



## Discovery Harbor Learning Center, LLC



### Menu for week of March 9-13, 2020

| Monday   | Tuesday  | Wednesday   | Thursday   | Friday   |
|--|--|---|--|--|
| <b>AM Snack</b><br>Cheerios (WG)<br>Banana<br>Whole Milk/1%*                                   | <b>AM Snack</b><br>Raisin Toast<br>Applesauce<br>Whole Milk/1%*                              | <b>AM Snack</b><br>Waffles<br>Peaches<br>Whole Milk/1%*                                 | <b>AM Snack</b><br>KIX<br>Fruit Cocktail<br>Whole Milk/1%*                                     | <b>AM Snack</b><br>Oatmeal<br>Bananas<br>Whole Milk/1%*  |
| <b>Lunch</b><br><br>Sausage Patty<br>Biscuit<br>Tater Tots<br>Tropical Fruit<br>Whole Milk/1%* | <b>Lunch</b><br><br>Chicken & Rice<br>Bread<br>Green Beans<br>Apple Slices<br>Whole Milk/1%* | <b>Lunch</b><br><br>Pizza w/extra cheese<br>(WG)<br>Peas<br>Pineapple<br>Whole Milk/1%* | <b>Lunch</b><br><br>Meatballs w/gravy<br>Bread<br>Mashed Potatoes<br>Peaches<br>Whole Milk/1%* | <b>Lunch</b><br><br>Grilled Cheese<br>Sandwich (WG)<br>Mixed Veggies<br>Fruit Cocktail<br>Whole Milk/1%* |
| <b>PM Snack</b><br>Ritz Crackers<br>Cheese Slices<br>Water                                     | <b>PM Snack</b><br>Cheese-Its<br>Oranges<br>Water  | <b>PM Snack</b><br>Graham Crackers<br>Apple Slices<br>Water                             | <b>PM Snack</b><br>Goldfish (WG)<br>Oranges<br>Water   | <b>PM Snack</b><br>Teddy Grahams<br>Applesauce<br>Water  |

HM=Homemade  
 WG=Whole Grain

\* Substitutions are allowed based on medical statements