(4) Fan Blades, (2) with the flower on the right and (2) with the flower on the left; appliqué in Fan 1, so the flower surrounds the center fan blade, on the **Fabric D** square

Fabric U Cutting Diagram



Raw-Edge Fusible Machine Appliqué

- Trace the required number of the specified fan blade, oval, and circle templates onto the paper side of the fusible web, leaving at least 1/2" (1.27cm) between shapes.
- Rough cut 1/4" (.64cm) outside of the traced line on all shapes.
- Place the fusible web shapes paper side up onto the wrong side of the fabric, centering over the specified design, and fuse in place.
- Allow the pieces to cool completely and then cut out on the drawn lines.
- Remove the paper backing and place the appliqués, right side up, on the right side of the quilt top, placing the fan blades in the block/fabric square corners, leaving a 1/4" (.64cm) seam allowance visible on the block/square edge, and the ovals and circles centered over the top of the fans once the quilt top is complete. Fuse in place.
- Once cool, use a straight, zigzag, satin, or buttonhole machine stitch with a thread that blends and sew along the edges of the appliqué to secure to the quilt top.

Finished-Edge Hand or Machine Appliqué Fans

- Trace the required number of fan blades onto the flat side of the freezer paper and cut out on the drawn line. Transfer the start marks from the template pattern.

- Place the freezer paper shapes shiny side down onto the wrong side of the fabric, centering over the specified design, and fuse in place.
- Cut around each fan blade, adding a 1/4" (.64cm) seam allowance.
- Place (2) fan blades right sides together, matching the raw edges. Starting at the mark on the freezer paper sew down one straight edge. Press the seam allowance open. Repeat to sew the fan blades into groups of three.
- Lightly starch the outside seam allowance of the fans.
- Thread a hand-sewing needle with a length of thread and sew a running stitch around one curved end of the fan blades within the seam allowance, leaving thread tails at the seam between the blades. Pull both ends of the running stitch so that the seam allowance gathers around the freezer paper template. Press the fabric curve. Repeat with all of the fan blades.
- Once the fans are dry, remove the running stitches and freezer paper and place the fans, right side up, on the right side of the quilt blocks indicated, matching the raw edges. Pin or glue baste in place.
- Hand or machine stitch, with a thread that blends, along the edges of the appliqué to secure to the quilt top.

