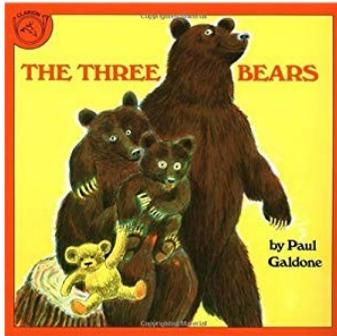


Book of The Month



Summary: This is the story of three bears who have a little cottage in the woods with bowls, chairs and beds that are all the perfect size for them. One day they decide to go on a walk and let their porridge cool, leaving the house unlocked...

Family Question: Ask your child what happens when The Three Bears returns home.



March Family Project:

What to-do:

Create a St. Patrick's theme Bear, with materials you already have in your home. Be creative, the possibilities are endless! Here are some ideas to get you started:

Yarn, Tissue Paper, Magazines, Markers, Ribbon, Buttons, Glitter, Crayons

Due: Monday, March 9th



Daylight Savings Time Begins
Sun., Mar. 8th
Spring Forward
One Hour!



What's Cooking..?

Baby Bear's Easy Fruit Dip

Materials: Bowl
Spoon

Ingredients: 16oz jar marshmallow cream

18oz cream cheese
green food coloring (optional)

Directions: Combine cream cheese and marshmallow cream. Add a drop of food coloring if desired.

Suggested fruits for dipping:

Apples, bananas, strawberries, sliced grapes



There is an expanding outbreak of respiratory illness centered in Wuhan, Hubei Province, & China caused by a new novel coronavirus. The disease associated with this virus has been named COVID-19, and is being spread widely in other parts of mainland China. At this time, the health risk to the general public in North Carolina from COVID-19 remains **low**; however, child care facilities are encouraged to take common-sense precautions to prevent the spread of **all** infectious diseases, including the prevention of other common illnesses such as influenza and gastroenteritis.

For up-to-date information regarding COVID-19, see the following websites:

[The North Carolina Division of Public Health](http://www.ncdhhs.gov)
[Centers for Disease Control \(CDC\)](http://www.cdc.gov)



Remember to **WASH YOUR HANDS** when entering your child's classroom. Hand-washing is the number one defense against germs!

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