



# NEWSLETTER



Emergency Medicine Global Learning Exchange (EMGLEX) is a not-for-profit organization whose purpose is to support international educational exchange programming for Emergency Medicine residents and educators. We have now had participants from over 60 countries and counting, and are working to continue to expand our offerings as we cultivate the incredible community EMGLEX has created. We are extremely grateful for your continued support and excited to share our latest news with you!

EMGLEX is a fiscally sponsored project of Inquiring Systems, Inc. EIN: [94-2524840](#)

### Follow us on social media!!!

**IG:** @EMGLEX

**TW:** @EMGLEX1

**TikTok:** @EMGLEX

**FB:** Emergency Medicine Global Learning Exchange

**Linkedin:** [linkedin.com/company/emglex](https://www.linkedin.com/company/emglex)

[www.emglex.org](http://www.emglex.org)

## A Message from Our Founder and Director

Greetings! It has been a while but we are back, and could not be prouder to present our latest newsletter! **We are so happy to share that we are now in our FOURTH year of EMGLEX!!!** We have now had participants from over SIXTY COUNTRIES and counting!!! And we are just getting started! Please read through the end for lots of important new information and upcoming programming!

As a reminder, we are a 501C3 organization, and all funds go directly towards assisting exchange program participants. **Now more than ever, we need your help to support the expenses of our incoming exchange participants.** Please consider making a donation in any amount you are able. Remember, it is tax deductible!

My sincerest thanks as always!

