



NEWSLETTER



Emergency Medicine Global Learning Exchange (EMGLEX) is a not-for-profit organization whose purpose is to support international educational exchange programming for Emergency Medicine residents and educators. We focus on higher income countries with well developed healthcare systems, but no, or new Emergency Medicine specialty status. We have now had participants from over 55 countries and counting, and are working to continue to expand our offerings as we cultivate the incredible community EMGLEX has created.

EMGLEX is a fiscally sponsored project of Inquiring Systems, Inc. EIN: [94-2524840](#)

Follow us on social media!!!

IG: @EMGLEX

TW: @EMGLEX1

TikTok: @EMGLEX

FB: Emergency Medicine Global Learning Exchange

A Message from Our Founder and Director

Greetings! It has been a while but we are back, and could not be prouder to present our latest newsletter! **We are so happy to share that we are now in our THIRD year of emglex!!!** We have now had participants from over FIFTY FIVE COUNTRIES and counting!!! And we are just getting started! Please read through the end for lots of important new information and upcoming programming!

As a reminder, we are a 501C3 organization, and all funds go directly towards assisting exchange program participants. **Now more than ever, we need your help to support the expenses of our incoming exchange participants.** Please consider making a donation in any amount you are able. Remember, it is tax deductible!

My sincerest thanks as always!

Alexandra Asrow



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Welcome Back!

Hello everyone and welcome back! We have been so busy with our program since our last newsletter, and we are so excited to get back in touch and update you on all of our adventures. Since we have last spoken, EMGLEX has officially expanded to now include over 55 countries with over 200 participants since our inception! A HUGE thank you to our community partners for their time and assistance throughout the years. As we continue to grow and expand our program, we cannot help but feel grateful for the overwhelming support we have received, we would not be where we are today without it! More information to come on additional EMGLEX programs, so make sure to keep an eye out in future additions of the EMGLEX newsletter!

Below is an updated map of our program participants from around the world!



Important announcement!!! Upcoming Webinar!!! March 28, 2025

Please join us THIS FRIDAY March 28, 2025 from 7am-10am CDT as Dr. Asrow wears one of her other hats as the American College of Emergency Physicians Ambassador Program Chair for the ACEP Midyear Ambassador Conference! It is FREE and open to all, and sure to be a fantastic, enlightening, and moving session! Register at the link below, and see the agenda to follow. Feel free to share! We hope to see you there!

<https://learn.acep.org/cw/course-details?entryId=17534918>

ACEP Mid-Year Virtual International Ambassador Conference AGENDA

March 28, 2025

7:00 AM – 10:00 AM CST

[Meeting Zoom Link](#)

I. Introductions	7:00 – 7:05 AM
II. Country Updates	7:05 – 8:05 AM
i. Ukraine	
ii. Germany	
iii. Philippines	
III. Break	8:05 – 8:15AM
IV. Regional Breakout Session	8:15 – 9:00 AM
V. Break	9:00 – 9:10 AM
VI. Keynote Speech	9:10 – 9:55 AM
i. Mick Molloy MD	
VII. Summary and Adjournment	9:55 – 10:00 AM

What Have We Been Up To?!?

To begin, in these past months we have attended and spoken at conferences in multiple countries. We started with International Conference on Emergency Medicine in 2023 in Amsterdam where EMGLEX founder and director Dr. Asrow presented a poster. Next, we attended the European Society of Emergency Medicine Conference in Barcelona, and enjoyed an EMGLEX reunion party with over 50 in attendance! Later, Dr. Asrow had the privilege of speaking about her international work and EMGLEX at the 2023 German National Emergency Medicine Conference (DGINA), held in Bielefeld, Germany 2023, and again the following year in Augsburg. Dr. Asrow, along with a number of EMGLEX alumni attended ACEP 2023 in Philadelphia, and held a panel presentation at ACEP 2024 in Las Vegas (all 11 of us!!!). We also presented a number of local residency conferences, international webinars, and much more. Thanks to everyone who attended and participated, we truly appreciate you, and hope you had a positive, and informative experience!



