

Breastmilk and Formula Resources

Formula:

US Dept. of Health & Human Services

<https://www.hhs.gov/formula/index.html>

Baby Formula Exchange

<https://www.babyformulaexchange.com>

Place for parents to donate formula to a family in need or request a formula need. Keep checking the site as they keep pausing the site due to high demand.

Moms Helping Moms: Formula Shortage Donations

<https://www.facebook.com/groups/486823416368601>

Private Facebook Group you can request to join. Parent to parent support. 11,001 members.

Local Family Resource Center or Parent Child Center

Waypoint

63 Hanover St.
Lebanon, NH
603-298-8237

TLC Family Resource Center

62 Pleasant St.
Claremont, NH
603-542-1848

The Family Place

319 US-5
Norwich, VT
802-649-3269

Springfield Area Parent Child Center

6 Main St.
N. Springfield, VT
802-886-5242

WIC

Lebanon Office

10 South Park St.
Lebanon, NH
800-578-2050

White River Junction Office

118 Prospect St.
WRJ, VT
802-295-8820

Women's Health Resource Center

9 Hanover St.
Lebanon, NH
603-650-2600

Formula and Breastmilk

Resources

Breastmilk:

Human Milk 4 Human Babies

New Hampshire

<https://www.facebook.com/HM4HBNH/>

Vermont

<https://www.facebook.com/HM4HBVT/>

Public Facebook group where you can either seek a breastmilk donation or post about breastmilk you have to donate.

Pass The Milk Project: New England

<https://www.facebook.com/PTMPNewEngland>

Public Facebook group for "families to connect for donor breastmilk exchange. This is the New England page- states include: New Hampshire, Vermont, Maine, Massachusetts, Connecticut, and Rhode Island."

Women's Health Resource Center

9 Hanover St.

Lebanon, NH

603-650-2600

Breastmilk bank through Mother's Milk Bank of the Northeast. Prescription needed to access milk and can be costly to some families.

Vermont Donor Milk Center

37 Lincoln St.

Essex Junction, VT

802-276-0030

Breastmilk bank that is currently waiving the need for a prescription for the first 40 ounces of milk.

NH Breastfeeding Support

<https://www.facebook.com/groups/534404686694436>

Private Facebook group. "Local New Hampshire breastfeeding group! A community of like minded people who are currently nursing, have nursed, or are thinking about nursing!"