

## Colorado Ear, Nose & Throat Group

After BAHA Surgery Instructions

Our team wants to ensure you have the best possible experience after surgery. Please read the instructions below to help prepare for your surgery.

**Activity:** Take it easy. You should not drive a car, operate any machinery, drink alcoholic beverages, or make any legal or life decisions for 24 hours after receiving anesthesia. Limit any strenuous activity; do not lift more than 10lbs for 2 weeks.

**<u>Diet:</u>** Start with clear liquids, and then you can eat normal foods as tolerated.

<u>Medications:</u> Take pain medication as prescribed. Do not drive while taking Oxycodonethis is a narcotic. Do not take Tylenol in addition to Percocet or Vicodin or Lortab as there is already acetaminophen, the active ingredient in Tylenol, in there.

## When will I receive the sound processor?

If you are having a magnet connected processor placed, we can attach it at 4 weeks if the site is healing well. If you are having a metal attachment placed, we typically wait longer (sometimes up to 12 weeks) to ensure it has fully healed.

## How to take care of your surgical site:

We ask that you keep the head pressure dressing on your incision site for 48 hours to prevent swelling or bleeding. You can then take it off, but you should wear it at night for 2 more nights.

A small amount of bleeding or light yellow fluid is expected to drain from incision where the implant was placed. You will have numbness around the surgical site.

Do not get water into the incision or implant site for 3 days. When you shower, you may use a shower cap to keep the hair around the incision dry.

You will have a headache and pain around the incision site. This is expected.

**Call our office:** if you have severe pain around the incision, fever over 101 Fahrenheit, redness of the skin or purulent discharge or drainage.

Our Office number is: 303-238-1366

If you have an emergency call the number above and listen for instructions to reach the on-call physician.