*Alexandra Asrow*



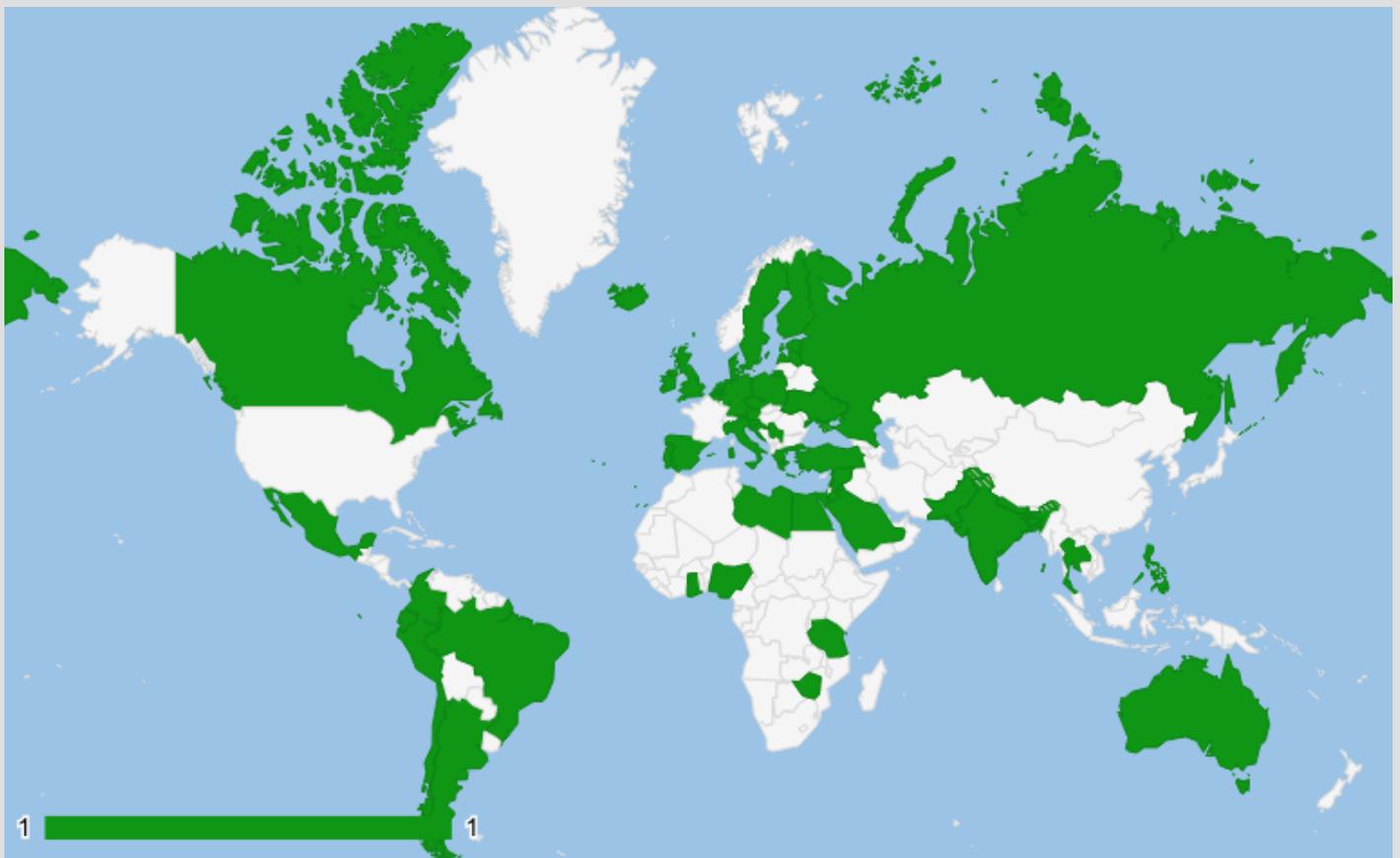
## Table of Contents

Message from our Director .....	1
Welcome Back EMGLEX Readers .....	2
Rosalind Franklin Grand Rounds .....	3
What Have We Been Up To .....	4
Simulation Lab Photos .....	5
Introducing EMGLEX Electives .....	6
New Paramedic Exchange Program .....	7
New IMG Advising Service .....	8
Upcoming Conferences .....	9
Recent Publication .....	9
Meet Our Interns .....	10
Fundraising .....	11

## Welcome Back to EMGLEX YEAR 4!!!

Hello everyone and welcome back! We have been very busy with our programs since our last newsletter, and we are excited to get back in touch and update you on all of our adventures! Since we have last spoken, EMGLEX has officially expanded to now include over 60 countries with over 300 participants since our inception! A HUGE thank you to our community partners for their time and assistance throughout the years. As we continue to grow and expand our program, we cannot help but feel grateful for the overwhelming support we have received, we would not be where we are today without it! More information to come on additional EMGLEX programs, so make sure to keep an eye out in future additions of the EMGLEX newsletter!

***Below is an updated map of our program participants from around the world!***



## What Have We Been Up To???

Since our last update, our time has been filled building community, attending conferences, expanding our footprint, and many great adventures!

**First, we want to announce that Dr. Asrow was elected by section members as Chair Elect of the ACEP Global Emergency Medicine Section!** This is a great honor, and Dr. Asrow is very proud to have been selected by peers for such an important position, with big shoes to fill!

We have been very busy spreading the word about our work globally as well! In April 2025, EMGLEX traveled to Poland, where we visited the Poznan University hospital/residency/sim center, and Lodz for the Central European Emergency Medicine Conference where Dr. Asrow presented EMGLEX at both locations. In May 2025, EMGLEX traveled to Greece, where we visited and spoke in Patras for the Hellenic Society of Emergency Medicine National Conference. Later, in Larissa, EMGLEX began our pilot project for a new venture in partnership with our friends at ATLAS global, now together as ATLEX, our new joint nonprofit, working to develop and improve international emergency department operations, more to come on this soon...

Following an amazing time in Greece, EMGLEX traveled to Cologne, Germany, for the annual DGINA Conference (German Society of Emergency Medicine). Dr. Asrow spoke about EMGLEX (to a huge crowd that spilled into an overflow room!), and led various small group sessions + round robin Q&A as well. In June 2025, EMGLEX traveled to Florida, where we attended and presented at the First There First Care Pre-Hospital Conference. In August 2025, EMGLEX traveled to Budapest, Hungary, where Dr. Asrow presented EMGLEX along with a talk about cardiac presentations in women at the Mediterranean Emergency Medicine Conference. In September 2025, EMGLEX traveled to Salt Lake City, Utah, where we attended the ACEP Scientific Assembly as a group, now an annual tradition! There was also a huge international birthday celebration for Dr. Asrow with friends from around the world! In October 2025, EMGLEX traveled to Antalya, Turkey, where Dr. Asrow presented EMGLEX and had a booth (a first!) at the 5th annual Turkish Emergency Medicine Conference (and met some friends from Emory!). Then, in Istanbul, Dr. Asrow met up with past participants, and spoke at the EM residency at Basaksheir Cam and Sakura City Hospital. We had such a great response in Turkey, we have a new collaborative project we are working on together, so stay tuned!



