# Tigon Medical Tissue Anchor System Instructions for Use Rev C

## IMPORTANT INFORMATION FOR PHYSICIANS, SURGEONS, AND/OR STAFF

CAUTION: Federal (USA) LAW RESTRICTS THIS DEVICE TO SALE

BY OR ON THE ORDER OF A PHYSICIAN

# SECTION I: Specific Product Information DESCRIPTION:

The Tigon Medical Tissue Anchor System consists of multiple-sized medial, lateral tissue anchors, and a single sized labral anchor. The medial anchors are threaded and are offered in 5.5 and 6.5 mm outer diameter sizes. The lateral anchors are conically barbed and are offered in 4.8 and 6 mm outer diameter sizes. The lateral anchors also offer unique angled locking slits to eliminate the need for knotting to secure the suture. The labral anchors are also barbed, and are offered in a 2.9 mm outer diameter, and are available with grooves, and two groove-less, knotless varieties (with and without locking slit). Tigon Tissue Anchors can be used with Tigon 2mm CuffTape and Tigon #2CuffCable (sold separately). Each tissue anchor will have a similar inserter.

Tissue Anchors are made of PEEK per ASTM F-2026 or equivalent.

#### **INDICATIONS:**

The Tigon Medical Tissue Anchor System is intended for use for the reattachment of soft tissue to bone for the following indications:

Shoulder

Capsular stabilization

Bankart repair

Anterior shoulder instability

**SLAP** lesion repairs

Capsular shift or capsulolabral reconstructions

Acromnioclavicular separation repairs

Deltoid repairs

Rotator cuff repairs

Bicep tenodesis

Elbow, Wrist, and Hand

Biceps tendon reattachmnent

Ulnar or radial collateral ligament reconstruction

Lateral epicondylitis repair

Knee

Extra-capsular repairs

Medial collateral ligament

Lateral collateral ligament

Posterior oblique ligament

Patellar realignment and tendon repairs

Vastus medials obliquous advancement

Illiotibial band tenodesis

Foot and Ankle

Hallux valgus repairs

Medial or Lateral instability repairs/reconstructions

Achilles tendon repairs/reconstructions

Midfoot reconstructions

Metatarsal ligament/tendon repairs/reconstructions

Bunionectomy

#### **SECTION II: General Information**

Following the instructions for use provided in product literature can minimize the potential for complications or adverse reactions with any implant.

#### **CONTRAINDICATIONS:**

- Overt infection
- Distant foci of infections
- Rapid disease progression as manifested by joint destruction or bone absorption apparent on roentgenogram skeletally immature patients
- Inadequate neuromuscular status (e.g. prior paralysis, fusion and/or inadequate muscle strength), poor bone stock, or poor skin coverage
- Pathological conditions of the bone (such as cystic changes or severe osteopenia) or comminuted bone which would compromise secure fixation
- Pathological conditions of the soft tissues to be attached which would impair secure fixation
- Physical conditions which would eliminate or reduce adequate support or retard healing such as reduced blood supply to the site
- Conditions which may interfere with healing or decrease the likelihood of proper postoperative care such as senility, mental illness, or alcoholism
- Attachment of artificial ligaments or other implants.

#### **PATIENT SELECTION:**

Use of surgical fusion hardware requires consideration of the following general indications:

- Good condition of the patient
- Good neurovascular status
- Adequate skin coverage
- Possibility of a functional musculotendinous system
- Availability of post-operative therapy
- Cooperative patient

### POTENTIAL COMPLICATIONS AND ADVERSE REACTIONS:

In any surgical procedure, the potential for complications exists. The risks and complications with these implants include:

- Infection or painful, swollen or inflamed implant site
- Fracture of the implant
- Loosening or dislocation of the implant requiring revision surgery
- Bone resorption or over-production
- Allergic reaction(s) to implant material(s)
- Untoward histological responses possibly involving macrophages and/or fibroblasts
- Migration of particle wear debris possibly resulting in a bodily response
- Embolism

#### **WARNINGS AND PRECAUTIONS:**

The Tigon Medical Tissue Anchors are for single use only. The implants are not reusable.

