### COMPASSIONATE MEMORY CARE, TAILORED TO YOUR LOVED ONE

We specialize in Memory Care — a dedicated form of senior living for individuals with Alzheimer's, dementia, and other memory-related conditions. Our services are designed to provide a safe, secure, and supportive environment where residents are empowered to maintain their independence and dignity.

What sets us apart is not just the care we provide, but how we provide it—with heart, respect, and understanding.









### SCHEDULE AN ASSESSMENT TODAY!

ADependableSeniorSitter.com



### **OUR COMMITMENT**

At Sandy's Safe Haven and A Dependable Senior Sitter, we provide compassionate, specialized care for seniors—especially those living with dementia and Alzheimer's.

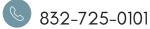
It is our mission is to offer a safe, nurturing environment where elderly clients feel respected, engaged, and at home.

Whether through long-term residential care, adult day programs, or in-home support, we are committed to enhancing quality of life with dignity, warmth, and professionalism.

#### FOR MORE INFORMATION







ADependableSeniorSitter.com







# WE PROVIDE COMFORT AND CARE FOR WHEN YOU CAN'T BE THERE.



## WELCOME TO SANDY'S SAFE HAVEN

Compassionate Care. Dignity Always.

For over 17 years, we've served the Stafford, Sugar Land and Houston communities with one mission: to provide compassionate and dependable care for seniors. Our residents are treated like family, with personalized attention in a secure, comforting environment.

Whether through long-term residential care, adult day programs, or in-home support, we are committed to enhancing quality of life with dignity, warmth, and professionalism.

### **WHAT MAKES US UNIQUE**

- Specialized Memory Care: Trained staff and personalized routines help residents live meaningfully, despite memory challenges.
- Secure, Peaceful Environment: 24/7 care in monitored homes to ensure safety, comfort, and peace of mind.
- Family-Owned & Operated: Local, hands-on leadership with deep roots in the Stafford, Sugar Land and Houston communities.
- Flexible Scheduling: From hourly drop-in care to full-time residency—we meet you where you are.

### **OUR CARE SERVICES**



### Support You Can Trust. Care They Deserve.

At Sandy's Safe Haven and A Dependable Senior Sitter, we offer a full range of senior care services designed to meet your loved one's physical, emotional, and cognitive needs—with *compassion*, respect, and dignity.

- Companion Care: Engaging activities, conversation, and emotional support.
- **Personal Care:** Assistance with bathing, dressing, grooming, and mobility.
- Medication Reminders: Ensuring timely and accurate medication intake.
- Meal Preparation: Nutritious meal planning and cooking based each residents dietary needs and preference.
- Light Housekeeping: Maintaining a clean and safe living environment.
- **Transportation:** Assistance with errands, appointments, and social outings.

#### **TESTIMONIALS**

Our clients and their families always have a special place in our hearts.

"Sandy always gives genuine care to our mother when we could not be there. She treated her like her own family."

"A Dependable Sitter was always there when we needed them. Even for last minute. The entire team is extremely patient and kind."

"Sandy and her caregivers provided excellent companionship during our father's last days. They provided us with top quality care and most importantly comfort."