## One BIG EMGLEX Family!

We are thrilled to be starting our FOURTH year of EMGLEX back in action! We also wanted to highlight that we are operating in a brand new sim lab! Here is a smattering of pictures of our very own incredible EMGLEX participants (in no particular order) with our mascot "Luigi" (named by our first EMGLEX group way back in 2018!), pictured during our monthly one-on-one sim lab sessions! As you can see, we take this very seriously... 😎

What an amazing community we have built, and we are so proud to be a part of the EMGLEX family!



## Reminder: EMGLEX Electives!

EMGLEX has continued to expand since our last update. In our last newsletter, we introduced our first EMGLEX elective in Los Angeles, California! We are very excited to introduce our second EMGLEX elective to you in New Orleans, Louisiana! These are two opportunities to get even more exposure to emergency medicine in the US. These electives are open to anyone who has completed their Chicago experience or anyone planning to come to Chicago who would like to stay longer. More cities to come soon, stay tuned!

*Please note - the electives do NOT include travel and housing, this must be arranged by the individual, and the site in LA will require a rental car.*

New Orleans Application: <https://forms.gle/eJbdxJ3QS7DcZybd9>

Los Angeles Application: <https://forms.gle/SPGZnDwH8ysEIrLX8>



WANT TO LEARN MORE ABOUT THE US MEDICAL SYSTEM?

MISSING THE EMGLEX EXPERIENCE?

### INTRODUCING: EMGLEX ELECTIVE! LOS ANGELES

- A two week program now available in Northern Los Angeles County!
- Open to all EMGLEX participants, past and present (must complete Chicago first)
- Housing and travel must be arranged/paid by participant



**Don't wait, apply now!!!**  
Application link [HERE](https://forms.gle/SPGZnDwH8ysEIrLX8) and below  
<https://forms.gle/SPGZnDwH8ysEIrLX8>

For questions or more info, email Dr. Asrow:  
[Lexie@emglex.org](mailto:Lexie@emglex.org)

@emglex  
@EmergencyMedicineGlobalLearningExchange  
<https://emglex.org/emglex-home>



WANT TO LEARN MORE ABOUT THE US MEDICAL SYSTEM?

MISSING THE EMGLEX EXPERIENCE?

### INTRODUCING: EMGLEX ELECTIVE! NEW ORLEANS

- A two week program now available in New Orleans!
- Open to all EMGLEX participants, past and present, however must complete Chicago rotation prior
- Housing and travel must be arranged and paid by participant



**Don't wait, apply now!!!**  
Application link [here](https://forms.gle/SPGZnDwH8ysEIrLX8) and below  
<https://forms.gle/SPGZnDwH8ysEIrLX8>

For questions or more info, email Dr. Asrow:  
[Lexie@emglex.org](mailto:Lexie@emglex.org)

@emglex  
@EmergencyMedicineGlobalLearningExchange  
<https://emglex.org/emglex-home>

## Introducing: EMGLEX Paramedic Exchange Program

EMGLEX is very excited to introduce our brand new **Paramedic Exchange Program!!** By popular demand, this is a two-week program open to paramedics working in the prehospital setting internationally, taking place in both Chicago, IL and New Orleans, LA! Like the flagship exchange program, the paramedic exchange program is fully observational, offering emergency department shadowing and pre-hospital ride-alongs, with opportunities to work alongside U.S.-based emergency medicine residents, attendings, directors, firefighters, and paramedics!

