



19 Months of Accomplishments

Guardians of Recovery Timeline



Rally for Change

Shining the light on mental health and addictions, we rallied for change. Parents from across the province at Confederation Building, bringing much-needed awareness and focus on the issues of the illicit drug crisis.

Ben's Law Facebook Group

5300 people joined the Guardians Group to share their stories of family members impacted by the drug epidemic.



Family Support Group

Helped hundreds of parents and family members with addicted loved ones. Supporting 2-3 family members each day and weekly Sunday meetings at the Lantern in St. John's.

Non-Profit Incorporation & Branding

De-stigmatizing addiction, shining the light on addiction. Developing networks of support for those in addiction, and their families with our new website: GuardiansOfRecovery.Foundation.



Ben's Benefit Recovery Revolution

Mental Health and Addictions Healing Event. This event and the GoFundMe Campaign have Raised over \$20,000 for the creation of programs and sober living homes.



Recovery Magazine and Podcasts

Produced a skills-development magazine and podcasts for those in recovery. The goal is to tell your story and also to learn the art of publishing a digital magazine, thereby learning all the skills necessary for the new digital online era!

Support programs

We now have a range of FREE programs from addiction recovery addressing trauma, depression, and anxiety as well as support groups for families with addicted loved ones and Healing with Music - guitar and songwriting. It's healing, it's MAGIC! Offered in person and online!



Sober Living Home

The province launched a provincial Expression of Interest for sober living homes. People who qualify for this opportunity have completed detox and rehab and want a sober community and healing home surrounded by people with LIVED experience.



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Government Proposal

Submitted a comprehensive 151-page, solutions-driven proposal for Recovery Homes in Newfoundland and Labrador, inspired by Oxford Canada's success in establishing 27 sober homes across Alberta. This tailored plan addresses Newfoundland's unique needs and introduces a vital Brain Diagnostics unit to enhance recovery outcomes.

Guardians of Recovery E-Newsletter

Connecting a Canada-wide network of businesses and citizens dedicated to tackling the drug and addiction crisis. This newsletter delivers the latest research on addiction and recovery while highlighting critical system gaps that need urgent solutions to save lives.



Rally for Change

Supporting parents whose children are in crisis due to severe mental illness and addiction. Advocating for improved healthcare, early brain diagnostics, and comprehensive mental health support before addiction treatment