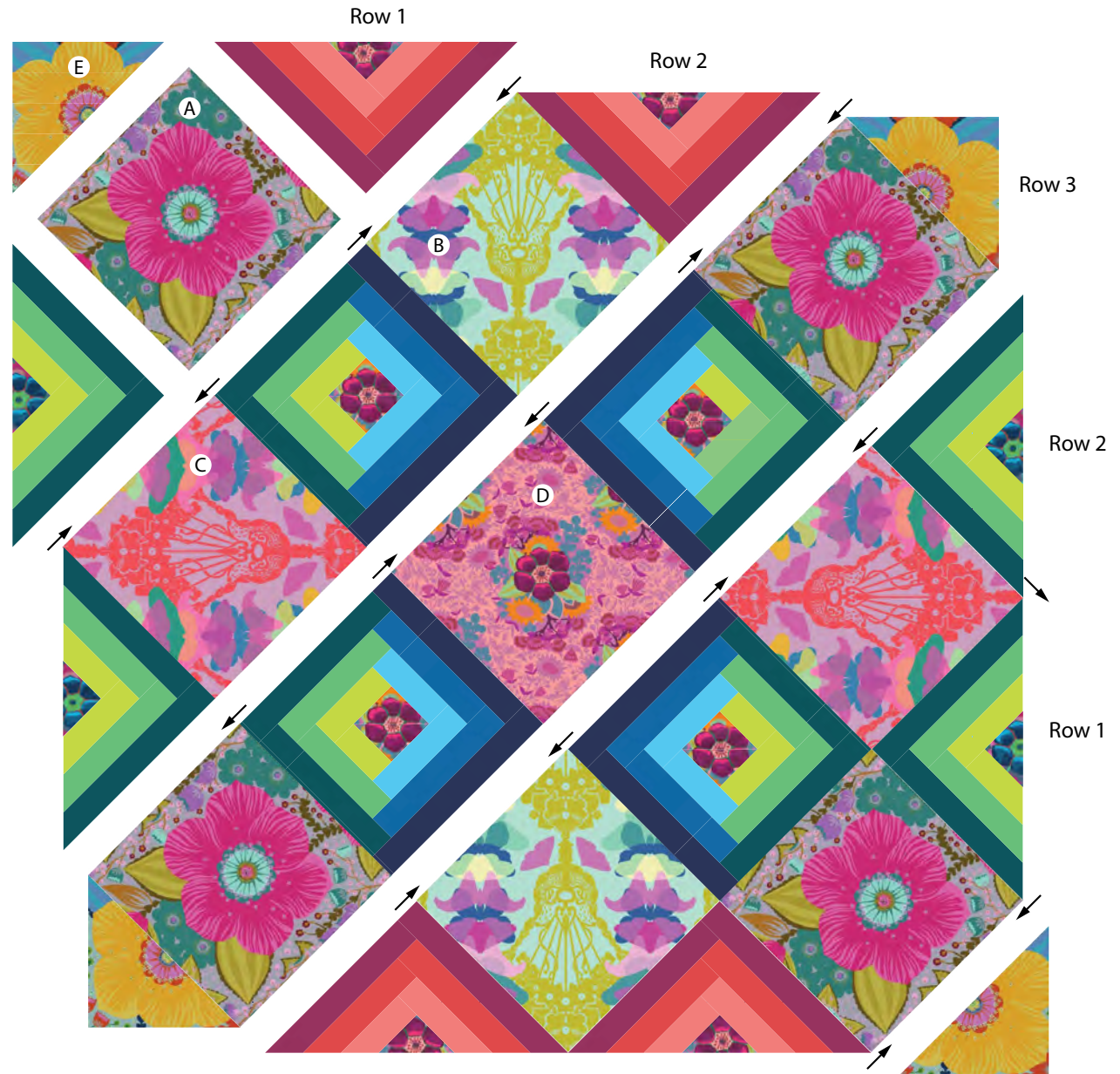
Ovals and Circles

- Trace the required number of circles and ovals onto the wrong side of the fabric, centering over the specified design.
- Cut around each shape adding a 1/4" (.63cm) seam allowance.
- Thread a hand needle with a length of thread and sew a running stitch around each fabric shape within the seam allowance.
- Lightly starch one fabric circle. Place the corresponding heat-resistant plastic template* onto the wrong side of the fabric circle and pull both ends of the running stitch so that the seam allowance gathers around the template. Press the fabric circle flat using a low iron temperature setting. Once dry remove the template. Repeat with all of the fabric circles and ovals.
- Remove the running stitch and place the circles and ovals, right side up, on the right side of the quilt top, centering over the specified fan. Pin in place.
- Hand or machine stitch, with a thread that blends, along the edges of the appliqué to secure to the quilt top.
- * If you don't have heat-resistant plastic, make a cardstock circle template and wrap the fabric/paper unit in aluminum foil, then press as directed.