Virtual Conference and Media



Link:

<https://www.youtube.com/channel/UCbGUKyVGj7xszgUE8xCnUpQ>

As a reminder, we have lots of ways to stay connected! Check out our YouTube channel, Instagram, Facebook, Twitter, and Tiktok! Please follow the links below, and stay tuned for new content regularly!

IG: @EMGLEX

T: @EMGLEX1

TikTok: @EMGLEX

FB: @Emergency Medicine Global Learning Exchange

One BIG EMGLEX Family!

Here are some pictures of our very own incredible EMGLEX participants from each month thus far (in no particular order) with our mascot “Luigi” (named by our first EMGLEX group way back in 2018!), pictured during our monthly one-on-one sim lab sessions! What an amazing community we have built, and we are so proud to know all of you!



Important news...Introducing...EMGLEX Electives!!!

EMGLEX is expanding!!! We are proud to introduce our first **"EMGLEX Elective"** in sunny Los Angeles, California! This is an opportunity to get even more experience learning about EM in the US in another city! We are working to add more cities as well, so please stay tuned for more opportunities! This elective is open to anyone who has completed their Chicago experience, including from prior years, or anyone planning to come to Chicago who would like to stay longer.

Please note – the elective does NOT include travel and housing, this must be arranged by the individual, and the site in LA will require a rental car to arrive.

Get in touch for more info or sign up here: <https://forms.gle/SPGZnDwH8ysEIrLX8>



MISSING THE EMGLEX EXPERIENCE?

WANT TO LEARN MORE ABOUT THE US MEDICAL SYSTEM?



INTRODUCING: EMGLEX ELECTIVE!

LOS ANGELES

A two week program now available in

- Northern Los Angeles County!
- Open to all EMGLEX participants, past and present (must complete Chicago first)
- Housing and travel must be arranged/paid by participant



- Gain insight into a level two trauma center, comprehensive stroke center, STEMI center, and a pediatric receiving center
- Multi-specialty call panel available 24/7
- Over 130,000 annual visits to the ED
- Among top 10 busiest EDs in the nation
- Ranked #1 in LA Country quality metrics in STEMI and stroke care!



Don't wait, apply now!!!

Application link [HERE](https://forms.gle/SPGZnDwH8ysEIrLX8) and below
<https://forms.gle/SPGZnDwH8ysEIrLX8>



For questions or more info,
email Dr. Asrow:
Lexie@emglex.org

@emglex 

@EmergencyMedicineGlobalLearningExchange 

<https://emglex.org/emglex-home> 

Upcoming Conferences



Click on this [link](#) to register



Click on this [link](#) to register



Click on this [link](#) to register



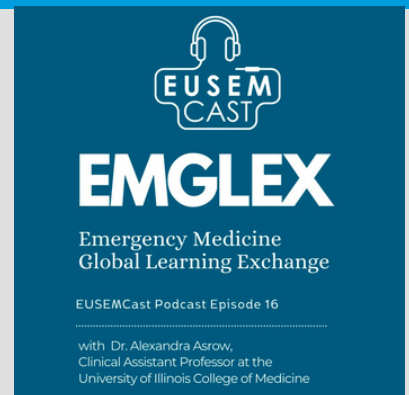
Click on this [link](#) to register

We are proud to announce that Dr. Asrow will be presenting the following conferences this year, and we hope to see you all there!!!

- April – Central European Emergency Medicine Conference (CEEMC) – Lodz, Poland
- May – The Hellenic Association of Emergency Medicine – Patras, Greece
- May – German Society for Emergency Medicine (DGina) – Köln, Germany
- September – ACEP – Salt Lake City, Utah

EUSEM CAST - February Episode Featuring EMGLEX!

Tune in to Episode 16 of the EUSEM Cast Podcast to hear our very own founder and director Dr. Asrow as she is interviewed by Tobias Becker regarding the EMGLEX Flagship Program and the wonderful opportunities we provide to international Emergency Medicine physicians. A huge thank you to the entire [EUSEM Cast](#) team! Check out the episode now on Spotify!



Click [HERE](#) to listen!

