

CHEER

BOOT CAMP!

with

SPARK

ATHLETICS

TRAMPOLINE * TUMBLING * CHEERLEADING

WE CAN HELP YOU WITH:

- **STUNTING BASICS & COMBINATIONS**
- **TUMBLING SKILLS**
- **JUMP STRENGTHENING & FLEXIBILITY**
- **CONDITIONING**
- **TEAM BONDING/TRUST**



**EMAIL HOLLY@SPARK-ATHLETICS.COM
OR CALL US AT 502-365-2553 TO SCHEDULE**

**JUST
\$30
PER
ATHLETE**



**Let us help your school
team get back in the swing
of things for this new season!**



**COACHES - YOU CHOOSE HOW
WE SPEND THE 2 HOURS! WE
WILL CATER TO YOUR TEAM.
WANT HALF TUMBLING & HALF
STUNTS? YOUR CHOICE. WE
ARE HERE TO HELP YOUR
TEAM LEARN SKILLS!**