



Alyssa Thomas
Designer of the Month
July 2020

TUSCANY

“lavender farmhouse”

QUILT BLOCK PATTERN



Unfinished (not in a quilt) size: 12 1/2”
Finished (in a quilt) size: 12”

★ **Streaming LIVE on Youtube and Facebook**

Starting on July 15th, come sew your block LIVE with Alyssa. **When:** Nightly at 8:30 pm Central time. **Where:** Youtube - [youtube.com/penguinandfishmovies](https://www.youtube.com/penguinandfishmovies)
Facebook: Penguin & Fish



Make your block with or without embroidery.



Materials:

Start with these common fabric sizes or use scraps from your stash.

Yellow-gold: fat eighth (22" x 9")

White: 5" square

Poppy red: 10" square

Grey: 10" square

Orange: 5" square

Optional embroidery: 2 skeins of Lavender 6-strand embroidery floss (cover block uses DMC 554)

Cut fabric pieces:

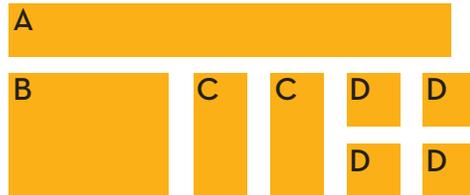
Yellow-gold:

A - Qty 1: 12 1/2" x 1 1/2"

B - Qty 1: 4 1/2" x 3 1/2"

C - Qty 2: 3 1/2" x 1 1/2"

D - Qty 4: 1 1/2" x 1 1/2"



White:

E - Qty 1: 4 1/2" x 2 1/2"



Poppy red:

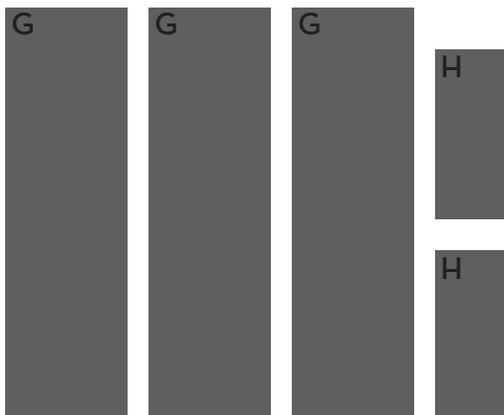
F - Qty 1: 4 1/2" x 1 1/2"



Grey:

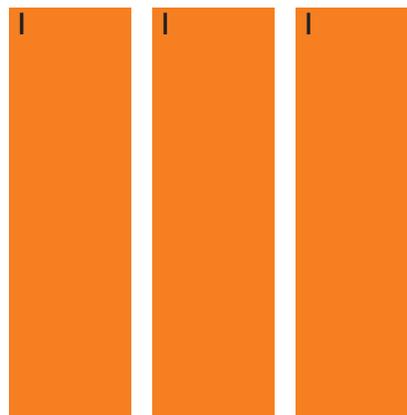
G - Qty 3: 8 1/2" x 2 1/2"

H - Qty 2: 3 1/2" x 1 1/2"



Orange:

I - Qty 3: 8 1/2" x 2 1/2"





Sewing assumptions:

- Sew with the right sides of the fabric together.
- Use a quarter-inch seam allowance.
- Press the seam allowances in the direction indicated in the instructions so seams “nest” together. Nesting seams is a way of aligning matching seams of two rows. Before sewing, if each row has their seams pressed in opposite directions, the opposing bulk of the seams will line up and fit side-by-side or “nest” together. After sewing, the seams of the two rows should align perfectly. Nesting seams also reduces the overall bulk of the seams in the quilt block.

Assembly:

- 1** On the wrong side of the fabric, draw a diagonal line on the 4 **D** pieces.



- 2** Sew a **D** piece to each end of the **F** piece. Press, and trim the extra seam allowance.



