

# **Agape: The Amazing Powers of Love**

## **A Book of Threads for Contemplation and Weaving**

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### **Sample Text**

#### **The Spool**

There is so much emptiness, pain, and anguish in our lives and our world; a bleakness we often reach anywhere to overcome. But we might not know where, ending up with only hardship, feelings of futility, or a sense of hopelessness.

Our minds and hearts are amazingly powerful in finding ways to nourish themselves, overcome pain, and gain fulfillment, creating personal meaning in life while also making positive contributions to the lives of those we love, our communities, and our world. These are experiences we all long for, but we often need to seek out a good starter with cues to get us on the right path.

That process can begin by finding creative threads that allow us to begin weaving a fabric that takes form and develops into a beautiful quilt, coming to life and providing the warmth, caring, and nurturing we so desperately need in our lives and throughout our world.

## What are the types of love in our world?

- Sustaining and protecting in dependence and vulnerability.
- Parent/child bond and nurturing.
- Positive regard and compassion for others.
- Mutual support in community.
- Connecting in affection, caring, and support of family and friendship.
- Romantic and erotic attraction.
- Uniting in self, life, and love of mature close and intimate relationships.
- Agape - universal, unconditional love in relationship with our humanity and all that is.

## What are the Powers of Love in our lives?

Power in reverence

Power in vision

Power in creativity

Power in compassion

Power in sharing

Power in embracing

Power in nurturing

Power in forgiving

Power in community

Power in integrity

Power in perseverance

Power in responsibility

Power in fibers

## **Power in Creativity**

There is creative energy in each of us.  
It flows from the life source of Love within us.

Creativity is in novelty.  
Novelty in generation, expression, interpretation, or application.  
Seeking, exploring, questioning, discovering.  
Ideas, works, productions, progeny.

Nurturing, nourishing, growing  
in newness of life and Love.

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