Recent Publication

Uncommon Presentations of Abdominal Pain in Emergency Department: Case Studies of Splenic Artery Aneurysm complicated by Rupture in the Emergency Department: a minireview.

Cappelloni Jacopo¹, Cantafio Stefano², Brisinda Giuseppe³, Baraglini Maddalena², Grassi Irene⁴, Baldini Alessio⁵, Pavoni Vittorio⁶, Ricciotti Giovanni⁷, Alexandra Asrow⁸, Bartolucci Maurizio⁹, Giovanna Petraglia¹⁰, Elghand John⁸, Magazzini Simone¹, Lai Franco¹

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Abstract. The aneurysms of the splenic (SaaS) artery are vascular anomalies characterized by localized dilations of the splenic artery, potentially leading to fatal complications. Although it is recognized as the most common type of aneurysm in the visceral artery, the SaaS remain rare, with an estimated prevalence of approximately 0.2% to 10% in the general population (Sankar et al., 2009). The clinical meaning of the SaaS is underlined by their propensity for rupture, which occurs in around 10% to 20% of cases, with potentially catastrophic results, including massive intra-abdominal hemorrhage and high mortality rates (Sankar et al., 2009). Such ruptures are often manifested with non-specific abdominal pain, leading to diagnostic challenges in the emergency service due to the lack of distinct characteristics and the variability of patient presentations.

Keywords: splenic artery aneurysm, hemoperitonium, non-traumatic hemorrhagic shock

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Our very own EMGLEX director Dr. Asrow was recently published in an article in titled “Uncommon Presentations of Abdominal Pain in Emergency Department: Case Studies of Splenic Artery Aneurysm complicated by Rupture in the Emergency Department: a mini review.”

EMGLEX Recipient of Prestigious Community Partner Award!

We are thrilled to announce that EMGLEX has been awarded the 2025 Loyola University Chicago Center for Engaged Learning, Teaching, and Scholarship's Community Partner Award for Co-Education! We are so proud of our Loyola interns and all of their hard work, and want to express our gratitude to Loyola University for the recognition!!!



Meet our EMGLEX Spring 2025 Interns!



Inaya Naseer is a senior at Loyola University pursuing a degree in Healthcare Administration. Her interests are in finding solutions to systemic barriers in the healthcare system, which made EMGLEX a great fit for her internship. Her hobbies are playing piano, international films, and trying new coffee shops. We are thrilled to have Inaya as our first Healthcare Administration intern, and are looking forward to her valuable input and work on our many projects!



Laiba Bano Sukhera is a senior at Loyola University Chicago, majoring in Public Health with plans to pursue a career in medicine. With a strong interest in EM, Laiba joined the EMGLEX program to gain insight into field, work alongside a diverse group of international residents, and further develop her skills. Laiba is also a Medical Scribe in the Inpatient Pediatric Ward at Lutheran General Hospital. We are thrilled to have Laiba on the team and look forward to the valuable contributions she will make!

Support Our Cause

Please consider making a **TAX DEDUCTIBLE** donation to our 501C3 organization to show support for global Emergency Medicine Education and invest in global public health. *We need your support now more than ever to help our exchange participants!*

As we all know, economic times are difficult, and this has affected us all. Our expenses have increased to keep the doors of EMGLEX open, as have those of our participants.

Our dream is to be able to provide full financial support for our participants, and help *their* dreams come true. While we haven't yet reach this goal, you can help get us closer!!!

- ***PLEASE CONSIDER SPONSORING A PROGRAM PARTICIPANT WITH A DONATION – \$1000 will cover the entire cost of the program for one participant, but any amount would be an incredible help! We would be proud to share your name as a sponsor, and connect you with the participant you would be assisting!***
- ***If you are able, consider a recurring monthly donation to sponsor a new participant each month. It would be an incredible help to so many!!!***

Thank you for all of your continued support!!!

Below is the link for paypal donations and PO box if you would prefer to mail a check:

https://www.paypal.com/donate/?hosted_button_id=PPWJAU5YYHSE6

PO Box 577641 Chicago, IL 60657