*Please note - the program does NOT include travel and housing, this must be arranged by the individual. We are able to assist individuals with finding accommodations, and there is a possibility to stay at the EMGLEX house in Chicago, for a fee, at the discretion of the flagship exchange program participants.*

Get in touch for more info here: <https://emglex.org/paramedic-program>



**BE A PART OF SOMETHING NEW**

**EXPERIENCE EMS IN THE US !!!**

**EMGLEX**

**PARAMEDIC EXCHANGE PROGRAM**

**What is Offered**

- Multi-City Program
- 1 Week in Chicago, IL
- 1 Week in New Orleans, LA
- ED and EMS shifts
- Flexible scheduling, available year round
- WORK DIRECTLY WITH Dr. Asrow, EMS DIRECTORS AND FIRE CHIEFS

**LEARN MORE HERE**



Or Visit <https://emglex.org/paramedic-program> for more information

## Introducing: EMGLEX IMG Advising!!!

EMGLEX is proud to introduce EMGLEX IMG Advising, our dedicated advising service for international medical graduates pursuing Emergency Medicine residency in the U.S.! EMGLEX Advising is the only IMG assistance service specifically focused on Emergency Medicine, offering unmatched insight into the global EM landscape. We have worked closely with multiple IMGs who have successfully matched and bring practical, up-to-date knowledge on what makes a strong IMG application, which programs have historically accepted IMGs, and how to navigate the match process with confidence. Committed to honesty, transparency, and ethical practices, EMGLEX Advising is also the most affordable option available—and is open to any IMG planning to apply to Emergency Medicine residency in the U.S.

More information at this link: <https://emglex.org/emglex-img-advising>

**EMGLEX IMG ADVISING SERVICES**

*Confused by the US residency match?  
Don't know where to start? How to apply?*

**EMGLEX**

**NEED HELP APPLYING TO EM RESIDENCY IN THE US?**

**WHAT WE OFFER**

- **General Advising**
  - Guidance on IMG friendly programs
- **Letter of Recommendation**
  - Upon completion of Flagship Exchange Program
- **Individualized services** throughout the match process and beyond
- *Personal, EM specific, not available anywhere else*

**CONTACT US FOR YOUR FREE CONSULTATION!!!**



**INDIVIDUALIZED PLAN AT YOUR PACE!**  
**AVAILABLE VIRTUALLY!!!**

## Rosalind Franklin Grand Rounds! January 28, 2026!

We are proud to share that on January 28, EMGLEX founder and director Dr. Asrow presented the inaugural session of the brand new Rosalind Franklin Global Health Grand Rounds Series! The topic was the status of Emergency Medicine training and specialization globally, and how EMGLEX is working to close gaps and improve access to emergency care. We are very thankful to have had this opportunity to share our work with a new audience, and we will upload the recording to our social media and website when it is available!



ROSA LIND FRANKLIN  
UNIVERSITY  
of MEDICINE AND SCIENCE  
CHICAGO MEDICAL SCHOOL

CMS Department of Clinical Sciences & Department of Global Health

Present:

Medical Grand Rounds

**“Global Emergency Medicine - Lessons from the EMGLEX Model”**



**January 28, 2026 at 12:00PM**

**Alexandra Asrow, MD FACEP**

Clinical Assistant Professor

Rosalind Franklin University of Medicine & Science

**Register in advance for this meeting:**

[https://rosalindfranklin.zoom.us/meeting/register/rWoWSyv\\_RpWYytJeAHmpIQ](https://rosalindfranklin.zoom.us/meeting/register/rWoWSyv_RpWYytJeAHmpIQ)

**Practice Gap:** Awareness and understanding of the status of the specialty of Emergency Medicine globally is lacking even amongst healthcare professionals. There are also large gaps in the work being done internationally to address the various issues involved with furthering the recognition and development of the specialty with consistency. This activity will address these gaps in knowledge, and discuss work I am doing to address a number of said issues, in addition to providing information about ways those interested may get involved.

