

Winter/Spring 2026



SPARK ATHLETICS

CLASSES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Tramp & Tumbling Level 1	4:30-5:25 6:30-7:25	4:30-5:25 7:15-8:10	5:30-6:25	10:30-11:25 12:15-1:10 6:00-6:55		9:30-10:25	
Tramp & Tumbling Level 2	5:30-6:25 6:30-7:25	5:30-6:25		4:00-4:55			
Tramp & Tumbling Level 3	7:30-8:25			7:00-7:55			
Parent & Tot (ages 1-3)	4:00-4:35 7:15-7:50	3:45-4:20		12:15-12:50		8:55-9:30	
Preschool Gymnastics (ages 3-5)	4:45-5:30 5:35-6:20 6:30-7:15	5:30-6:15 6:30-7:15	4:00-4:45 4:45-5:30 6:30-7:15	11:30-12:15		10:30-11:15	
Intro to Cheer Level 1	5:30-6:25	6:30-7:25				11:15-12:10	
Novice Cheer Level 2		7:30-8:25					
Backhandspring Cheer Level 3 Tumbling	4:30-5:25 7:30-8:25	4:30-5:25		5:00-5:55			
Adaptive Gymnastics Open Gym				1:30-2:30			

Find us at: **502-365-2553**
10900 Electron Drive, Suite 102 (Jtown)



REGISTER AT:
www.spark-athletics.com