



Legend Lake

How do I sign up?

Go to karefarm.org, select 'Registration' and then 'Guest Form.' Fill out your information and we will contact you to book the retreat weekend that best fits your needs and schedule.

What do we provide?

- No-cost, day-only or weekend retreats
- Workshops led by Grief Facilitators, designed to help processing and promote healing
- Cozy glamping accommodations with beds, blankets and sitting area
- 4 miles of trails, fishing, paddle-boating & campfires
- Breakfast, lunch, dinner

What should you bring?

- Cooler with beverages
- Comfortable shoes/clothes
- Any medical necessities

Who We Are

Just like you, we know the isolation, grief, and even guilt that comes with the death of a loved one. We also realize that others who have not experienced this grief can't fully understand what we live every day. We believe that by connecting others in similar situations or even just by connecting more deeply with ourselves in a safe, caring, and beautiful natural setting can help us on our journey.



KAREfarm team members

The farm is in Brooksville, Kentucky and is easily drivable from Cincinnati, Columbus, Louisville and Lexington.

Contact Us

Email: karefarmgivesback@gmail.com

Web: www.karefarm.org

Address:

KAREfarm
765 Morning Glory Drive
Taylor Mill KY 41015



Nick Pfennig embraces the power of connecting with others through loss; the summer before he passed he taught our co-founder's twins Griff and Ellie to fish

Providing a healing space in nature for those experiencing loss



Inside the Bright Angel

No One 'Gets' Me

We understand. Grief is isolating. It leaves you wondering if anyone can possibly understand your thoughts, feelings and even the constant “grief chatter” running through your head. Friends and family try desperately to help but can't provide everything we need. We struggle with feelings of isolation and anger; will anyone ever understand what I'm going through? Can anyone else relate to what I experience every day?



The Philippa by moonlight

One Chance Meeting

We lived this way until we had a chance meeting in a cemetery on Christmas day, 2016. Once we found each other we'd frequently meet at the cemetery, spending hours and hours communicating and trying to process the unfathomable. We even jokingly referred to these sessions as 'graveyard gab.' Over time we found the capacity to build into others, actively helping families who shared our pain.

885 days into my grief journey, this KAREfarm retreat allowed me a place to talk, cry, laugh, rant and bond, while being surrounded by God's beauty...I didn't know how much I needed it' - Jan R.

Healing Happens Here

Our daughters Kate and Avery were service driven and had a love of animals and nature—so we decided to turn our grief into action. We have developed Kate & Avery's Retreat Experience (KAREfarm) as a healing space in nature to honor them and offer the power of community, connection and compassion for others on their grief journey. We believe its an experience that will help our guests reinvest in their own lives and may even prompt them to give back to others at some point along their grief journey.



The Bright Angel, Philippa & Sunshine Glamps

Join us at KAREfarm

No matter the circumstances of your loss or your background, you are welcome here. Our goal is to remove any barriers to attending a retreat so that all who need support have it – and therefore we provide lodging and meals at no cost. KAREfarm is set on 97 acres of rolling hills in Brooksville KY, offers four miles of trails, a lake to fish or paddleboat, cozy glamping accommodations and most importantly, connection to and processing with others who have also experienced loss.



KAREfarm retreat, Oct 2020