

San Diego Martial Arts Academy – September 2019 PB

2710 Garnet Eve Pacific Beach CA, 92109

Date/Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15-10:00am	Coming Soon! Dragons/Kickboxing		Coming Soon! Dragons/Kickboxing		Coming Soon! Dragons/Kickboxing	
3:00-3:30	Lil Dragons		Lil Dragons		Lil Dragons	9:15-9:45 All White Belts
3:30-4:15pm	Basic Class		Basic Class		Basic Class	9:45-10:30 All Colored Belts
4:15-5:00pm	Int/Adv. Class	Dan Bo & Black Belts only	Int/Adv. Class	Dan Bo & Black Belts only	Int/Adv. Class	
5:00- 5:45pm	Kickboxing Coming Soon!		Kickboxing Coming Soon!		Kickboxing Coming Soon!	
5:45-6:30	Teens & Adults 13+yrs		Teens & Adults 13+yrs		Teens & Adults 13+yrs	
6:30-7:15	Krav Maga		Krav Maga		Krav Maga	

~Lil' Dragons = 3 1/2 to 5 year olds, ~Basic = White Belts to Advanced Yellow Belts may attend.

~Intermediate/Advanced = Green Belt and Up may attend. ~Krav Maga Tactical Self Defense is for adults (15 and older) only.

www.sandiegomartialarts.net (858-866-7227)

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