



PLEASE AVOID CAFFEINE 48 hours PRIOR TO APPOINTMENT - THIS IS A VERY IMPORTANT STEP!

So don't take pain killers (ibuprofen/Asprin) or fill up on energy drinks, coffee/tea before your appointment – this can thin the blood slightly or increase your heart rate enough to encourage bleeding. Save the pain killers for afterwards.

-Don't have a sunbed, before, or straight after the treatment.

-Don't go to the gym. It can take 24 hours for your skin to form a protective layer around your new brows. Going to the gym and sweating into them can cause infection and premature fading of colour, costing you more for a third session.....stay at home and relax ☺

-Don't wear lash extensions. If you are coming for top eyeliner, please remove all extensions, party lashes etc, and be prepared to not wear them for the entire time you are healing.

-Don't tint brows immediately before consultation. It would be helpful for me to be able to see your natural brow hair colour. This can help me decide on colour selection.

-Don't book an appointment if you are pregnant - I will not tattoo anyone that is pregnant under any circumstances.

Don't go on holiday straight away. We need at least 2 weeks of healing time before you go on holiday. You can fade the colour out a lot – so if you want brows done FOR going on holiday, please allow enough time for healing.

-Don't have botox for a minimum of 3 weeks before your eyebrows - Botox can pull your eyebrows in different directions. It can leave one higher than the other and it can take up to three weeks to settle and we cannot do your brows if they look like the botox it sitting at different heights.

-Don't use glycol skin creams or AHA skin creams for 3 months prior to booking your eyebrows- These creams can change the balance of your skin and this is likely to affect overall colour, colour retention and can stop you from getting a crisp hair stroke.

-Don't bring children with you to your appointment.

-Bring a list of medication you are on. If you are on any medication that may affect you either having a tattoo done, or may affect the healed results.

-If you have booked in for eyeliner and wear contact lenses, please bring your solution, carry case and glasses with you as this procedure can't be carried out while wearing lenses.

-I have tried to answer some of the most common questions asked, but if you have any more, call me or message me (WhatsApp preferably-07710 666 599) and I will be happy to answer for you.

-How long does the appointment last? Your appointment will be roughly 2hr 30 mins for brows/lips, an hour for liner and usually 2/4 hours for scalp. You will be filling paper work, and we will be having a chat about your expectations, what you want/don't want etc. After that, if brows we will spend some time drawing on your new brows/lips/hair line and only when we are both happy, will we start the tattooing.

-How long will my brows last? – everyone is different. It depends on your skin type, colour of pigment put in your skin, any medication you are on, sun exposure, smoking, do you have face peels. Lots of different factors that will be discussed prior to us starting. Typically you can expect it to need refreshing around a year to 18 months for brows/liner, lips around 2 years and scalp 3+ depending on how much sun screen you use.

-Does it hurt?– everyone is different. I have had people find it a little scratchy, and people fall asleep because it is so relaxing. I don't know which category you fall into until we start, BUT, we can numb you accordingly.

-Will my brows stay this dark?– your brows will always appear a lot darker for the first week. Even a colour that heals a light blonde, can appear anything up to a darkish brown while healing. You need to stay calm, and trust me that I have carefully selected a colour that will heal lighter than it appears. When you return for your top up session, we can add a darker colour if you want. I would rather add more than try to take away.

-Do I need to shave my brows off? Please do not shave your brows before you come. I like you to keep as much hair as possible to help keep your brows looking natural. I will reshape your brows as part of the process, so feel free to come as you are.

-Will I still need to wax or tint my brows after I have had them done? If you have extremely light hairs, then you may still need to tint them. And the tattooing wont affect hair growth, so if you have bushy brows before, you will still need to groom them. However, a lot of people find it much easier to look after the new brows as you will leave with a perfect brow, and can use this as a template for future waxing or plucking. You don't ever need to worry about taking the wrong hairs away again.