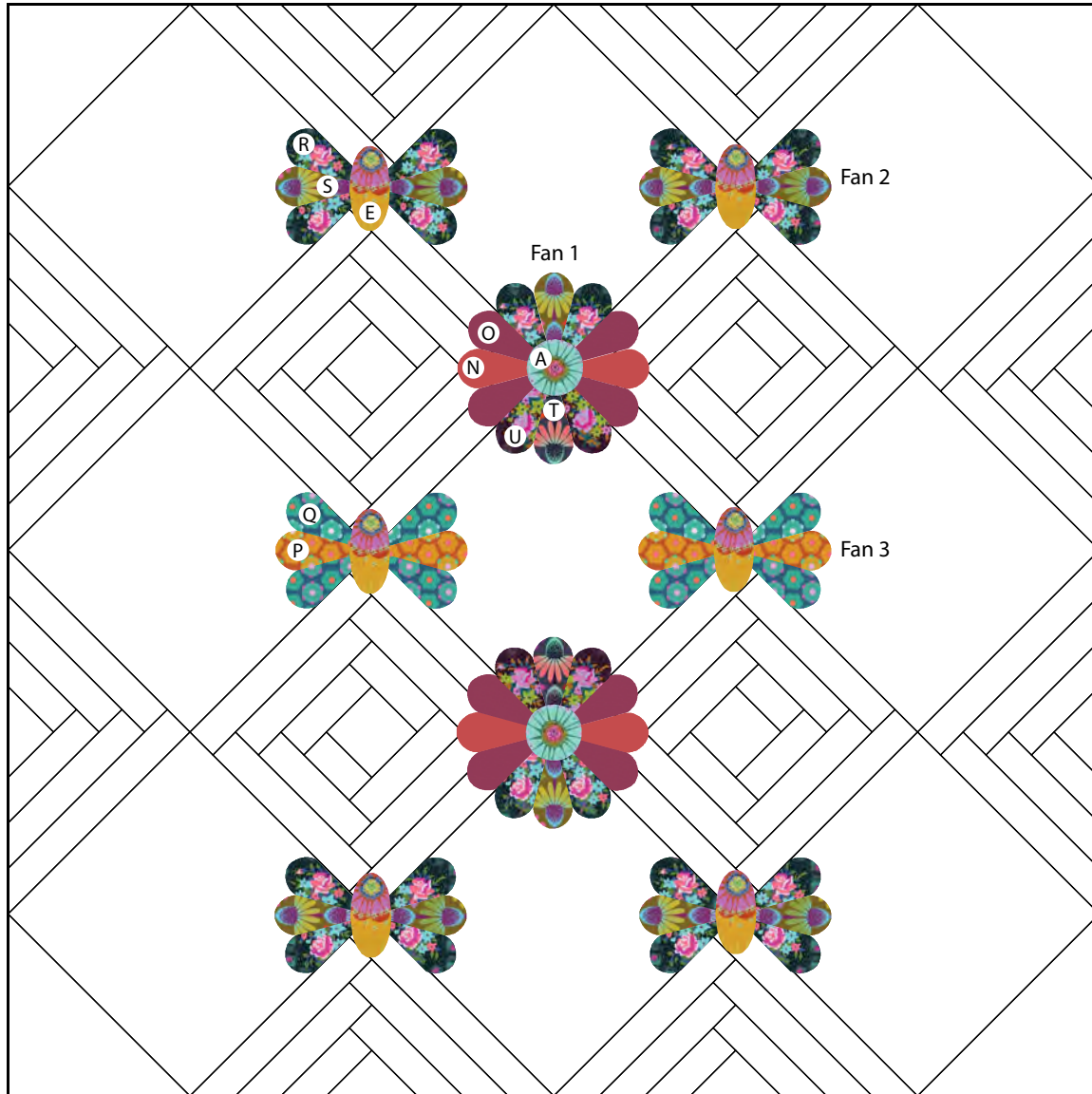
Finishing

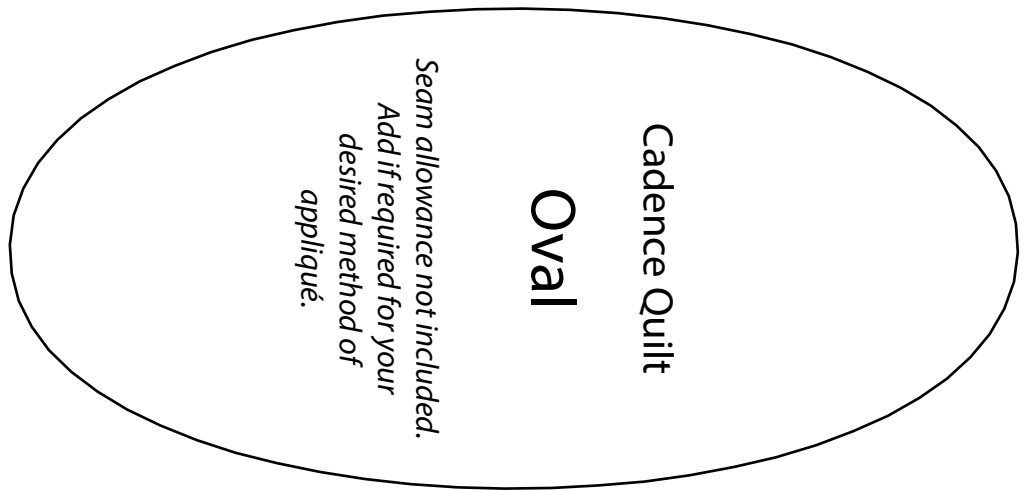
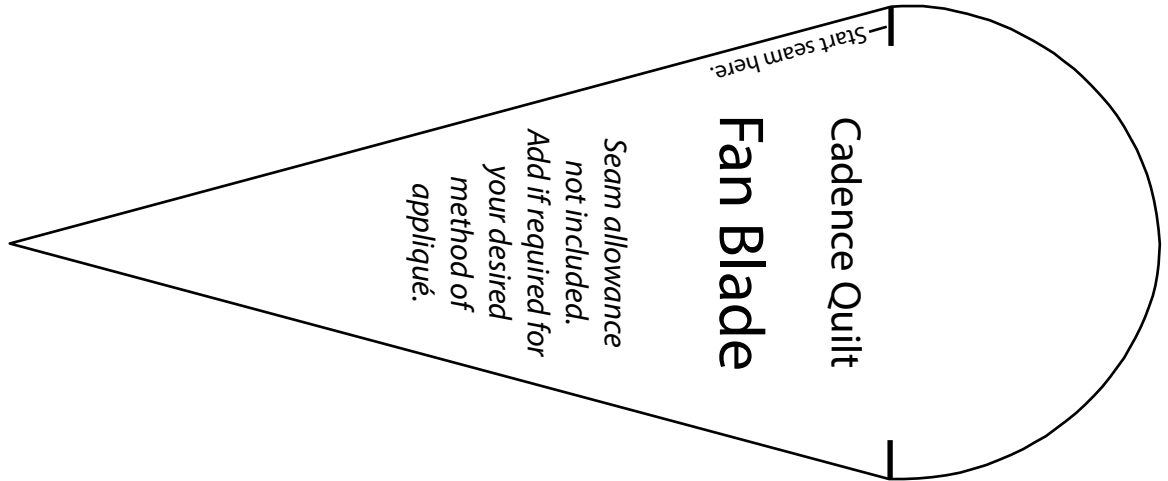
19. Sew together the 2½" (6.35cm) **Fabric U** binding strips end to end using diagonal seams. Press seams open. Press the binding strip in half wrong sides together.
20. Layer backing (wrong side up), batting, and quilt top (right side up). Baste the layers together and quilt as desired. Trim excess batting and backing even with the top after quilting is completed.
21. Leaving an 8" (20.32cm) tail of binding, sew the binding to the top of the quilt through all layers matching all raw edges. Miter corners. Stop approximately 12" (30.48cm) from where you started. Lay both loose ends of binding flat along quilt edge. Where the loose ends meet, fold them back on themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding right sides together. Trim seam to ¼" (.64cm) and press open. Finish sewing binding to quilt.
22. Turn the binding to the back of quilt and hand-stitch in place.

Quilt Layout



Appliqué Layout Diagram





This square should measure 1" x 1" (2.54cm x 2.54cm) when printed.

*** Measure templates before cutting to confirm printing at 100%***