- •It is the responsibility of each surgeon using implants to consider the clinical and medical status of each patient and to be knowledgeable about all aspects of implant procedure and the potential complications that may occur.
- •The benefits derived from implant surgery may not meet the patient's expectations or may deteriorate with time, necessitating revision surgery to replace the implant or to carry out alternative procedures.
- •The patient's mental status must also be considered.
- Willingness and/or ability to follow post-operative instructions may also impact the surgical outcome.
- •Surgeons must balance many considerations to achieve the best result in individual patients.

The main goal of surgery with this implant is to establish bony fusion. Abnormal or excessive forces could lead to delayed union, non-union, or failure of the implant.

Abnormal force loading and subsequent wear may be caused by:

- Uncorrected instability
- Improperly sized implant

- Inadequate soft tissue support
- Implant malposition
- Excessive motion
- Uncorrected or recurrent deformity
- Patient misuse or overactivity

Proper fixation at the time of surgery is critical to the success of the procedure. Bone stock must be adequate to support the device.

Some preventative measures to consider to minimize the potential for complications:

- Follow guidelines for indications and contraindications provided above
- Identify prior pathology
- Stabilize collapse deformities
- Bone graft pre-existing cysts
- Use a properly sized implant

Avoid flawing implant surfaces to minimize the potential for early fatigue failure.

If complications develop, possible corrective procedures include:

- Implant removal
- Replacement of the implant

Over time, PEEK or metallic implants may loosen, fracture, or cause pain after the bone fracture or osteotomy is healed.

Removal of metallic implants is at the surgeon's discretion, and the appropriateness of the selected procedure will be based on the surgeon's personal medical training and experience. It is imperative that adequate post-operative care and protection be provided by the surgeon.

## **Recommendations Regarding Device Fragments:**

- 1. Use medical devices in accordance with their labeled indications and the manufacturer's instructions for use.
- 2. Inspect devices prior to use for damage during shipment or storage or any out-of-box defects that might increase the likelihood of fragmentation during a procedure.
- 3. Inspect devices immediately upon removal from the patient for any signs of breakage or fragmentation.
- 4. If the device is damaged, retain it to assist with the manufacturer's analysis of the event.
- 5. Carefully consider and discuss with the patient (if possible) the risks and benefits of retrieving vs. leaving the fragment in the patient.
- 6. Advise the patient of the nature and safety of unretrieved device fragments including the following information:
  - a. The material composition of the fragment (if known);
  - b. The size of the fragment (if known);
  - c. The location of the fragment;
  - d. The potential mechanisms for injury;
  - e. Procedures or treatments that should be avoided such as MRI exams in the case of metallic fragments. This may help to reduce the possibility of a serious injury from the fragment.

Clinical results depend on surgeon and technique, pre-operative and post-operative care, the implant, patient pathology and daily activity. It is important that surgeons obtain appropriate informed consent and discuss the potential for complications with each patient prior to surgery. This may include a review of alternative, non-implant procedures such as soft tissue reconstruction or arthrodesis.

#### **Concerning Magnetic Resonance Environments**

The devices described in this package insert have not been evaluated for safety and compatibility in the MR environment. The devices described in this package insert have not been tested for heating or migration in the MR environment.

#### **SECTION III: Cleaning:**

Surgical instruments and their respective trays must be cleaned prior to initial sterilization and as soon as possible after use. Do not allow blood or debris to dry on the instruments. If cleaning must be delayed, place groups of instruments in a covered container with appropriate detergent or enzymatic solution to delay drying. Wash all instruments whether or not they were used or inadvertently came into contact with blood or saline solution per the following instructions:

