



# Barrow Pediatrics

and Adolescent Medicine

## Please Follow These Instructions and Bring the Completed Form to Your Visit:

You can: 1) Use a Computer to complete your answers; or 2) Print out a blank form and use a pen to complete your answers. For those with access to a Computer, Option #1 will be the easiest method.

### Option #1: Complete the Form using a Computer:

1. Open the downloaded PDF file and complete the Well-Check form using your Computer.
2. **Save all changes.** *You will lose your work* if you do not save your changes before printing out the completed form.
3. Print out the completed Well-Check form as a one-sided document on front-side of pages.
4. Bring the completed, printed form to our office at your appointment time.
5. Give the completed form to our receptionist.

### Option #2: Print Out a Blank Form and use a pen to complete your answers.

1. Open the downloaded PDF file and print out a blank Well-Check form as a one-sided document on front-side of pages.
2. Complete the Well-Check form using a pen.
3. Bring the completed, printed form to our office at your appointment time.
4. Give the completed form to our receptionist.

NOTE: Parents of 11-12 year olds, 13-14 year olds, and 15-17 year olds have a separate Parent Well-Check form to complete for your child. This additional form is included in the downloaded PDF form file.

**Thank You for Completing Your Child's Well-Check Form in Advance!**

This will help reduce the wait time spent at your child's office visit.



# BRIGHT FUTURES PREVISIT QUESTIONNAIRE

## 15 MONTH VISIT

To provide you and your child with the best possible health care, we would like to know how things are going. Please answer all the questions. Thank you.

### WHAT WOULD YOU LIKE TO TALK ABOUT TODAY?

Do you have any concerns, questions, or problems that you would like to discuss today?  No  Yes, describe:

Blank text area for concerns, questions, or problems.

### TELL US ABOUT YOUR CHILD AND FAMILY.

What excites or delights you most about your child?

Blank text area for what excites or delights the child.

Does your child have special health care needs?  No  Yes, describe:

Blank text area for special health care needs.

Have there been major changes lately in your child's or family's life?  No  Yes, describe:

Blank text area for major changes in life.

Have any of your child's relatives developed new medical problems since your last visit?  No  Yes  Unsure If yes or unsure, please describe:

Blank text area for relatives' medical problems.

Does your child live with anyone who smokes or spend time in places where people smoke or use e-cigarettes?  No  Yes  Unsure

### YOUR GROWING AND DEVELOPING CHILD

Do you have specific concerns about your child's development, learning, or behavior?  No  Yes, describe:

Blank text area for concerns about development, learning, or behavior.

#### Check off each of the tasks that your child is able to do.

- Imitate scribbling.
- Drink from cup with little spilling.
- Point to ask for something or to get help.
- Look around when you say things such as "Where's your ball?" and "Where's your blanket?"
- Use 3 words other than names.
- Speak in sounds that seem like an unknown language.
- Follow directions that do not include a gesture.
- Squat to pick up objects.
- Crawl up a few steps.
- Run.
- Make marks with a crayon.
- Drop an object into and take the object out of a container.

Please print.

## 15 MONTH VISIT

### RISK ASSESSMENT

<b>Anemia</b>	Does your child's diet include iron-rich foods, such as meat, iron-fortified cereals, or beans?	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> Unsure
	Do you ever struggle to put food on the table?	<input type="radio"/> No	<input type="radio"/> Yes	<input type="radio"/> Unsure
<b>Hearing</b>	Do you have concerns about how your child hears?	<input type="radio"/> No	<input type="radio"/> Yes	<input type="radio"/> Unsure
	Do you have concerns about how your child speaks?	<input type="radio"/> No	<input type="radio"/> Yes	<input type="radio"/> Unsure
<b>Vision</b>	Do you have concerns about how your child sees?	<input type="radio"/> No	<input type="radio"/> Yes	<input type="radio"/> Unsure
	Do your child's eyes appear unusual or seem to cross?	<input type="radio"/> No	<input type="radio"/> Yes	<input type="radio"/> Unsure
	Do your child's eyelids droop or does one eyelid tend to close?	<input type="radio"/> No	<input type="radio"/> Yes	<input type="radio"/> Unsure
	Have your child's eyes ever been injured?	<input type="radio"/> No	<input type="radio"/> Yes	<input type="radio"/> Unsure

