

Has conferred upon

Lauren Helton

The title of

Certified Triathlon Coach

For having successfully completed the requirements established by UESCA

June 26, 2025
Issue Date
June 26, 2027

Expiration Date



Rick Prince, Director

Approved Providers and CEC's Awarded:

ACE: 3.0 (CEP72776) | NASM: 1.9 (1046) | AFAA: 11 (12,007) | ISSA: 20 (#22-143980) | CanFitPro: 4 (105792)







