Peace of God - April 1, 2020

If you look at the world - You’ll be distressed.

If you look within - You’ll be depressed.

But if you look at CHRIST - **You’ll be at rest**.

**-Corrie Ten Boom**

I came across this quote and thought this speaks absolute truth. Immediately, I thought of the scripture Matthew 11:28-30

**28*”Come to me, all who labor and are heavy laden, and I will give you rest. 29Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. 30For my yoke is easy, and my burden is light.”***

How amazing is it to know, we have an almighty God who loves us much, that He tells us to come to Him and He will care for us. Christ wants us to run to Him and learn from Him.

We have all experienced a time in our walk with God, were we let the things of the world get in the way of our one-on-one time with God.

The trick of the enemy is to keep us so busy, that we think we have no time for God. When we have no time for God, we start to look at the world for our help.

We must take daily inventory with our walk with Christ and not to be afraid to ask Him to give us rest, and to take our burdens, trials, and request to Him.

*-Prayer-*

Father, God in heaven, I ask that you help me to look to **YOU** every day. Open my eyes to your word and allow the Holy Spirit to lead and guide me. When I start to put other things before you, I ask that you reveal your Spirit to me, so that I will not look to the world for answers or for help. In Jesus’ name I pray, that you help me to go to you when I feel heavy laden, distressed, frustrated, or depressed, and so that I will be able to receive rest in You.

Scriptures to reflect on:

Colossians 3:15

1 Peter 5:7

Philippians 4:7

Joshua 1:9

Psalm 29:11

-William Roberts