- 1. Disassemble as per manufacturer instructions (if appropriate).
- 2. Rinse with cold tap water to remove visual debris until gone.
- 3. Bathe in an enzymatic detergent solution prepared per manufacturer directions for 5 minutes (e.g. Enzol® prepared at 1 oz. per gallon of lukewarm deionized water).
- 4. Scrub thoroughly with a soft brush and/or pipe cleaner; repeatedly flush any very narrow lumens with enzymatic detergent solution using a syringe.
- 5. Rinse with cold tap water for a minimum of one minute; use a syringe to repeatedly flush any very narrow lumens.
- 6. Rinse thoroughly /flush with room temperature deionized / reverse osmosis (RO/DI) water for a minimum of one minute.
- 7. Sonicate for a minimum of 10 minutes in an enzymatic detergent solution prepared per manufacturer directions (e.g. Enzol® prepared at 1 oz. per gallon of lukewarm deionized water).
- 8. Rinse thoroughly /flush with room temperature DI water for a minimum of one minute. Implants should then be flushed with room temperature RO or distilled water for a minimum of one minute.
- 9. Dry with a clean, soft, absorbent, disposable cloth.
- 10. Visually inspect for cleanliness. All visible surfaces, internal and external, should be visually inspected. If necessary re-clean until it is visibly clean.

Instruments and trays must be inspected and free from visible dirt or deposits. All movable parts and working tips must be inspected for cracks, corrosion, or other damage. If damage is found, it must be removed from the tray and the Tigon representative must be notified immediately.

#### **SECTION IV: Sterilization:**

Surgical instruments and their respective trays must be cleaned sterilized before use. Implants are provided sterile-packed.

- 1. Double wrap the component in an FDA-cleared CSR wrap or a similar type non-woven FDA-cleared medical grade wrapping material.
- 2. Do Not Stack Trays during Sterilization.
- 3. Autoclave according to the following parameters:

Steam Sterilization

Cycle Type: Prevacuum 270°F (132°C)

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Parameter	Minimum Set Point	
Exposure Temperature	270°F (132°C)	
Exposure Time	4 minutes	
Dry Time	20 minutes	

After sterilization, remove the component from its wrapping using accepted sterile technique with powder free gloves. Ensure that implants are at room temperature prior to implantation. Avoid contact with hard objects that may cause damage.

#### **SECTION V: Care and Handling of Implants:**

The implants in this system are provided sterile-packed.

An implant should never be re-sterilized or placed back in the tray after contact with body tissues or fluids.

Devices labeled for single-use only should never be reused. Reuse of these devices may potentially result in serious patient harm. Examples of hazards related to the reuse of these devices include, but are not limited to: significant degradation in device performance, cross-infection, and contamination.

# **SECTION VI: Care and Handling of Instruments:**

Surgical instruments and cases are provided non-sterile. They are susceptible to damage for a variety of reasons including prolonged use, misuse, rough or improper handling. Care must be taken to avoid compromising their exacting performance. To minimize damage and risk of injury, the following should be done:

Inspect the instrument case and instruments for damage upon receipt and after each use and cleaning. Incompletely cleaned instruments should be re-cleaned. Instruments in need of repair should be set aside for repair service or returned to Tigon Medical (Instruments returned to Tigon Medical or its distributors should be cleaned and sterilized prior to shipment. ANSI/AAMI ST35 Safe Handling and Biological Decontamination of Reusable Medical Devices in Health Care Facilities and in Nonclinical Settings provide guidelines for return, or contact Tigon Medical or your distributor for further instruction).

Only use an instrument for its intended purpose. When handling sharp instruments use extreme caution to avoid injury. Consult with an infection control practitioner to develop and verify safety procedures appropriate for all levels of direct instrument contact.

# **SECTION VII: Storage Conditions:**

All implants and instruments must be stored in a clean, dry environment and be protected from sunlight and extremes in temperature.

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•••	Manufacturer	
<u>~~</u>	Date of Manufacture	
8	Do Not Reuse	
$\triangle$	Caution, Consult Accompanying Documents	
STERILE	Sterile	
REF	Catalogue Number	
LOT	Lot Number	
NON	Non Sterile	
Ţį	Read Usage Instructions	
<u>**</u>	Do Not Expose to Sunlight	
$P_{X}$	Prescription Only	
<b>®</b>	Not to be Used if Case is Damaged	
•••	Manufacturer	
<u>س</u>	Date of Manufacture	
2	Do Not Reuse	
$\triangle$	Caution, Consult Accompanying Documents	
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REF	Catalogue Number	
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