



Discovery Harbor Learning Center, LLC



Weekly Menu for: August 30th- September 3rd

Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack Biscuits w/ Grape Jelly Peaches Whole Milk/1%	AM Snack Turkey Sausage Applesauce Whole Milk/1%	AM Snack Mini Bagels Cream Cheese Pineapples Whole Milk/1%	AM Snack Cheerios (WG) Banana Whole Milk/1%	AM Snack Blueberry Muffins (WG) Pears Whole Milk/1%
Lunch Chicken Nuggets Bread (WG) Peas Pineapples Whole Milk/1%	Lunch Meatballs w/ Gravy Diced Potatoes Pears Bread (WG) Whole Milk/1%	Lunch Chicken Alfredo (WG) Mixed Vegetables (corn, peas, & carrots) Fruit Cocktail Whole Milk/1%	Lunch Fish Sticks Bread (WG) Green Beans Tropical Fruit Whole Milk/1%	Lunch Taco Chips (Ground Beef & Cheese) Tortilla Chips Corn Peaches Whole Milk/1%
PM Snack Pretzels Cheese Slices Water	PM Snack Oyster Crackers Oranges Water	PM Snack Graham Crackers Go-gurt Water	PM Snack Cheese Cubes Apple Slices Water	PM Snack Animal Crackers Oranges Water

WG=Whole Grain

* Substitutions are allowed based on medical statements