- 3** Sew a **D** piece to an **H** piece. Press, and trim the extra seam allowance. Repeat with the last **D** and **H** pieces sewing the diagonal in the opposite direction.



- 4** Sew the long edge of the **F** piece to the **E** piece. Press the seams open.



- 5** From left to right, lay out the pieces in this order and sew: **B, H, C, E/F, H, C** (see photo). Press the seam allowances to the right. This will help the seams “nest” together later. However, if you prefer to press your seam allowances open, that works as well.





Assembly continued:

- 6** Pin and sew the **A** piece to the top of the assembled piece. Press the seam allowance towards the **A** piece. Set assembled piece aside.



- 7** From left to right, lay out the **G** and **I** pieces in this order and sew along the long edges: **G, I, G, I, G, I**. Press the seam allowances to the left.



- 8** Sew the top and bottom sections together, nesting the seams. Press the seam allowance towards the bottom section.



Optional - Embroidery:

Use embroidery to make a field of lavender and windows in the farmhouse.

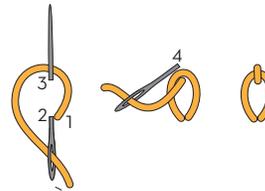
For all stitch diagrams: Bring the needle UP through to the front of the fabric on odd numbers, and DOWN through the fabric to the back on even numbers.

Thread preparation:

Cut a 24" piece of 6-strand embroidery floss. Split the floss into 2 pieces with 3 strands each. Stitching with fewer strands of floss makes it easier to pull the floss and needle through the fabric.

Lavender field:

- 9** Embroider single-chain-stitches in the grey **G** pieces. Use the embroidery stitch diagram as a guide. Make all the stitches pointing in the same direction with the rounded end pointed upwards (see cover photo). Don't worry about stitches being in rows or lining up perfectly. Scatter them within the grey **G** piece. Leave the 1/4" edge around the block free from stitches.



← Single chain stitch

Bring needle UP at 1. Insert needle DOWN at 2 through same hole as 1. In the same motion, come UP at 3. Loop floss under needle and pull needle through the loop. Make a tiny stitch over loop, securing loop in place (4).

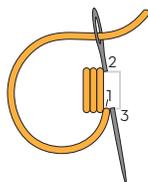


Embroidery continued:

Farmhouse windows:

10 Using a pencil or water-soluble marker, use the embroidery pattern to trace the farmhouse windows onto the white **E** piece.

11 Use a satin stitch to embroider the farmhouse windows. Use the embroidery stitch diagram as a guide.

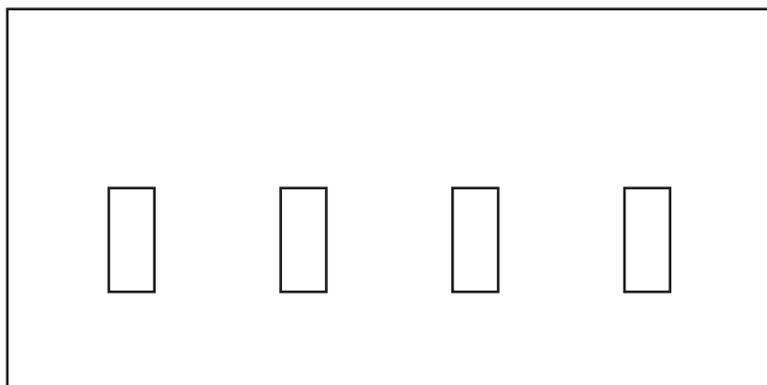


← Satin stitch

Bring needle UP at 1 on edge of shape. Insert needle DOWN directly across on opposite edge of shape at 2. Come UP at 3 on first edge of shape, one to three fabric threads away from 1. Continue filling in shape with stitches.



Farmhouse windows embroidery pattern



Test your printer

Print the design at 100% or "Actual Size". If printed correctly, the squares will measure 1 inch and 3 cm.