Objectives:

1. Introduce and discuss the status of Emergency Medicine as a specialty around the world
2. Identify challenges and hurdles to successful implementation globally as a specialty
3. Introduce and discuss the development, objectives, and mission of the EMGLEX (Emergency Medicine Global Learning Exchange) organization, and review its unique approach to addressing the above challenges

## Upcoming Conferences



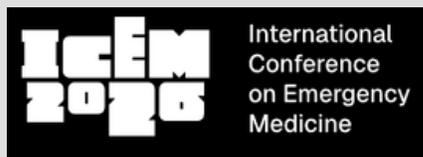
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We are proud to announce that Dr. Asrow will be presenting at the following conferences this year, and we hope to see you all there!

- Italian Emergency Medicine Interest Group Trauma Conference - Prato, IT (April 17-18)
- Larissa Greece Simulation and Procedural Training Conference (April 20-21)
- Hellenic Society of Emergency Medicine Annual Conference - Athens, GR (April 23-25)
- First There First Care Prehospital Conference - Fort Lauderdale, FL (June 1-5)
- ICEM Conference combined with DGINA Annual EM Conference - Hamburg, Germany (June 9-13) + reunion dinner!
- ACEP 2026 - Chicago, IL (October 5-8)
  - This conference will also serve as an EMGLEX Reunion! We hope to see as many former EMGLEX participants there as possible.

## Upcoming Grand Rounds

We are proud to share that EMGLEX director Dr. Asrow will be presenting grand rounds on March 26, 2026 at the Medical College of Wisconsin EM residency, and October 13, 2026 at the Loyola University Chicago EM residency. Thanks to both for hosting!



## Meet our Interns!



**Lauren Felix** will be graduating in May from Loyola University Chicago with a B.S. in Public Health. She plans to pursue a career as a Physician with a strong passion for Global Medicine and Women's Health.

Lauren is excited to use her Spring semester at EMGLEX to expand her knowledge of International Healthcare systems and Emergency Medicine. Lauren also works as a Resident Assistant at Loyola.



**Guadalupe Zalazar** is an undergraduate student at Loyola University Chicago majoring in Public Health.

EMGLEX has given her the opportunity to learn about the nationwide impact of emergency medicine. Guadalupe is not only a full-time student but also has a strong passion for public health in dentistry and has worked as a dental assistant for over six years.



**Lanie Doupe** is a freshman at Loyola University pursuing a degree in Biology. Her future job interest is

becoming a trauma surgeon, which made EMGLEX a great fit for her. She also is active in many other organizations at Loyola including club lacrosse, Residence Hall Life, and the rock climbing club!



**Grishma Reddy** is an MD/MPH candidate at Loyola University Chicago who studied neuroscience, anthropology, and global health at Northwestern University. Her experiences span public health research, health technology, and work with under-resourced communities in domestic and international settings. She is interested in pursuing a career in surgery and in advancing global health equity. She is excited to join the EMGLEX team as a Spring 2026 intern.



**Valeria Ramirez** is an undergraduate student at Loyola University Chicago studying Healthcare Administration. Her future career aspirations include working with international healthcare companies. EMGLEX has given her the opportunity to learn more about the medical world and the differences of care given all over the world.

## Support Our Cause

Please consider making a **TAX DEDUCTIBLE** donation to our 501C3 organization to show support for global Emergency Medicine Education and invest in global public health. *We need your support now more than ever to help our exchange participants!*

**As we all know, economic times are difficult, and this has affected us all. Our expenses have increased to keep the doors of EMGLEX open, as have those of our participants.**

**Our dream is to be able to provide full financial support for our participants, and help their dreams come true. While we haven't yet reach this goal, you can help get us closer!!!**

- ***PLEASE CONSIDER SPONSORING A PROGRAM PARTICIPANT WITH A DONATION - \$1000 will cover the entire cost of the program for one participant, but any amount would be an incredible help! We would be proud to share your name as a sponsor, and connect you with the participant you would be assisting!***
- ***If you are able, consider a recurring monthly donation to sponsor a new participant each month. It would be an incredible help to so many!!!***

**Thank you for all of your continued support!!!**

Below is the link for paypal donations and PO box if you would prefer to mail a check:

[https://www.paypal.com/donate/?hosted\\_button\\_id=PPWJAU5YYHSE6](https://www.paypal.com/donate/?hosted_button_id=PPWJAU5YYHSE6)

**PO Box 577641 Chicago, IL 60657**