### ANTICIPATORY GUIDANCE

#### How are things going for you, your child, and your family?

#### TALKING AND FEELING

Is your child learning new things?	<input type="radio"/> Yes	<input type="radio"/> No
Does your child show any worries or fears when meeting new people?	<input type="radio"/> No	<input type="radio"/> Yes
Do you take time for yourself?	<input type="radio"/> Yes	<input type="radio"/> No
Do you spend time alone with your partner?	<input type="radio"/> Yes	<input type="radio"/> No
Does your child point to something he wants and then watch to see if you see what he's doing?	<input type="radio"/> Yes	<input type="radio"/> No
Does she wave "bye-bye"?	<input type="radio"/> Yes	<input type="radio"/> No
Do you talk to, sing to, and look at books with your child every day?	<input type="radio"/> Yes	<input type="radio"/> No

#### SLEEP ROUTINES AND ISSUES

Does your child have a regular bedtime routine?	<input type="radio"/> Yes	<input type="radio"/> No
Does your child sleep well?	<input type="radio"/> Yes	<input type="radio"/> No
How many hours does your child sleep? ____ Daytime ____ Nighttime		
Does your child have a blanket, stuffed animal, or toy that he likes to sleep with?	<input type="radio"/> Yes	<input type="radio"/> No
Do you have a TV or an Internet-connected device in your child's bedroom?	<input type="radio"/> No	<input type="radio"/> Yes

#### TANTRUMS AND DISCIPLINE

Does your child have frequent tantrums?	<input type="radio"/> No	<input type="radio"/> Yes
If your child is upset, do you help distract her with another activity, book, or toy?	<input type="radio"/> Yes	<input type="radio"/> No
Do you set limits for your child?	<input type="radio"/> Yes	<input type="radio"/> No
Do other caregivers set the same limits for your child as you do?	<input type="radio"/> Yes	<input type="radio"/> No
Do you praise your child when he is being good?	<input type="radio"/> Yes	<input type="radio"/> No
Do you have any questions about what to do when you become angry or frustrated with your child?	<input type="radio"/> No	<input type="radio"/> Yes

#### HEALTHY TEETH

Has your child been to a dentist?	<input type="radio"/> Yes	<input type="radio"/> No
Do you brush your child's teeth with a smear of fluoridated toothpaste 2 times a day using a soft toothbrush?	<input type="radio"/> Yes	<input type="radio"/> No
Does your child use a bottle?	<input type="radio"/> No	<input type="radio"/> Yes

Please print.

## 15 MONTH VISIT

### SAFETY

Car and Home Safety		
Is your child fastened securely in a rear-facing car safety seat in the back seat every time she rides in a vehicle?	<input type="radio"/> Yes	<input type="radio"/> No
Does everyone in the vehicle always use a lap and shoulder seat belt, booster seat, or car safety seat?	<input type="radio"/> Yes	<input type="radio"/> No
Do you keep cleaners and medicines locked up and out of your child's sight and reach?	<input type="radio"/> Yes	<input type="radio"/> No
Do you have emergency phone numbers near every telephone and in your cell phone for rapid dial?	<input type="radio"/> Yes	<input type="radio"/> No
Do you keep furniture away from windows and use operable window guards on windows on the second floor and higher? (Operable means that, in case of an emergency, an adult can open the window.)	<input type="radio"/> Yes	<input type="radio"/> No
Do you have a gate at the top and bottom of all stairs in your home?	<input type="radio"/> Yes	<input type="radio"/> No
Do you keep cigarettes, lighters, matches, and alcohol out of your child's sight and reach?	<input type="radio"/> Yes	<input type="radio"/> No
Do you keep your child away from the stove?	<input type="radio"/> Yes	<input type="radio"/> No
Do you have working smoke alarms on every floor of your home?	<input type="radio"/> Yes	<input type="radio"/> No
Do you test the batteries once a month?	<input type="radio"/> Yes	<input type="radio"/> No
Do you have a fire escape plan?	<input type="radio"/> Yes	<input type="radio"/> No

Consistent with *Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents*, 4th Edition

For more information, go to <https://brightfutures.aap.org>.

American Academy of Pediatrics

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The information contained in this questionnaire should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances. Original questionnaire included as part of the *Bright Futures Tool and Resource Kit*, 2nd Edition.

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